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Fátima Leal Seabra

**Effect of resveratrol in stress-induced  
premature senescent human fibroblasts**

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**Nome:**

Fátima Leal Seabra

**Endereço electrónico:** fatima.seab@gmail.com ou m04001@med.up.pt

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Faculdade de Medicina da Universidade do Porto, 16/04/2010

Assinatura: Fátima Leal Seabra

## **Effect of resveratrol in stress-induced premature senescent human fibroblasts**

**Fátima Leal-Seabra<sup>1</sup>, Liliana Raquel Casais de Matos<sup>1,2,3</sup>, Delminda Rosa Gamelas Neves<sup>1,3</sup>, Henrique Manuel Nunes de Almeida<sup>1,3</sup>**

<sup>1</sup>Laboratório de Biologia Celular e Molecular, Faculdade de Medicina da Universidade do Porto, Alameda Professor Hernani Monteiro, 4200-319 Porto, PORTUGAL

<sup>2</sup>Faculdade de Ciências da Nutrição e Alimentação da Universidade do Porto, Rua Dr. Roberto Frias, 4200-465 Porto, PORTUGAL

<sup>3</sup>IBMC - Instituto de Biologia Molecular e Celular, Rua do Campo Alegre 823, 4150 Porto, PORTUGAL

### **Correspondence:**

Henrique Almeida, MD PhD

Laboratório de Biologia Celular e Molecular, Faculdade de Medicina do Porto

Alameda Hernâni Monteiro, 4200-319 Porto, Portugal

Telefone: +351 22 551 3654 Fax: +351 22 551 3655 e-mail: almeidah@med.up.pt

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## Summary

Fibroblasts in culture have been used as models for the study of aging. Under standard culture conditions or after the action of known stressors as oxidants, cells exhibit several features of which cell cycle arrest is the loss-of-function hallmark. Resveratrol, shown to prevent age-related effects in different organisms, is currently under active study and is employed in cell ageing models. Early passage WI-38 fibroblasts grown in medium with or without resveratrol were submitted to subcytotoxic levels of H<sub>2</sub>O<sub>2</sub>. Cell proliferation, measured by MTT assays for day 2 upon to day 5, exhibited a dose dependent reduction, which was intensified by H<sub>2</sub>O<sub>2</sub>. Similarly, senescence associated - $\beta$  - galactosidase (SA- $\beta$ -gal) positively stained cells increased. Resveratrol attenuated H<sub>2</sub>O<sub>2</sub> cytotoxic effect but enhanced sirtuin 1 expression, manganese superoxide dismutase, p21 and Cyclin D1. Exposure to H<sub>2</sub>O<sub>2</sub> resulted in SIRT1 expression decrease but the effect was reverted in cells pre-treated with resveratrol. In H<sub>2</sub>O<sub>2</sub>-induced SIPS, resveratrol blunted MnSOD, p21 and Cyclin D expression. The results show that resveratrol results in the expression of features resembling replicative senescence, which are enhanced by the exposition to H<sub>2</sub>O<sub>2</sub>.

## Introduction

Human aging results in progressive functional disability and susceptibility to a wide spectrum of pathological entities such as heart disease, diabetes, osteoarthritis, dementia or cancers. It is influenced by environmental or genetic factors that may be unrelated to each other. Different patterns of functional disability are observed in different organs and cells. In any case, the result is similar, i.e., a progressive accumulation of damage or a reduced clearing process.

At the cellular level, the most common model of aging was described by Hayflick and Moorehead in 1961, when they observed that human diploid fibroblasts (HDFs) underwent a finite number of cell divisions in culture, before entering in a cell cycle arrest state termed replicative senescence (Hayflick & Moorhead 1961). In this condition, fibroblasts appear large, flat and stellate. They also present molecular and biochemical features such as shortened telomeres, appearance of senescence-associated- $\beta$ -galactosidase (SA- $\beta$ -gal) activity and overexpression of p16, p21 (Adams 2009), Fibronectin, Apolipoprotein J, Transforming Growth Factor beta-1 and Insulin Growth Factor Binding Protein-3 (Dierick *et al.* 2002). Despite these changes and their unresponsiveness to growth factors, senescent fibroblasts are not functionally inactive for they continue secreting molecules such as collagen and metalloproteinase.

There is considerable evidence indicating that telomere attrition is the cause for replicative senescence but other conditions may lead to the appearance of the senescent phenotype referred as Stress-Induced Premature Senescence (SIPS) (Frippiat *et al.* 2001; Adams 2009). They include oncogene activation (Campisi 2001), UV radiation, and oxidative stress challenges, hyperoxia or *tert*-butylhydroperoxide (Toussaint *et al.* 2000). Similarly, when fibroblasts are exposed to H<sub>2</sub>O<sub>2</sub>, they exhibit a senescent

phenotype too and overexpress collagenase, matrix-metalloproteinase-1, IFN- $\gamma$  and MnSOD (Toussaint *et al.* 2000). As in replicative senescence, H<sub>2</sub>O<sub>2</sub>-treated HDFs are blocked mainly in the G1 phase of the cell cycle, likely by the Cyclin-Dependent Kinase Inhibitors (CDKIs) p21 and p16 which are overexpressed (Toussaint *et al.* 2000). Replicative senescence is considered an advantage because it ensures that cells with potentially oncogenic damage are incapable of cell division and hence neoplastic growth (Campisi 2001), in contrast, for example, with other tumor suppressor mechanisms as apoptosis, that eliminate permanently cells that acquired extensive damage.

