Actually police officers deals with strong demands coming from society and citizens, especially when crime and violence increases. They are more vulnerable to aggressions, they must cope with strong demands and sensation seeking. Other analysis revealed that age and family status, with married police officers presenting less experience seeking and low boredom susceptibility, indicating this last dimension the personality traits that protect from burnout. This study showed weak correlations between depersonalization and burnout, eliciting a positive significant correlation in Oliveira (2008) and a negative significant correlation in Mendes (2005) compared to other studies. The knowledge of personality traits can help to prevent burnout and to help police officers to have better social interactions with citizens, especially because burnout can increase depersonalization, cynism and aggressiveness.

6. Bibliography