



## Attenuation of the cardiovascular and metabolic complications of obesity in CD14 knockout mice

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### ABSTRACT

**Aims:** Although toll-like receptors (TLR) are known to mediate the metabolic complications of obesity, the mechanisms underlying its activation remain largely unknown. The present study analyzed a model of diet-induced obesity in mice lacking the TLR4/TLR2 co-receptor CD14.

**Main methods:** Six-week-old male mice lacking CD14 ( $n = 16$ ) were allocated to either a control diet or a high-fat high-simple carbohydrate diet (5.4 kcal/g; 35% fat; 35% sucrose), and compared with C57BL/6 (WT;  $n = 15$ ) controls. After 12 weeks, body composition, basal sympathetic activity, non-invasive blood pressure and glucose tolerance were evaluated. Hepatic and adipose tissues were collected for mRNA quantification, histology and LPS incubation.

**Key findings:** In both WT and CD14 knockout mice, obesity was accompanied by TLR2 and TLR4 upregulation. However, obese mice lacking CD14 presented decreased lipid and macrophage content in hepatic and adipose tissues, lower urinary levels of noradrenaline, decreased systolic blood pressure, reduced fasting plasma glucose and blunted glucose intolerance, compared with obese WT group. In the presence of exogenous sCD14, adipose tissue incubation with LPS-induced TLR2 and TNF- $\alpha$  upregulation in both WT and CD14 knockout obese mice.

**Significance:** In our model of diet-induced obesity, mice lacking CD14 showed lower adiposity and hepatic steatosis, improved glucose homeostasis, blunted sympathetic overactivity and reduced blood pressure elevation. This was observed in the presence of preserved TLR4 and TLR2 gene expression, and intact TLR4 signaling pathways. These results suggest that CD14-mediated TLR activation might contribute to the cardiovascular and metabolic complications of obesity.

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### Introduction

Toll-like receptors (TLRs) recognize conserved pathogen-associated molecular patterns (PAMPs) and play a critical role in innate immune system activation in response to invading microorganisms (Akira, 2003). Signaling through TLR2 and TLR4 is mediated by CD14, a co-receptor found in two forms: a 50 to 55 kD glycosylphosphatidylinositol-anchored membrane protein (mCD14), expressed only in myeloid cells, and a monocyte- or liver-derived soluble serum protein that lacks the anchor (sCD14) (Kirschning et al., 1998; Pugin et al., 1994; Wright et al., 1990; Yang et al., 1998). Both protein forms are critical for signal transduction, with sCD14 conferring sensitivity to cells lacking mCD14. Although a variety of ligands can be recognized

by CD14 (e.g. bacterial lipopolysaccharide (LPS), mycobacterial lipoarabinomannan (LAM)), subsequent TLR-mediated cell activation occurs in a ligand specific manner (Means et al., 1999).

Obesity is a state of chronic low-grade inflammation associated with an array of cardiovascular and metabolic complications (Semenkovich, 2006). Recent studies have proposed several causal links between TLR signaling and the metabolic complications of obesity. Firstly, TLR4 expression has been consistently demonstrated in adipocytes being upregulated in fat tissues of *db/db* mice (Lin et al., 2000), and TLR4 activation has been shown to induce insulin resistance, both in vitro and in vivo (Song et al., 2006). Secondly, in a mouse model of obesity, exposure to a high-fat diet during 4 weeks induced an increase of plasma LPS concentration by 2–3 times, a threshold defined as ‘metabolic endotoxemia’ (Cani et al., 2007). Finally, nutritional fatty acids, whose circulating levels are often increased in obesity, have also been shown to activate TLR signaling in adipocytes and macrophages (Lee and Hwang, 2006). The expression

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of inflammatory genes such as COX-2 or iNOS induced by saturated fatty acid was blocked by a dominant-negative mutant of TLR4 or TLR2, while various unsaturated fatty acids suppressed NF $\kappa$ B activation induced by the TLR4 agonist LPS (Lee et al., 2003). It remains, however, to be established, the relative contribution of 'metabolic endotoxemia' and nutritional fatty acids in the TLR-mediated metabolic complications of obesity. Furthermore, data is lacking regarding the impact of TLR activation on the cardiovascular complications of obesity such as hypertension.

To further clarify the mechanisms underlying TLR activation in obesity, we studied the effect of a high-fat high-simple carbohydrate (HFHSC) diet on CD14, TLR2 and TLR4 gene expression profile, as well as on LPS-induced TLR4 activation. Furthermore, the effects of the HFHSC diet on body composition, basal sympathetic activity and systolic blood pressure, glucose homeostasis and hepatic steatosis were compared in C57BL/6 control and CD14 homozygous null mice.

## Materials and methods

Animal experiments were performed according to the Portuguese law on animal welfare and conform to the National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH. Pub. No. 85-23, Revised 1996). Five-week-old male C57BL/6 mice (WT;  $n=15$ ) and CD14 mutant bred in a C57BL/6 background (CD14 $^{-/-}$ ,  $n=16$ ) male mice were purchased from The Jackson Laboratory (Bar Harbor, Maine, USA). Animals were housed in groups of 5 per cage in a controlled environment under 12:12 h light-dark cycle, at a room temperature of 21 °C, with a free supply of water. Mice were allowed 1 week of adaptation to laboratory conditions before entering the experiments.

At six weeks of age animals were allocated to either a control diet (Teklad LM-485 Mouse/Rat Sterilizable Diet) with 4.1 kcal/g composed of 5% fat, 54% carbohydrate (ground corn), 19% protein, 5% fiber, 0.31% sodium and 0.85% potassium (WT,  $n=7$ ; CD14 $^{-/-}$ ,  $n=8$ ), or a high-fat high-simple carbohydrate diet (HFHSC; Diet F2685; BioServe) with 5.4 kcal/g composed of 35% fat (lard), 35% simple carbohydrate (sucrose), 20% protein, 0.1% fiber, 0.39% sodium and 0.56% potassium (WT,  $n=8$ ; CD14 $^{-/-}$ ,  $n=9$ ). Body weight, food and water ingestion were measured weekly throughout the study. This experimental model has been previously shown to induce obesity, type 2 diabetes mellitus and hypertension in C57BL/6 mice (Mills et al., 1993).

After 12 weeks, non-invasive blood pressure was recorded and glucose tolerance and insulin resistance tests were performed (see below). Mice were then placed in metabolic cages (Tecniplast, Buguggiate-VA, Italy) and 24 h urine was collected for noradrenaline quantification (see below). Finally, animals were sacrificed by sodium pentobarbital overdose, the right tibial length was measured, liver, right gastrocnemius and right gonadal fat pad were weighed, and tissue samples were extracted for incubation tests, mRNA and triglyceride quantification and histology. Subcutaneous fat samples were collected from the gonadal fat pad and visceral fat samples were extracted from mesenteric adipose tissue. The proportional weight of the gonadal fat pad (PWGFP) was used as an estimate of total body fat. The PWGFP is defined as the right gonadal fat pad weight in percentage of total body weight. This has been previously shown to closely correlate with the direct measurement of body fat in normal and obese mice (Rogers and Webb, 1980).

