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Determinants of food individualism in Dakar: From independence desire to economic solidarity

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In Dakar (Senegal), meals are traditionally at home around a common dish. Hours and composition are decided by the head of household and/or the cook. Other household members have the choice of eating or abstain from eating. However, urban lifestyles see the emergence of new forms of consumption further from family and sometimes more individual. Street food, restaurants and fast foods represent opportunities to eat outside the home. Can we speak of individualization? What are the determinants of this "food individualization"? How choices, outside of family constraints, are they operated by others?
A qualitative study including 29 individual semi-structured interviews and 22 participative observations of food sessions (supply, preparation and consumption) and a quantitative study - 300 questionnaires with eaters - realized in Dakar, allow us to present first answers to these issues.

Negotiating individuality: eating "by choice" in New-Delhi

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One sometimes hears "I'm vegetarian by choice", what reminds to the sociologist that in some other cultural