The contribution of cell senescence to organism aging is still uncertain but its verification would consolidate the point strongly. Some researchers state that cell senescence appears to parallel organismal aging (Sasaki *et al.* 2006), and some others emphasized that, although some variation from organ to organ may exist, the number of cells that express one or more senescence markers appears to increase from young to aged organism (Campisi & di Fagagna 2007). The study of primates appears to be one such example (Jeyapalan *et al.* 2007) but there is not consensus (Macieira-Coelho 2010). Their likely contribution to aging and their cancer preventive properties make of human senescent cells an important model to study various biological processes.

Sirtuins are NAD-dependent deacetylases and are thus important regulators of gene expression at the transcriptional level. In mammalian cells, they regulate a wide variety of processes from apoptosis to cell survival (Michan & Sinclair 2007) and it was recently reported that sirtuin 1 (SIRT1), antagonizes senescent features of HDFs (Huang *et al.* 2008). In mammals, SIRT1 is a member of a family of seven different sirtuins (1 to 7) but it has orthologs in other species which include worms (Viswanathan *et al.* 2005), flies (Wood *et al.* 2004) and yeasts (Howitz *et al.* 2003) where its overexpression

results in lifespan extension. As they are important modulators of aging and longevity (Huang *et al.* 2008), sirtuin regulators notably resveratrol have attracted considerable attention.

Resveratrol and calorie restriction activate similar SIRT1 – mediated pathways whose actions are thought to result in prevention of common age-related diseases and life extension (Markus & Morris 2008). Resveratrol is a polyphenol found in skin of red wine grapes and other dark red fruits, seeds and nuts. Some studies reveal that resveratrol increases lifespan in lower organisms and prevents age-related diseases and lifespan shortening in obese mice (Marques *et al.* 2010). As there is evidence that SIRT1 activity is decreased in SIPS induced by H<sub>2</sub>O<sub>2</sub> (Alcain & Villalba 2009), it was hypothesized that resveratrol would attenuate the appearance of senescence biomarkers in H<sub>2</sub>O<sub>2</sub>-induced SIPS eventually by the enhancement of SIRT1 expression. The aim of this study was to evaluate the appearance of senescence biomarkers and SIRT1 expression in H<sub>2</sub>O<sub>2</sub>-SIPS HDFs pre-treated with resveratrol.

## **Results**

### ***Cell Proliferation***

To assess the effect of resveratrol on cell proliferation, cells were cultured in complete medium supplemented with either 0,2 $\mu$ M or 2 $\mu$ M resveratrol. Control cells were treated in the same conditions without resveratrol and quantification was made using MTT assay at different time-points as shown in Figure 1. In 5 days, cell number presented a 3,5-fold increase in control cells, while cells submitted to 0,2 $\mu$ M or 2 $\mu$ M resveratrol showed less than 3,0-fold increase in cell number. This data indicated that resveratrol reduced cell proliferation slightly at 0,2 $\mu$ M and more intensively at 2 $\mu$ M.

The treatment of control cells with 75 $\mu$ M or 100 $\mu$ M H<sub>2</sub>O<sub>2</sub> blunted cell proliferation along the time-points of study (Figure 2A). At day 5, after H<sub>2</sub>O<sub>2</sub> stress, cells presented only 2-fold or 1,6-fold increase in number for 75 $\mu$ M and 100 $\mu$ M H<sub>2</sub>O<sub>2</sub>, respectively. Similar results were found for cells which were pre-treated either with 0,2 $\mu$ M (Figure 2B) or 2 $\mu$ M resveratrol (Figure 2C). As expected, H<sub>2</sub>O<sub>2</sub> was able to provoke cell cycle arrest. Therefore, regarding cell proliferation, resveratrol seems to be unable to attenuate H<sub>2</sub>O<sub>2</sub> effect.

### ***H<sub>2</sub>O<sub>2</sub> cytotoxicity***

To address H<sub>2</sub>O<sub>2</sub> cytotoxicity, cell survival was measured by MTT assay immediately after stress. The higher concentration of H<sub>2</sub>O<sub>2</sub> used (100 $\mu$ M) elicited an unexpected strong decrement in cell survival, down to 20% compared to controls (Figure 3), suggesting that subcytotoxic levels had been exceeded; 75 $\mu$ M H<sub>2</sub>O<sub>2</sub> caused a substantial reduction too, down to approximately 40% compared to control. Maintaining

these culture conditions may require a review of H<sub>2</sub>O<sub>2</sub> dose in future experiments. However, when resveratrol was present the decrement was considerably reduced when cells were treated either with 75μM or 100μM H<sub>2</sub>O<sub>2</sub>. For the above reasons, in the following studies, we decided to emphasize on 75μM when using H<sub>2</sub>O<sub>2</sub>.