### Blood pressure measurements in awake mice

Systolic blood pressure was assessed in awake animals using a photoelectric tail-cuff pulse detector (LE 5000, Leticia). From 09h00 to 13h00, mice were sited into a semicylindrical container placed in a temperature control box at 36–37 °C. Animals were previously conditioned to the restrainer by repeating inflation–deflation cycles for ~30 min every 2 weeks from the start of the experimental protocol. Before measurements, animals were conditioned to the restrainer by

repeating inflation–deflation cycles for 15 min. At 12 weeks, a minimum of five reliable systolic blood pressure measurements were obtained for each animal and averaged.

### Glucose tolerance and insulin resistance tests

Glucose tolerance tests were carried out at 22h00 after a 14-h fast through a single intraperitoneal injection of dextrose in water (1.0 g/kg). Blood glucose concentration was measured before and 15, 30, 45, 60, 90, 120 and 150 min after injection using a blood glucose meter (Freestyle Mini™ system). Insulin resistance was tested after a 6 h fast through a single intraperitoneal injection of insulin, 1.5 U/kg (Actrapid® Novo Nordisk). Measurements were made before and 15, 30, 45, 60 and 90 min after injection.

### 24-h urine catecholamine determination

Urine concentrations of noradrenaline were quantified by means of HPLC with electrochemical detection, as previously described (Pestana and Soares-da-Silva, 1994). The lower limits of detection of noradrenaline ranged from 350 to 500 fmol.

### Measurement of hepatic triglyceride content

Hepatic triglyceride content was quantified using a Cobas Mira Plus analyzer (ABX Diagnostics) after extraction of lipids from 50 mg of liver tissue with 1 ml 2:1 chloroform–methanol (v/v), according to the method by Folch et al. (1957), drying for ~4 h at 60 °C and dissolution in 600  $\mu$ l isopropanol.

### Histological analysis

Hepatic and subcutaneous adipose tissue were fixed for 12–24 h with 10% formalin at room temperature, embedded in paraffin, and cut into 4- $\mu$ m-thick sections. Sections were stained with hematoxylin–eosin.

Adipose tissue macrophage and TLR4 immunodetection was performed with an anti-F4/80 monoclonal antibody (CALTAG Laboratories), and a rabbit TLR4 antiserum (Abcam), respectively. In all tissue blocks, 15–20 different  $\times 20$  fields from each of 4 different sections were analyzed. In each field, the number of F4/80-expressing cells was counted, along with the total number of nuclei. Average adipocyte diameter was determined measuring all adipocytes in every field analyzed, using image analysis software (Leica Application System).

### Adipose tissue incubations

The left gonadal fat pads of WT and CD14 $^{-/-}$  mice were dissected under sterile conditions, minced, and incubated in culture medium (1.5 ml of media per gram of tissue) containing DMEM and Ham's F-12 in a 1:1 mixture, supplemented with 10% (v/v) newborn calf serum that supplies sCD14. The incubation solution also contained 1 nM 3,3',5-triiodo-L-thyronine, 5 mM glutamine, penicillin (6.35 mg/l) and streptomycin (5 mg/l). The time between excision of adipose tissue and initiation of incubation was 15 to 30 min. For each animal, two adipose tissue samples were prepared, with either LPS (5  $\mu$ g/ml;  $\gamma$ -irradiated lipopolysaccharides from *Escherichia coli* O111:B4; Sigma L4391) or the vehicle (Control). The samples were incubated at 37 °C with an atmosphere of 95% O $_2$  and 5% CO $_2$  (vol/vol) in 1.5 ml aliquots, which were gently swirled every 15 min for 2 h. The adipose tissue and the supernatant were then quickly frozen and stored at –80 °C for later mRNA and protein quantification, respectively.

### mRNA quantification

After collection, samples were quickly immersed in RNeasy lysis buffer (Qiagen) and frozen (–80 °C). Total mRNA was extracted through the

**Table 1**  
Body composition and fasting plasma glucose of WT and CD14<sup>-/-</sup> mice after 12 weeks of diet exposure

Genotype	Diet	Body weight (g)	PWGFP (% g/g)	Gastrocn. (g)	Liver weight (g)	Tibial length (cm)	FPG (mg/dl)
WT	Control	27.3±0.82	0.65±0.13	0.19±0.064	1.2±0.19	1.7±0.08	124±7.8
CD14 <sup>-/-</sup>	Control	27.0±0.99	0.58±0.11	0.14±0.036	0.93±0.059	1.8±0.07	136±6.3
WT	HFHSC	41.8±1.64*	2.7±0.41*	0.20±0.013	1.2±0.063	1.8±0.02	245±13.7*
CD14 <sup>-/-</sup>	HFHSC	42.4±2.53*	2.0±0.54*†	0.33±0.097*†§	1.3±0.36*	1.7±0.06	192±6.5*†

Values are expressed as mean ± SEM; CD14<sup>-/-</sup>CD14 knockout mice; FPG, fasting plasma glucose; Gastrocn, gastrocnemius muscle mass; HFHSC, high-fat high-simple carbohydrate diet; PWGFP, proportional weight of the right gonadal fat pad; WT, C57BL/6 mice; \*P<0.05 vs. Control diet; †P<0.05 vs. WT; § significant interaction.