### ***Senescence associated β-galactosidase (SA-β-gal) activity***

As expected for the cells cultured without resveratrol, there was an increase in the number of cells positive for SA-β-gal after treatment with 75μM or 100μM H<sub>2</sub>O<sub>2</sub> (Figure 4). The addition of 2μM resveratrol to the medium also led to a significant increase in SA-β-gal when compared with control ( $p < 0,05$ ), but this effect was further enhanced when 2μM resveratrol treated cells were exposed to H<sub>2</sub>O<sub>2</sub>. The lower dose of resveratrol (0,2μM) led to an increase, although not significant, of cells positive for SA-β-gal; when exposed to H<sub>2</sub>O<sub>2</sub> the number did not change. This indicates that only at lower concentrations, resveratrol might be able to attenuate the appearance of the senescence biomarker SA-β-gal induced by H<sub>2</sub>O<sub>2</sub>.

### ***SIRT1 expression***

Sirtuin 1 protein expression was semi-quantified by Western blotting in two independent experiments (Figure 5). Human fibroblasts grown in 0,2μM resveratrol presented no changes in SIRT1 expression when compared to control cells (Figure 6A). However, the addition of 2μM resveratrol resulted in ~ 1,5-fold increase in SIRT1 protein levels compared to control. When cells were submitted to 75μM H<sub>2</sub>O<sub>2</sub>, there was a slight 0,7-fold decrease of SIRT1 expression in control cells (Figure 6B). When

cells were grown with any dose of resveratrol, SIRT1 decrement induced by H<sub>2</sub>O<sub>2</sub> was attenuated to values similar to BME treated cells.

### ***Expression of MnSOD antioxidant enzyme and p21 and Cyclin D1 cell cycle regulators***

Protein expression levels of MnSOD, p21 and cyclin D1 were semi-quantified by Western blotting (Figure 7).

MnSOD is a mitochondrial antioxidant enzyme involved in detoxification of reactive oxygen species. Cells pre-treated with both concentrations of resveratrol presented 4,6 or 4,7-fold increase in MnSOD protein expression, respectively, when compared to control cells, although this variation was not statistically significant (Figure 8A). It is known that MnSOD is overexpressed in the H<sub>2</sub>O<sub>2</sub>-induced SIPS model (Toussaint *et al.* 2000). As expected, cells exposed to 75µM H<sub>2</sub>O<sub>2</sub> presented a 1,6-fold increase in MnSOD protein levels when compared to cells treated with BME (Figure 8B). The addition of resveratrol weakened the effect of H<sub>2</sub>O<sub>2</sub> in increasing MnSOD. Moreover, cells grown in 2µM resveratrol showed a slight decrease in MnSOD expression after exposure to 75µM H<sub>2</sub>O<sub>2</sub> compared to BME treated cells.

The cyclin-dependent kinase inhibitor p21 binds to and inhibits the activity of Cyclin Dependent Kinase (CDK) 2/4 complexes and thus functions as a negative regulator of cell cycle progression at G1. It is considered a senescence biomarker and is increased in H<sub>2</sub>O<sub>2</sub>-SIPS. As we show in Figure 9A, p21 expression seems to increase with the presence of resveratrol in a dose-dependent manner. Cells pre-treated with 0,2µM resveratrol revealed a 1,8-fold increase while 2µM resveratrol cells had a 2,4-

fold increase in p21 levels when compared to control cells. As one should expect, H<sub>2</sub>O<sub>2</sub> stressed cells, in the absence of resveratrol, appears to increase p21 expression (Figure 9B), as already described for H<sub>2</sub>O<sub>2</sub>-SIPS model. The addition of 0,2μM resveratrol seems to be able to blunt p21 increment induced by H<sub>2</sub>O<sub>2</sub>. However, 2μM resveratrol was not so effective as the lower dose in preventing such increase.

Cyclin D1 is a member of cyclin family of cell cycle regulators and is required in combination with CDK4/6 for cell cycle G1/S transition. Cells treated with 2μM resveratrol appear to have a 1,6-fold increase in the expression of cyclin D1, when compared with control cells (Figure 10A). Treatment of control cells with 75μM H<sub>2</sub>O<sub>2</sub> resulted in a slight increase in cyclin D1 expression (Figure 10B). The lower dose of resveratrol was not able to reduce such effect; however 2μM resveratrol attenuated cyclin D1 increased expression induced by H<sub>2</sub>O<sub>2</sub>.

## Discussion

Resveratrol is a stilbene member of a large family of compounds referred as polyphenols. It became an important molecule due to its property as activator of sirtuins, an evolutionarily conserved family of deacetylases with important effects on gene activation and expression. Yet, other mechanisms are likely to be involved in resveratrol action (Baur 2010), including its antioxidant properties.