guanidium-thiocyanate selective silica-gel membrane-binding method (Qiagen 74124) according to the manufacturer's instructions. Concentration and purity were assayed by spectrophotometry (Eppendorf 6131000.012). Two-step real-time RT-PCR was used to perform relative quantification of mRNA. For each studied mRNA molecule, standard curves were generated from the correlation between the amount of starting total mRNA and PCR threshold cycle (second derivative maximum method) of graded dilutions from a randomly selected tissue sample ( $r>0.97$ ). For relative quantification of specific mRNA levels, 50 ng of total mRNA from each sample underwent two-step real-time RT-PCR. A melt curve analysis of each real-time PCR and 2% agarose gels (0.5 µg/ml ethidium bromide) were performed to exclude primer-dimer formation and assess the purity of the amplification product. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNA levels were similar in all experimental groups, which enabled the use of this gene as internal control. Results of mRNA quantification are expressed in an arbitrary unit (AU) set as the average value of WT-Lean group (1 AU), after normalization for GAPDH. RT (20 µl; 10 min at 22 °C, 50 min at 50 °C and 10 min at 95 °C) was performed in a standard thermocycler (Whatman Biometra 050-901): 40 U/reaction of reverse transcriptase (Invitrogen 18064-014), 20 U/reaction of RNase inhibitor (Promega N2515), 30 ng/ml random primers (Invitrogen 48190-011), 0.5 mM nucleotide mix (MBI Fermentas R0192), 1.9 mM MgCl<sub>2</sub> and 10 mM DTT. Ten percent of the cDNA yield was used as a template for real-time PCR (LightCycler II, Roche) using SYBR green (Qiagen 204143) according to the manufacturer's instructions. Specific PCR primer pairs for the studied genes were: **GAPDH**—fw 5'-GAG GCC GGT GCT GAG TAT GTC GTG -3' and rev 5'-TCG GCA GAA GGG GCG GAG AT-3'; **CD14**—fw 5'-GCC TCT CCC GCC CCA CCA G -3' and rev 5'-CCG CCG CCG TAC AAT TCC ACA TC-3'; **TLR2**—fw 5'-ACA GGG ATC CGG GTG GTA AAA AC-3' and rev 5'-GCA GCC GAG GCA AGA ACA AAG A-3'; **TLR4**—fw 5'-GAT TTA TCC AGG TGT GAA -3' and rev 5'-CCT GGG GAA AAA CTC TGG ATA G-3'; **TNF-α**—fw 5'-AGG GGC CAC CAC GCT CTT CTG TC-3' and rev 5'-GAT GAT CTG AGT GTG AGG GTC TGG-3'.

#### TNF-α protein quantification

TNF-α quantification by ELISA was performed in the supernatants of the adipose tissue cultures at the end of the 120 min incubations, according to the manufacturer's instructions (Abcam ab46105).

#### Statistical analysis

Data are presented as mean ± SEM. To assess the effect of genotype and diet for quantitative phenotypes, two-way ANOVA was performed. Statistical significance was set at  $P<0.05$ .

## Results

### Diet-induced obesity in WT and CD14<sup>-/-</sup> mice

Lean WT and CD14<sup>-/-</sup> mice presented similar body weights, PWGFP, adipocyte size, gastrocnemius muscle mass and tibial length (Table 1). However, a trend towards lower liver weight was observed

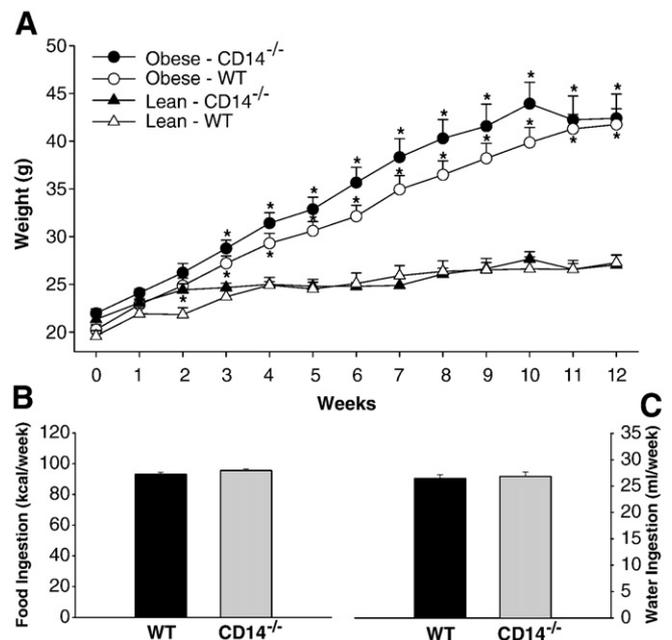
in lean CD14<sup>-/-</sup> mice compared with the respective WT group, and obesity was accompanied by a significant increase in liver weight in the transgenic strain.

Exposure to the HFHSC diet was accompanied by progressive obesity in WT mice (Fig. 1A). By 2 weeks the weight differences were already significant and at 12 weeks the weight of obese WT mice was 53% higher than that of lean WT mice. This was accompanied by increased body fat, as assessed by PWGFP (Table 1) and adipocyte size (Fig. 2A), with no significant differences in gastrocnemius muscle mass, liver weight or tibial length (Table 1).

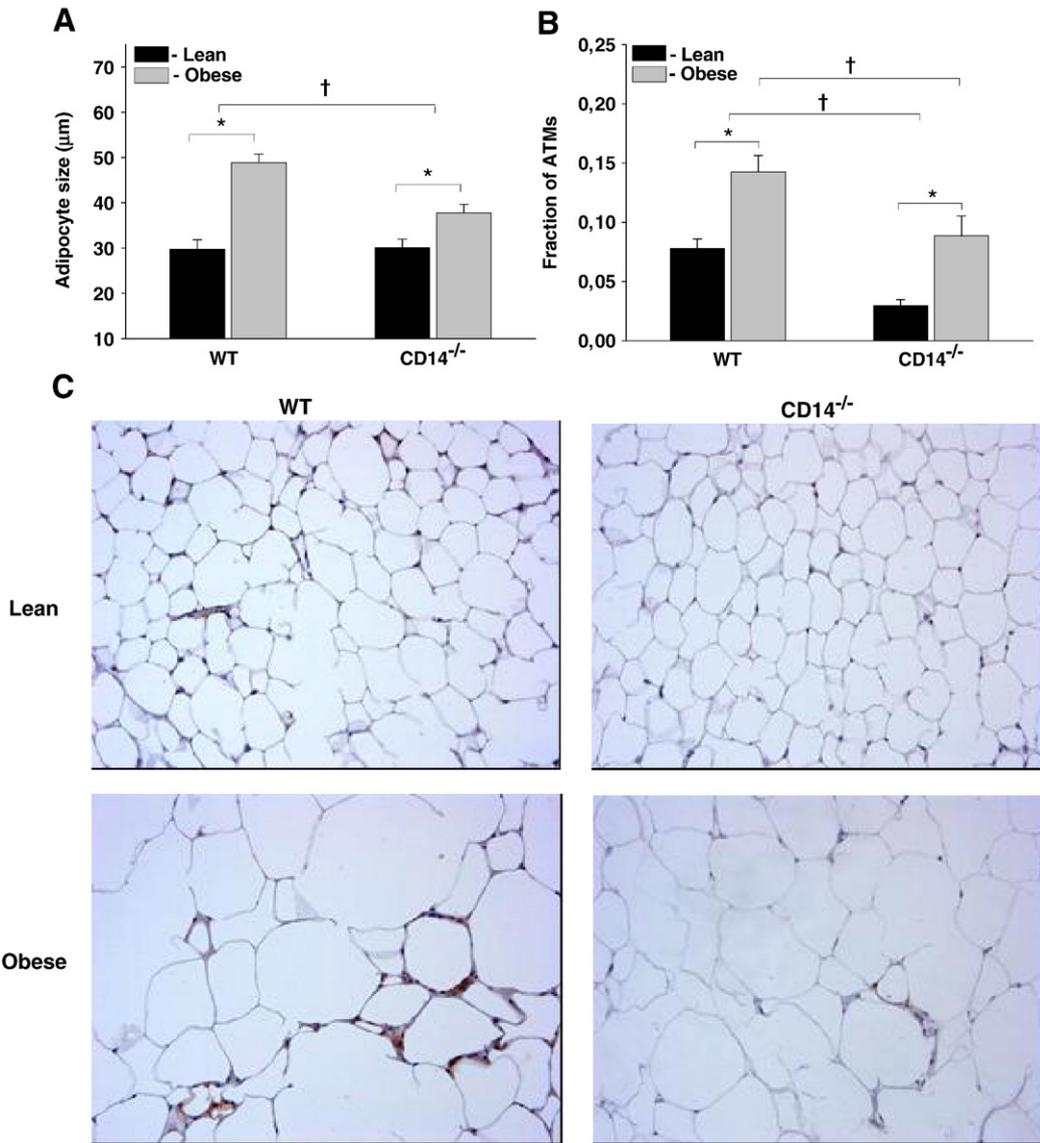
Obesity was also present in CD14<sup>-/-</sup> mice fed the HFHSC diet (Fig. 1A). Despite the similar weight gain observed in obese WT and CD14<sup>-/-</sup> mice, the transgenic group presented lower PWGFP (Table 1) and adipocyte size (Fig. 2A), and higher gastrocnemius muscle mass (Table 1). This could not be attributed to differences in caloric intake or water ingestion between obese WT and CD14<sup>-/-</sup> groups (Fig. 1B and C).

### Attenuation of fasting hyperglycemia and glucose intolerance in obese CD14<sup>-/-</sup> mice

Diet-induced obesity was accompanied by fasting hyperglycemia and glucose intolerance in WT and CD14<sup>-/-</sup> mice. However, obese CD14<sup>-/-</sup> group presented lower fasting plasma glucose (Table 1) and blunted glucose intolerance (Fig. 3), compared to obese WT group. No



**Fig. 1.** Body weight, food and water ingestion of obese WT and CD14<sup>-/-</sup> mice. (A) Obesity was induced by ad libitum exposure to a high-fat high-simple carbohydrate (HFHSC) diet for 12 weeks. At the end of the third week, WT and CD14<sup>-/-</sup> mice exposed to the HFHSC diet already presented higher body weights than the respective lean controls. No significant differences were detected in weight gain between obese WT and CD14<sup>-/-</sup> groups. This was accompanied by similar food (B) and water (C) ingestion in obese WT and CD14<sup>-/-</sup> groups. CD14<sup>-/-</sup>, CD14 knockout mice; WT, C57BL/6 mice; \*P<0.05 vs. Lean.



**Fig. 2.** Macrophage infiltration into fat tissue and adipocyte size in obese WT and CD14<sup>-/-</sup> mice. In obese WT and CD14<sup>-/-</sup> mice, fat tissue accumulation was accompanied by increased adipocyte size (A) and adipose tissue macrophage (ATM) content (B). However, obese CD14<sup>-/-</sup> mice presented lower adipocyte diameter and ATMs than the obese WT group. (C) The fraction of F4/80-expressing macrophages was determined by immunohistochemical analysis of subcutaneous adipose tissue (×200). CD14<sup>-/-</sup>, CD14 knockout mice; WT, C57BL/6 mice; \**P*<0.05 vs. Lean; †*P*<0.05 vs. WT.

significant differences were detected in the glucose tolerance tests between WT and CD14<sup>-/-</sup> lean mice.

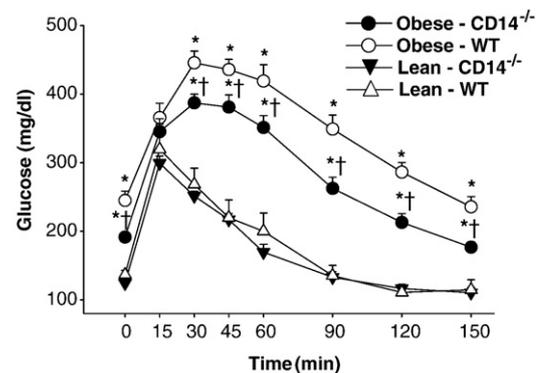
Given that no differences were detected in the insulin resistance tests between lean and obese WT groups (data not shown), we did not compare insulin resistance of WT and CD14<sup>-/-</sup> groups.

#### Hypertension is attenuated in obese CD14<sup>-/-</sup> mice

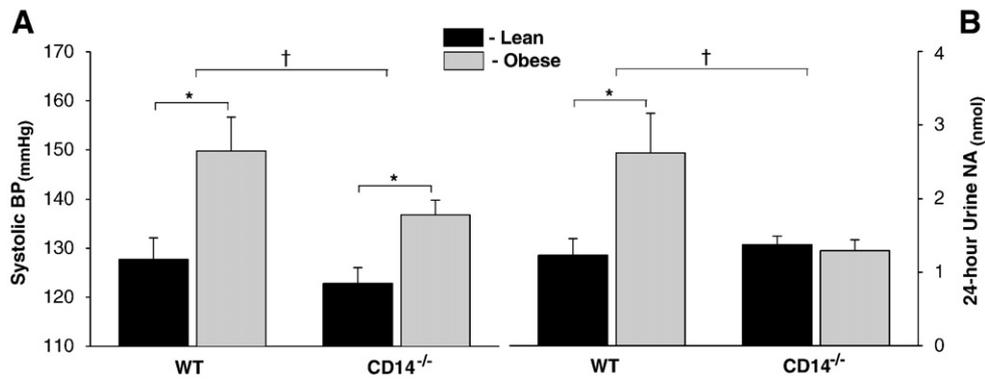
Systolic blood pressure elevation was observed in WT and CD14<sup>-/-</sup> mice fed the HFHSC (Fig. 4A). Nevertheless, systolic blood pressures of obese CD14<sup>-/-</sup> mice were lower than those of obese WT group.

#### Blunted sympathetic overactivity in obese CD14<sup>-/-</sup> mice

In WT mice, obesity was accompanied by increased sympathetic activity, as evaluated by the noradrenaline excretion in 24-hour urine (Fig. 4B). In contrast, no significant differences were detected in noradrenaline urinary excretion between lean and obese CD14<sup>-/-</sup> mice.