A remarkable effect of sirtuins is the extension of lifespan in a number of species. In fact, overexpression of sirtuin results in life extension of yeasts (Kaeberlein *et al.* 1999), flies (Wood *et al.* 2004) and worms (Viswanathan *et al.* 2005). Possibly through the activation of SIRT1, resveratrol also provides health benefits in mammals, to include cancer prevention (Jang *et al.* 1997) and it also restores normal lifespan of mice fed a high calorie diet (Baur *et al.* 2006). Therefore, it is not surprising that this compound attracted much attention in recent times, especially because most of the aging research is not aimed to extend lifespan of organisms, but to improve their health. Moreover, the most important experimental, not genetically manipulated, model of lifespan extension and health quality improvement is calorie restriction. It appears that sirtuins are important mediators of the effects of calorie restriction in yeast (Lin *et al.* 2000), worms (Wang & Tissenbaum 2006) and flies (Rogina & Helfand 2004).

The effect was also approached at the cellular level employing various cell lines and verifying phenotypic and genotypic variation related to aging.

In SIRT1 transfected 2BS fetal lung fibroblasts (Huang *et al.* 2008), sirtuin overexpression leads to increased cell lifespan and reduced SA- $\beta$ -gal staining, i.e, features characterizing antagonism of senescence. In addition, when challenged by resveratrol 0,2 and 2 $\mu$ M, the same cells evidenced reduced expression of the senescence

biomarker p16. However, employing established human cell lines and different resveratrol doses resulted in different outcomes, including no change or substantial cell proliferation inhibition (Lu *et al.* 2001; Sgambato *et al.* 2001; Joe *et al.* 2002). Therefore, the effect of resveratrol on human cells is not entirely predictable, for they may evidence some discrepancies. Most current data point to a reduced rate when compared with controls, a finding that was observed in the present study with WI-38 fibroblasts.

The use of H<sub>2</sub>O<sub>2</sub> in the setting of aging cell studies is intended to challenge cells with an oxidative stress; it results in cell structural and molecular features similar to replicative senescence and therefore, H<sub>2</sub>O<sub>2</sub> is probably the most often used inducer of stress-induced premature senescence (Toussaint *et al.* 2000). In the present report H<sub>2</sub>O<sub>2</sub> exerted a profound effect on fibroblast survival which led us to focus on 75µM concentration. However in any dose of H<sub>2</sub>O<sub>2</sub> (75µM or 100µM) adding resveratrol to the medium resulted in partial preventive effect on survival, similarly to previous observations (Robb *et al.* 2008), possibly due to its antioxidant properties (De Salvia *et al.* 2002).

Hydrogen peroxide effect on proliferation was also marked. In any experimental condition the increase in number did not exceed 1,7-fold, compared to 3,5-fold in controls and 3,0 or 2,3 -fold observed when the medium contained resveratrol. This inhibiting effect of H<sub>2</sub>O<sub>2</sub> was similarly observed in human dermal fibroblasts (Gonzalez-Espinosa *et al.* 2007), human lens epithelial B3 cells (Seomun *et al.* 2005) or mouse embryo fibroblasts (Chua *et al.* 2005). Therefore, H<sub>2</sub>O<sub>2</sub> not only inhibits cell proliferation, but it also blunts the small proliferative effect of resveratrol. Data from this study and from others show that the effect goes beyond the cell cycle arrest, to include features as the increasing number of SA-β-gal positive cells and p21 enhanced

expression, two important markers of replicative senescence or SIPS (Frippiat *et al.* 2001; Seomun *et al.* 2005).

Cyclin D1 is a cyclin D member whose major part is to bind CDK and promote G1/S cell cycle transition. In our cells, cyclin D1 level of expression increased slightly with resveratrol in a dose dependent-fashion, an effect which further enhanced by H<sub>2</sub>O<sub>2</sub>. This marginal increase of cyclin D1 after resveratrol contrasts with previous publications where no change (Della Ragione *et al.* 1998) or even a decrement (Joe *et al.* 2002) were observed. However, it should be mentioned that in any of those studies, neoplastic cell lines were used and the dose of resveratrol employed reached 100-fold our own. It is thus difficult to compare the results. More consistent is the increase in cyclin D1 expression when cells are challenged with H<sub>2</sub>O<sub>2</sub>. In this case the likely reason is the reduced degradation due to inhibition of proteasome, a mechanism that was strongly evidenced in replicative senescence (Chondrogianni *et al.* 2003). A similar conclusion was taken from experiments with mouse fibroblasts (Munoz *et al.* 2001).

The current results indicate that resveratrol or H<sub>2</sub>O<sub>2</sub> enhance MnSOD expression and, when combined the effect appears to maintain only at a small resveratrol concentration. Such outcome was previously noted on the human cell line MRC-5 (Robb *et al.* 2008) but not in WI 38 cells. MnSOD expression in this context, likely results from an indirect effect of resveratrol. In fact, resveratrol has been shown to enhance the sirtuin-catalyzed deacetylation of FOXO3a, which stimulates the migration of FOXO to the nucleus (Robb *et al.* 2008) and enhances its transcriptional activity. MnSOD is known to be a target of FOXO3a and indeed MnSOD expression is strongly induced in cells overexpressing FOXO3a (Kops *et al.* 2002; Robb *et al.* 2008). The mechanism for the effect of H<sub>2</sub>O<sub>2</sub> on MnSOD expression is uncertain but, most likely it does not involve SIRT1 activation, because actually we noticed its inhibition, which

was partially removed only when the medium contained resveratrol. Therefore, other pathways, eventually sensitive to high levels of resveratrol, may be sensing the strong effect of H<sub>2</sub>O<sub>2</sub> and act upon to enhance MnSOD transcription. This effect was recognized in SIPS (Toussaint *et al.* 2000).

Resveratrol leads to a reduction of WI38 proliferation, which is intensified by H<sub>2</sub>O<sub>2</sub>. In one case and the other, p21 expression is enhanced, as might be expected when cell cycle is slowed. Interestingly, the presence of cells exhibiting SA-β-gal increases, as well as MnSOD, conditions which resemble replicative senescence but it is speculative to associate them, unless other studies of gene expression are made.

## **Experimental procedures**

### ***Reagents and antibodies***

WI-38 fetal lung human diploid fibroblasts were purchased from European Collection Cell Cultures –ECACC/Sigma-Aldrich, Porton Down, United Kingdom. Cell culture supplies (Basal-Medium-Eagle, BME and fetal bovine serum, FBS) were from Biochrom AG, Berlin, Germany. Resveratrol and SA- $\beta$ -gal were obtained from Calbiochem, Darmstadt, Germany. Hydrogen Peroxide was from Merck, Darmstadt, Germany. MTT and BSA were from Sigma-Aldrich, St Louis, USA. Bradford reagent and nitrocellulose membrane were from Bio-Rad Laboratories, Munich, Germany and Enhanced chemiluminescence reagents used for the immune-Western Blot was from Thermo Scientific, Rockford, USA. Non-fat dry milk was from Molico Nestlé, Vevey, Switzerland. Primary antibodies used in present study were purchased from Cell Signaling Technology, Danvers, USA (p21 and Cyclin D1) and Santa Cruz Biotechnology, Santa Cruz, USA (SIRT1 and secondary antibodies). The MnSOD was obtained from Stressgen, Michigan, USA. Other chemicals were from Merck, Darmstadt, Germany.

### ***Cell culture and H<sub>2</sub>O<sub>2</sub> cytotoxicity assay***

WI-38 fetal lung human diploid fibroblasts were grown in complete medium composed by BME supplemented with 10% FBS at 37°C and 5% CO<sub>2</sub>. Cells at early passages (below 30 passages) were used in cell experiments to avoid complications of replicative senescence. For the induction of premature senescence, subconfluent WI-38 cells were exposed to 75 $\mu$ M or 100 $\mu$ M H<sub>2</sub>O<sub>2</sub> for 2 hours. The cells were washed twice

with prewarmed (37°C), phosphate buffer solution to remove H<sub>2</sub>O<sub>2</sub> and recultured in fresh complete medium. H<sub>2</sub>O<sub>2</sub> cytotoxicity was measured immediately after stress using MTT assay. Briefly, cells were incubated with 1mg MTT/mL media for 3 hours at 37°C and 5% CO<sub>2</sub>. MTT solution was removed, and cells were lysed using 1M HCl in 2-propanol, and respective absorbance at 570nm was measured. To assess the effect of resveratrol in H<sub>2</sub>O<sub>2</sub> treated cells media were supplemented with 0,2µM or 2µM resveratrol two passages before stress.

### ***Cell proliferation assay***

Cell proliferation was assessed by MTT assay as already described above. WI-38 cells (2×10<sup>4</sup>cells/well) were seeded into wells of 24-well plates and cultured in complete medium 24h after stress. The MTT assay was preformed daily till 5 days after stress in order to evaluate cell growth.

### ***Senescence-Associated beta-galactosidase (SA-β-gal) assay***

The senescent status of cells was verified by *in situ* staining for SA-β-gal activity, performed 72h after stress as already described (Dimri *et al.* 1995). In brief, cells were fixed and incubated in SA-β-gal staining solution at 37°C for 16h. Senescent cells were identified as blue stained cells by standard light microcopy, and a total of 400 cells were counted in random fields to determine the percentage of SA-β-gal positive cells.

### ***Western blot analysis***

WI-38 cells submitted to the different treatments were lysed on ice in a lysis buffer (50mM Tris, pH 7,4, 10mM NaCl, 5mM EDTA, 0,25% Triton X-100). The protein concentration of the cell extracts was quantified using Bradford assay (Bradford 1976). An equal amount of protein (20µg/lane) from each cell extract was loaded into 10%, 14% and 16% polyacrylamide gels, and was then submitted to SDS-PAGE. After electrophoresis, proteins were blotted onto a nitrocellulose membrane. The membranes were blocked either with 5% nonfat dry milk or 5% BSA in Tris buffered saline containing 0,1% Tween-20 (TBS-T). They were subsequently probed with specific primary antibodies at a predetermined optimal concentration, overnight at 4°C. Following extensive washing with TBS-T, the immunoblots were then incubated with an appropriated peroxidase-conjugated secondary antibody for 1h at room temperature. After rinsing, peroxidase complex was detected using chemiluminescent substrate. Simultaneous detection of tubulin was used as the loading control. The semi-quantification of immunoreactive bands was performed using “Scion Image” software (Scion Corporation ®).