**Fig. 3.** Glucose homeostasis in WT and CD14<sup>-/-</sup> mice. Exposure to the HFHSC diet resulted in impaired glucose homeostasis in both WT and CD14<sup>-/-</sup> mice. However, CD14<sup>-/-</sup> obese mice presented lower fasting plasma glucose and blunted glucose intolerance, compared with obese WT mice. No significant differences were detected between WT and CD14<sup>-/-</sup> lean groups. CD14<sup>-/-</sup>, CD14 knockout mice; WT, C57BL/6 mice; \**P*<0.05 vs. Lean; †*P*<0.05 vs. WT.



**Fig. 4.** Non-invasive blood pressure and basal sympathetic activity evaluation. (A) Exposure to the high-fat high-simple carbohydrate diet for 12 weeks resulted in a significant elevation of systolic BP in WT and CD14<sup>-/-</sup> groups. However, systolic BP in obese CD14<sup>-/-</sup> mice was significantly lower than in obese WT group. (B) In WT mice, obesity was accompanied by increased sympathetic nervous system activity (evaluated by the excretion of NA in 24-hour urine), whereas in CD14<sup>-/-</sup> mice no differences were detected between lean and obese groups. BP, blood pressure; CD14<sup>-/-</sup>, CD14 knockout mice; NA, noradrenaline; WT, C57BL/6 mice; \**P*<0.05 vs. Lean; †*P*<0.05 vs. WT.

#### Attenuation of hepatic steatosis and reduced Kupffer cell content in CD14<sup>-/-</sup> mice

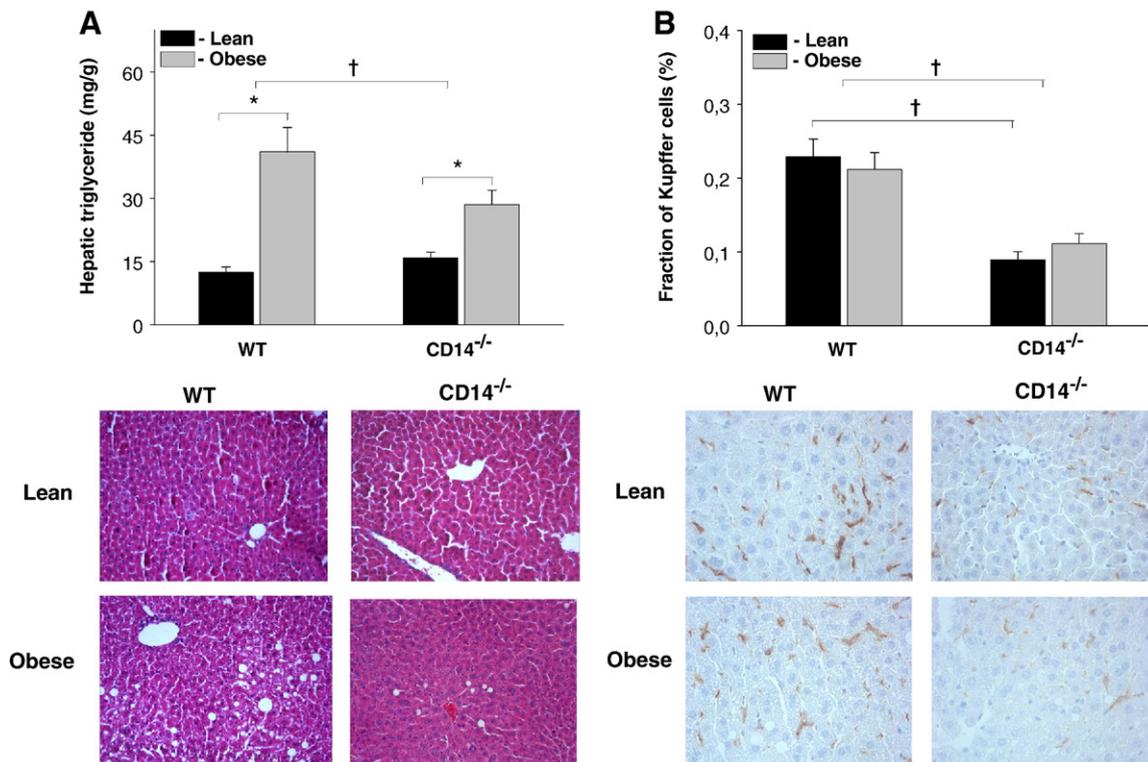
Obesity was accompanied by hepatic lipid accumulation in WT and CD14<sup>-/-</sup> mice, as evaluated by liver triglyceride quantification and qualitative histological analysis (Fig. 5A). Hepatic steatosis was attenuated in obese CD14<sup>-/-</sup> mice, compared with obese WT group.

Obesity did not significantly affect liver Kupffer cell content, both in WT and CD14<sup>-/-</sup> mice (Fig. 5B). However, lean and obese CD14<sup>-/-</sup> mice presented lower Kupffer cell content than the respective WT groups.

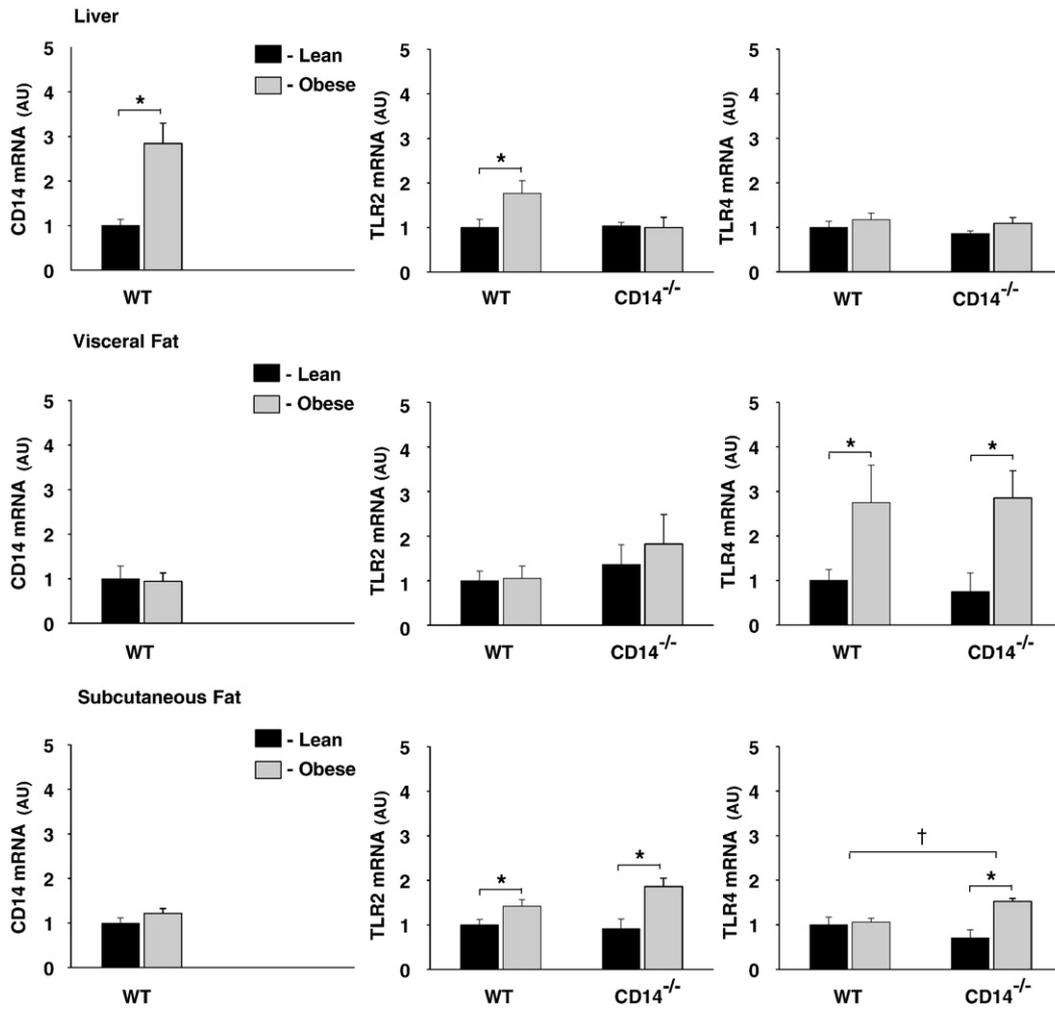
#### Gene expression profile, TLR4 immunodetection and macrophage infiltration into adipose tissue of obese WT and CD14<sup>-/-</sup> mice

In WT mice, obesity was accompanied by an upregulation of CD14 and TLR2 gene expression in the liver (Fig. 6). This was paralleled by increased TLR4 mRNA levels in visceral fat and by enhanced TLR2 expression in subcutaneous fat. In obese CD14<sup>-/-</sup> mice, TLR4 gene activation was present in both subcutaneous and visceral fat, whereas TLR2 upregulation was restricted to the subcutaneous fat.

In obese mice, macrophage infiltration into adipose tissue was observed in WT and CD14<sup>-/-</sup> groups (Fig. 2B). However, the macrophage



**Fig. 5.** Hepatic steatosis and Kupffer cell content in obese WT and CD14<sup>-/-</sup> mice. (A) Obesity was accompanied by increased triglyceride liver content in WT and CD14<sup>-/-</sup> groups. However, obese CD14<sup>-/-</sup> mice had lower hepatic steatosis than obese WT group. Hematoxylin and eosin-stained sections of liver showing steatosis in obese WT (lower left) and CD14<sup>-/-</sup> (lower right) mice (×200). (B) The Kupffer cell content was reduced in CD14<sup>-/-</sup> lean and obese mice compared with the respective WT lean and obese groups. Obesity did not recruit monocytes into the liver, both in WT and CD14<sup>-/-</sup> groups. The fraction of F4/80-expressing Kupffer cells was determined by immunohistochemical analysis of hepatic tissue (×400). CD14<sup>-/-</sup>, CD14 knockout mice; WT, C57BL/6 mice; \**P*<0.05 vs. Lean; †*P*<0.05 vs. WT.



**Fig. 6.** Gene expression profile in hepatic, visceral and subcutaneous fat tissues. In WT mice, obesity activated CD14 and TLR2 gene expression in the liver. This was accompanied by increased TLR4 mRNA levels in visceral fat and by enhanced TLR2 expression in subcutaneous fat. In obese CD14<sup>-/-</sup> mice, TLR4 gene activation was present in both subcutaneous and visceral fat, and TLR2 mRNA levels were enhanced in subcutaneous fat. CD14<sup>-/-</sup>, CD14 knockout mice; WT, C57BL/6 mice; \**P* < 0.05 vs. Lean; †*P* < 0.05 vs. WT.

content of subcutaneous fat in lean and obese CD14<sup>-/-</sup> mice was reduced compared with the respective WT groups.

Subcutaneous fat TLR4 immunostaining revealed TLR4 expression both in adipose tissue macrophages and adipocytes, being less pronounced in the latter. This occurred in both WT and CD14<sup>-/-</sup> mice, in lean and obese groups (Fig. 7).

#### LPS-induced TLR4 activation in subcutaneous fat tissues

In order to evaluate the integrity of TLR4 signaling pathways in both WT and CD14<sup>-/-</sup> mice, subcutaneous fat tissues were incubated with the TLR4 agonist LPS, in a culture medium containing exogenous sCD14 (Fig. 8). In obese WT group, 120 min incubation of fat tissue with LPS resulted in a two-fold increase of TLR2 mRNA levels, whereas in lean WT group it did not significantly change TLR2 gene expression. TNF- $\alpha$  mRNA expression in adipose tissue and protein levels in the adipose tissue culture supernatants increased after incubation with LPS in obese WT mice.

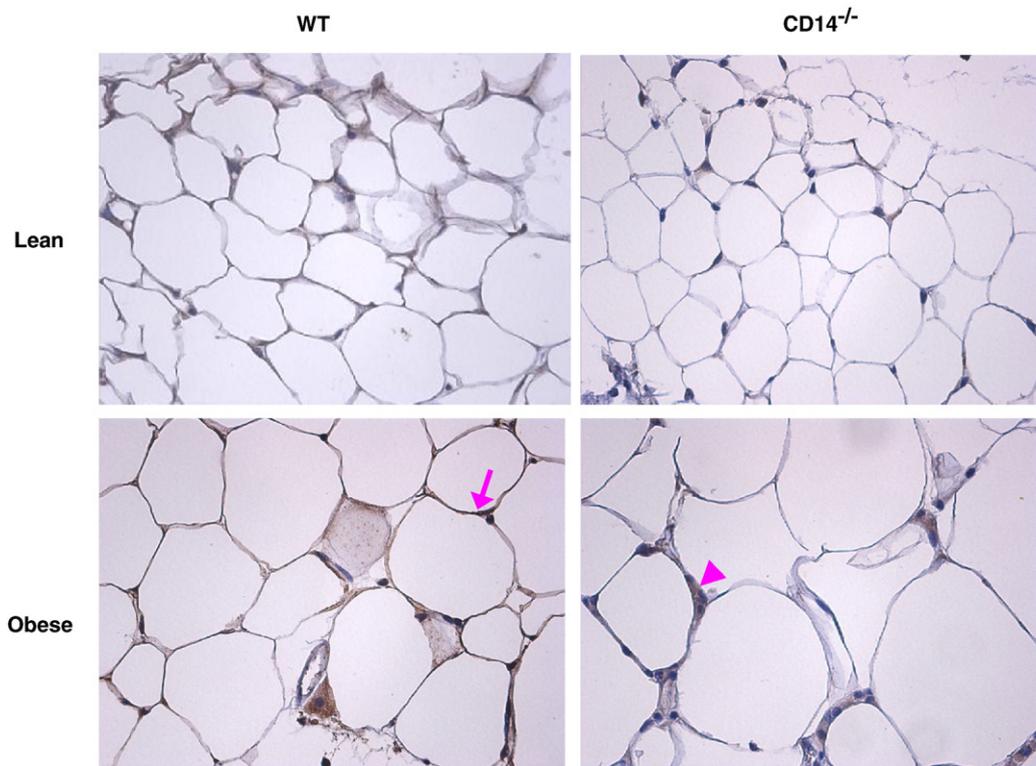
A similar pattern of LPS-induced gene activation was observed in CD14<sup>-/-</sup> mice. In fact, LPS-induced TLR2 and TNF- $\alpha$  mRNA upregulation was restricted to the obese group.