### ***Statistical analysis***

All analyses were performed using Microsoft Excel. Quantitative data were expressed as the mean value  $\pm$  SEM, when at least three independent experiments were analyzed. The non-parametric Mann-Whitney U test was used for the comparative analysis between two groups. A *p* value <0,05 was considered statistically significant.

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### **Author contributions**

Conceived and designed the experiments: LM and HA. Performed the experiments: FL-S and LM. Analyzed the data: FL-S, LM, HA. Contributed reagents/ materials/analysis tools: DN. Wrote the paper: FL-S, LM and HA.

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## Figure legends

**Figure 1 – Resveratrol addition to the media results in a small reduction of cell proliferation.** Cell proliferation index was determined after cell viability quantification with MTT assay during 4 consecutive days, assuming that day 2=1. CTL condition corresponds to cells cultured in the absence of resveratrol. Each data point represents mean values  $\pm$  SEM from three independent experiments. The proliferative index obtained for cells treated with 2 $\mu$ M resveratrol was significantly decreased comparing to CTL (Mann Whitney U test, \*  $p < 0,05$ ).

**Figure 2– H<sub>2</sub>O<sub>2</sub> exerts a considerable inhibitory effect on cell proliferation even in the presence of resveratrol.** Cells grown without resveratrol (A), with 0,2 $\mu$ M (B) or 2 $\mu$ M resveratrol (C) were submitted to 0 $\mu$ M, 75 $\mu$ M or 100 $\mu$ M H<sub>2</sub>O<sub>2</sub>. BME condition represents cells treated with 0 $\mu$ M H<sub>2</sub>O<sub>2</sub>. Cell proliferation was assessed using MTT assay daily till 5 days after stress, assuming day 2=1. Each data point represents mean values  $\pm$  SEM from three independent experiments. Both doses of H<sub>2</sub>O<sub>2</sub> were able to cause a significant inhibition in cell proliferation comparing to BME, for all resveratrol concentrations tested (Mann Whitney U test, \*  $p < 0,05$ ).

**Figure 3 – Resveratrol is able to attenuate H<sub>2</sub>O<sub>2</sub> cytotoxic effect.** Cytotoxicity was measured using MTT assay immediately after 2h of H<sub>2</sub>O<sub>2</sub> challenge, assuming that BME (0 $\mu$ M H<sub>2</sub>O<sub>2</sub>)=100%. Each bar represents mean values  $\pm$  SEM from three independent experiments. Both concentration of H<sub>2</sub>O<sub>2</sub> greatly affects cell viability in the absence of resveratrol. When resveratrol is present such effect is attenuated. \* $p < 0,05$  comparing to the respective BME.

**Figure 4 – 0,2 $\mu$ M resveratrol was able to thwart SA-beta-galactosidase (SA- $\beta$ -gal) expression induced by H<sub>2</sub>O<sub>2</sub>.** SA- $\beta$ -gal activity was quantified 72h after H<sub>2</sub>O<sub>2</sub> stress. Each bar represents mean values  $\pm$  SEM from three independent experiments. H<sub>2</sub>O<sub>2</sub> is able to increase SA- $\beta$ -gal in the absence of resveratrol. The lower dose (0,2 $\mu$ M) of resveratrol attenuates such effect while 2 $\mu$ M is unable to do so. \*p<0,05 comparing to BME as indicated in the plot. n.s. – not significantly different.

**Figure 5 – SIRT1 decreases after exposure to H<sub>2</sub>O<sub>2</sub> and is enhanced with resveratrol.** Western blot of extracts from cells submitted to different conditions. Bands shown here are representative of two independent experiments.

**Figure 6 – Resveratrol seems to increase SIRT1 expression and to attenuate H<sub>2</sub>O<sub>2</sub> effect.** Resveratrol influence on SIRT1 protein levels (A) presented as relative densitometry units, assuming that CTL (0 $\mu$ M resveratrol)=1. The effect of H<sub>2</sub>O<sub>2</sub> in SIRT1 expression either in the presence or absence of resveratrol (B), assuming that BME (0 $\mu$ M H<sub>2</sub>O<sub>2</sub>)=1. Tubulin was used as loading control. Each bar represents mean values from two independent experiments.

**Figure 7 – MnSOD, p21 and Cyclin D1 protein expression varies according to the different conditions.** Extracts from cells submitted to different treatments were analysed by Western blotting. Bands shown here are representative of two or three independent experiments.

**Figure 8 – Resveratrol enhances MnSOD expression and appears to blunt H<sub>2</sub>O<sub>2</sub> effect.** Resveratrol influence on MnSOD protein levels (A) presented as relative densitometry units, assuming that CTL (0μM resveratrol)=1. The effect of H<sub>2</sub>O<sub>2</sub> in MnSOD expression either in the presence or absence of resveratrol (B), assuming that BME (0μM H<sub>2</sub>O<sub>2</sub>)=1. Tubulin was used as loading control. When three independent experiments were analysed, data are expressed as mean values ± SEM.