#### Discussion

In the present study, obesity was accompanied by enhanced TLR4 gene expression and activity in adipose tissues. In fact, obese WT mice

presented higher TLR4 mRNA levels and enhanced LPS-induced pro-inflammatory gene activation in adipose tissues, compared with lean WT group. These results are in agreement with previous reports showing TLR4 upregulation in fat tissues of genetically obese mice as well as in mouse models of diet-induced obesity (Lin et al., 2000; Shi et al., 2006). Of note, TLR4 and TLR2 were differently regulated: TLR4 gene upregulation was restricted to the visceral fat of obese WT mice, while TLR2 mRNA levels were elevated in the liver and subcutaneous fat. This could be relevant given the accumulating data implicating TLR2-mediated signaling in the metabolic complications of obesity. In a recent study, Senn demonstrated that TLR2 is essential for the development of free fatty acid-induced insulin resistance (Senn, 2006). Moreover, TLR2 synthesis in both adipocytes and hepatocytes was shown to be strongly induced by TLR4 signaling (Lin et al., 2000), and could mediate the enhanced inflammatory response under inflammatory conditions (Senn, 2006). A three-fold increase of CD14 mRNA levels was also observed in the liver of obese WT mice. In a recent report, LPS circulating levels were found to be increased by 2–3 times in mice exposed to a high-fat diet, a threshold that was designated ‘metabolic endotoxemia’ (Cani et al., 2007). Given that the liver is the main source of the LPS ligand sCD14, it is tempting to speculate that CD14 upregulation in the hepatic tissue of obese WT mice might play a role in TLR4 activation induced by ‘metabolic endotoxemia’.

Interestingly, TLR4 and TLR2 gene activation was observed in obese mice lacking CD14, and immunodetection showed presence of TLR4 in



**Fig. 7.** Immunohistochemical analysis of TLR4 in subcutaneous fat tissues. TLR4 immunostaining in subcutaneous fat tissues revealed receptor expression in adipose tissue macrophages and adipocytes, being less pronounced in the latter ( $\times 400$ ). This occurred in both WT and  $CD14^{-/-}$  mice, in lean and obese groups.  $CD14^{-/-}$ ,  $CD14$  knockout mice; WT, C57BL/6 mice. A representative example of TLR4 immunostaining in adipocytes (arrow) and adipose tissue macrophage (arrowhead) is indicated in the left and right lower panels, respectively.

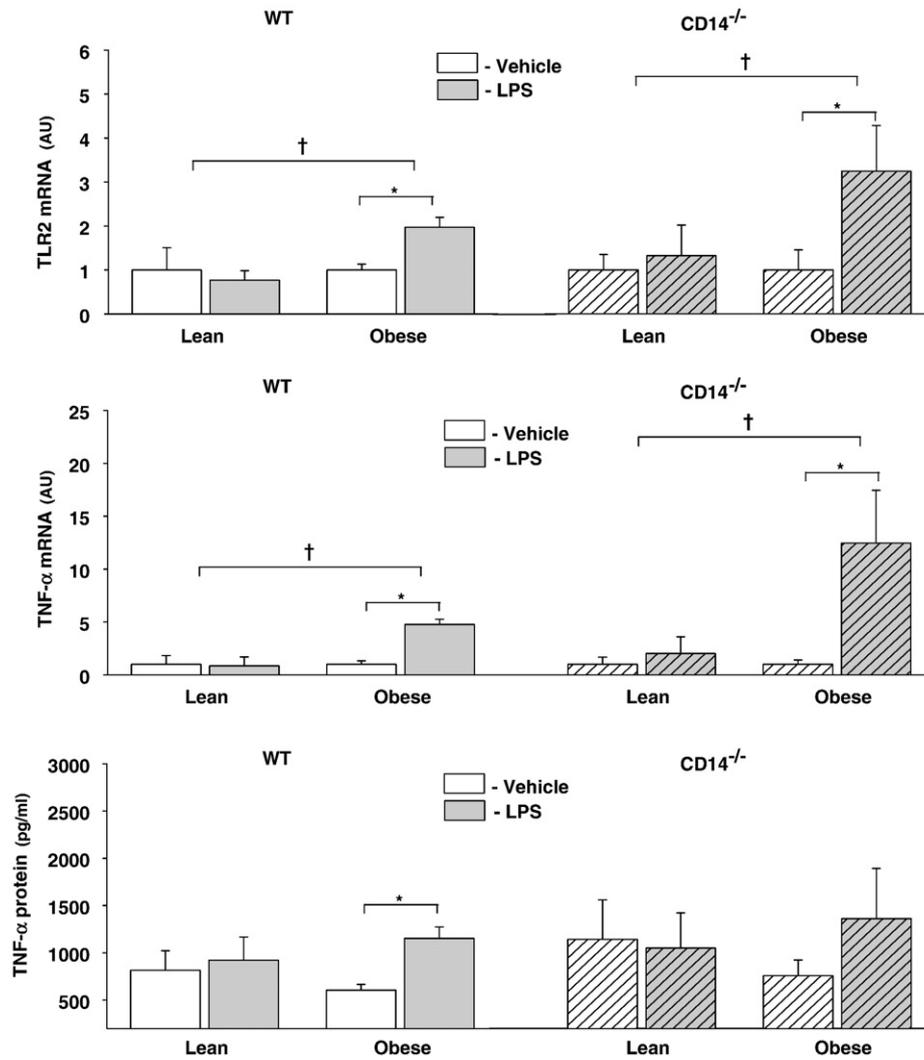
both adipocytes and macrophages in subcutaneous adipose tissue of  $CD14^{-/-}$  mice. Furthermore, in the presence of exogenous sCD14, LPS-induced TLR4 activation in subcutaneous fat tissues of  $CD14^{-/-}$  obese mice was also preserved. These results suggest intact TLR signaling pathways in  $CD14^{-/-}$  mice, so that differences in phenotype between WT and  $CD14^{-/-}$  mice could solely be attributed to impaired  $CD14$ -dependent TLR activation. This could be particularly relevant, given that it remains to be determined if there are  $CD14$ -independent but TLR4- or TLR2-dependent responses in obesity. Namely, it is still not known if TLR4 and TLR2 activation by nutritional fatty acids in obesity is mediated by  $CD14$  (Lee and Hwang, 2006). Of note,  $CD14$ -independent and TLR4-dependent responses have already been described in such different contexts as bacterial infection (Viriyakosol et al., 2006) and leukocyte–endothelial interactions (Andonegui et al., 2002).

$CD14^{-/-}$  mice exposed to the HFHSC diet showed similar weight gain but lower adiposity and higher muscle mass than obese WT group. The results agree well with a previous work reporting that this transgenic strain has low body fat and gains less adiposity with aging, while showing increased lean body mass (Johnson et al., 2004). Moreover, the adipose tissue of  $CD14^{-/-}$  mice presented lower macrophage content than their WT counterparts. This could have influenced the phenotype of the transgenic animals, given that monocyte infiltration into adipose tissues has been implicated in the low-grade chronic inflammatory state of obesity (Di Gregorio et al., 2005; Weisberg et al., 2003). In fact, obese mice lacking either the C–C motif chemokine receptor-2 (CCR2) or the CCR2 ligand monocyte chemoattractant protein-1 (MCP-1) have reduced macrophage infiltration into adipose tissue, with reduced inflammatory activation and blunted metabolic complications (Kanda et al., 2006; Weisberg et al., 2006).

In WT mice, obesity was accompanied by sympathetic nervous system activation, as evaluated by the excretion of noradrenaline in

24-hour urine. Sympathetic overactivity has been consistently reported in both animal models and human obesity, and has been proposed to underlie blood pressure elevation in this disease (Lembo et al., 1992; Tentolouris et al., 2006). In fact, several experimental and clinical studies showed a positive correlation between the urinary excretion of noradrenaline and hypertension (Aneja et al., 2004). In our study, obesity was not accompanied by sympathetic overactivity in  $CD14$  knockout mice, with hypertension being attenuated in this experimental group. High-fat feeding has been recently shown to increase plasma LPS by 2–3 times in mice, a threshold defined as ‘metabolic endotoxemia’ (Cani et al., 2007). It has also been demonstrated that peripherally administered LPS enhances noradrenaline biosynthesis in the mouse locus ceruleus (Ota et al., 2007). Given the central role of this brain stem nucleus in stress-induced sympathetic activation, ‘metabolic endotoxemia’ could represent a stimulus for sympathetic overactivity in obesity, through a  $CD14$  dependent pathway in the central nervous system.

Exposure of the WT mice to the HFHSC diet for 12 weeks was accompanied by alterations in glucose homeostasis, with elevated fasting plasma glucose and glucose intolerance. However, obese WT mice did not show insulin resistance. These results are in agreement with previous reports showing that short-term high-fat feeding in C57BL/6 mice could affect insulin sensitivity and glucose tolerance independently. This mouse strain shows glucose intolerance despite relatively good insulin sensitivity of peripheral tissues early in diet-induced obesity (Rossmeisl et al., 2003), whereas insulin resistance has been consistently reported after 6 months of HFHSC diet exposure (Surwit et al., 1988). Although obesity also impaired glucose homeostasis in  $CD14^{-/-}$  mice, fasting plasma glucose was lower and glucose intolerance was attenuated compared to obese WT mice. These results are in agreement with previous studies showing blunted type 2 diabetes mellitus in  $TLR4^{-/-}$  and  $CD14^{-/-}$  obese mice exposed to high-fat diets (Cani et al., 2007; Shi et al., 2006).



**Fig. 8.** Adipose tissue incubations with LPS in WT and CD14<sup>-/-</sup> lean and obese mice. Incubation of subcutaneous fat of obese mice with LPS (5 µg/ml) in a culture medium containing sCD14 during 120 min enhanced TLR2 (upper graph) and TNF-α (middle graph) mRNA levels, both in WT and CD14<sup>-/-</sup> groups. TNF-α protein was also increased in culture supernatants of obese mice after 120 min of LPS incubation, although in CD14<sup>-/-</sup> group it did not reach statistical significance. CD14<sup>-/-</sup>, CD14 knockout mice; WT, C57BL/6 mice; \**P*<0.05 vs. Vehicle; †*P*<0.05 vs. Lean.

In our study, liver CD14 mRNA levels were increased in obese WT mice and CD14 inhibition was accompanied by a reduction in hepatic steatosis and liver Kupffer cell content. Moreover, liver TLR2 upregulation in obesity was restricted to the WT group. This could be relevant, given the established role of innate immunity and Kupffer cell activation in the progression of non alcoholic steatosis to steatohepatitis and fibrosis (Kolios et al., 2006; Tomita et al., 2006). In obesity, enhanced intestinal mucosa permeability with increased portal LPS has been proposed to underlie non-alcoholic fatty liver disease (Brun et al., 2007). In fact, *ob/ob* and *db/db* mice have decreased intestinal resistance with enhanced LPS-induced pro-inflammatory and fibrogenic responses in hepatic stellate cells, which present higher mCD14 expression. Moreover, in the methionine–choline deficient diet-induced model of non-alcoholic steatohepatitis, TLR4-mediated liver injury and inflammatory cytokine induction are enhanced (Szabo et al., 2005).

Finally, it should be mentioned that the attenuation of the cardiovascular and metabolic complications of obesity in mice lacking CD14 could have been mediated by adipokines. Although this hypothesis was not specifically addressed in the present study, a large body of evidence supports a critical role of adipokines such as leptin, adiponectin, resistin and visfatin in the pathophysiology of obesity (Ahima and Osei, 2008). Moreover, several studies have described interplays between TLR signaling and adipokines. In a recent report,

significant upregulation of TLR1 to -9 expression in preadipocytes and adipocytes of *ob/ob* and *db/db* mice was demonstrated, revealing a strong regulation of TLR expression by leptin (Batra et al., 2007). In a different study, adiponectin has been shown to negatively regulate macrophage-like cell response to TLR ligands (Yamaguchi et al., 2005).

In conclusion, CD14 inhibition resulted in lower adiposity and hepatic steatosis, improved glucose homeostasis, blunted sympathetic overactivity and reduced blood pressure elevation of obese mice exposed to a HFHSC diet. This was observed in the presence of preserved TLR4 and TLR2 gene expression, and intact TLR4 signaling pathways. The results of the present study suggest a role for CD14-dependent TLR activation in the cardiovascular and metabolic complications of obesity, and could contribute for the establishment of novel therapeutic targets in the metabolic syndrome.

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