**Figure 9 – Resveratrol augments p21 expression and seems to attenuate H<sub>2</sub>O<sub>2</sub> effect.** Resveratrol influence on p21 protein levels (A) presented as relative densitometry units, assuming that CTL (0μM resveratrol)=1. The effect of H<sub>2</sub>O<sub>2</sub> in p21 expression either in the presence or absence of resveratrol (B), assuming that BME (0μM H<sub>2</sub>O<sub>2</sub>)=1. Tubulin was used as loading control. When three independent experiments were analysed, data are expressed as mean values ± SEM.

**Figure 10 – Resveratrol seems to improve Cyclin D1 expression and to minimize H<sub>2</sub>O<sub>2</sub> effect.** Resveratrol influence on Cyclin D1 protein levels (A) presented as relative densitometry units, assuming that CTL (0μM resveratrol)=1. The effect of H<sub>2</sub>O<sub>2</sub> in Cyclin D1 expression either in the presence or absence of resveratrol (B), assuming that BME (0μM H<sub>2</sub>O<sub>2</sub>)=1. Tubulin was used as loading control. Each bars represents mean values from to independent experiments.

## Figures

Figure 1

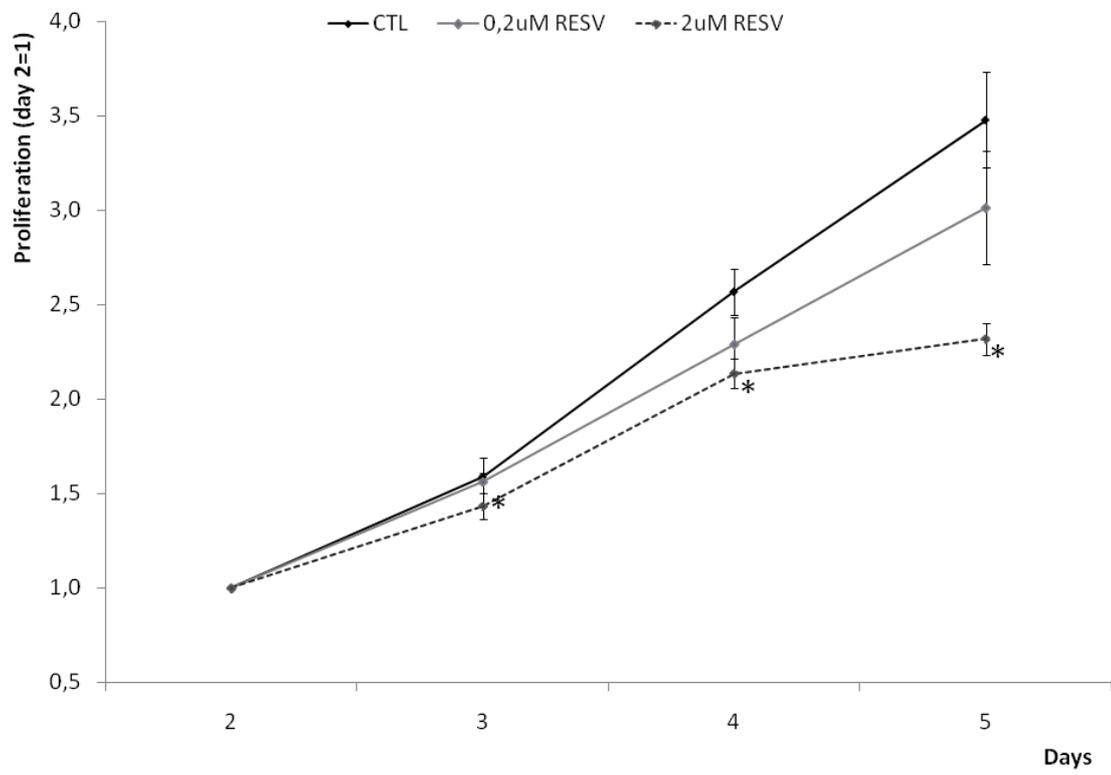
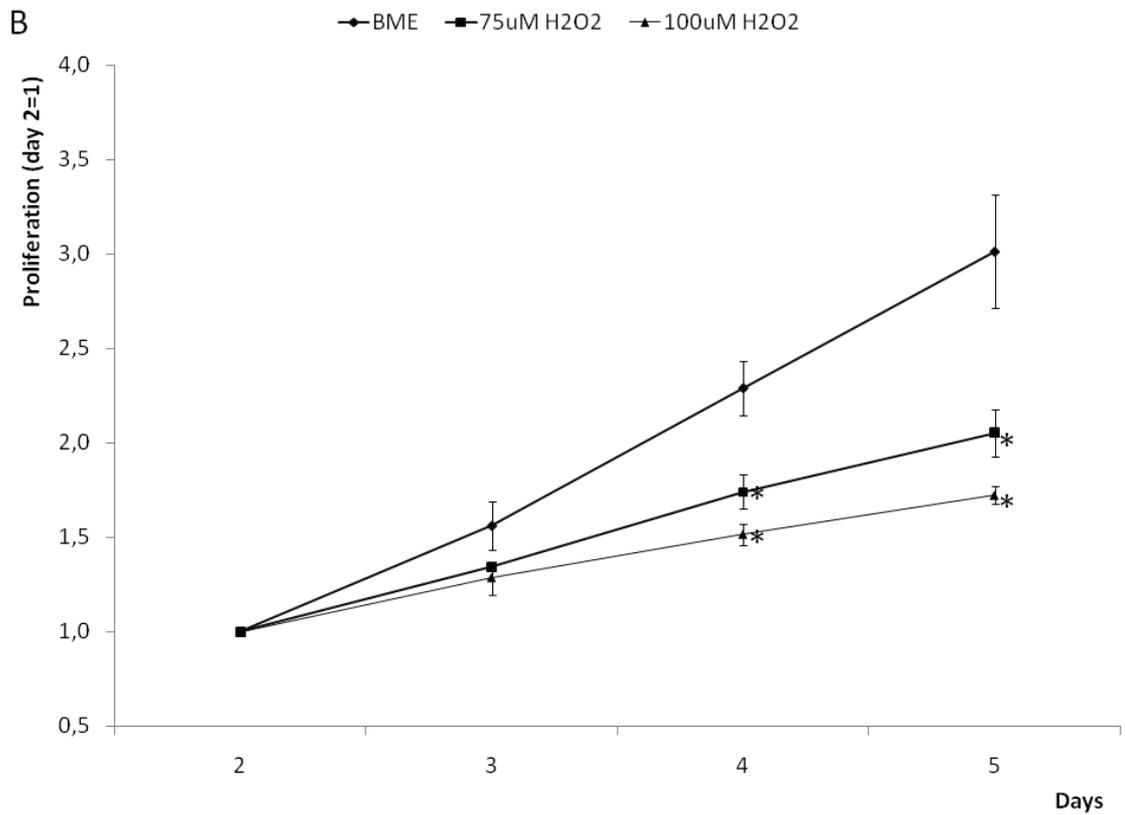
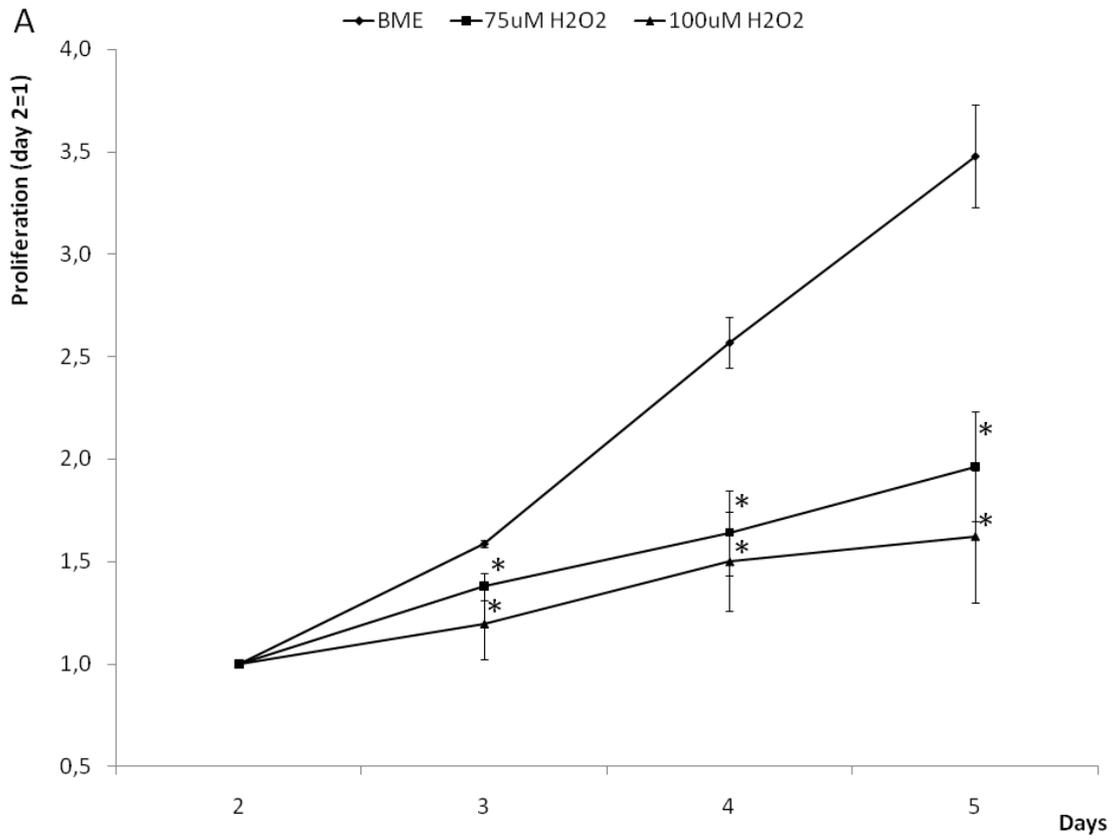


Figure 2



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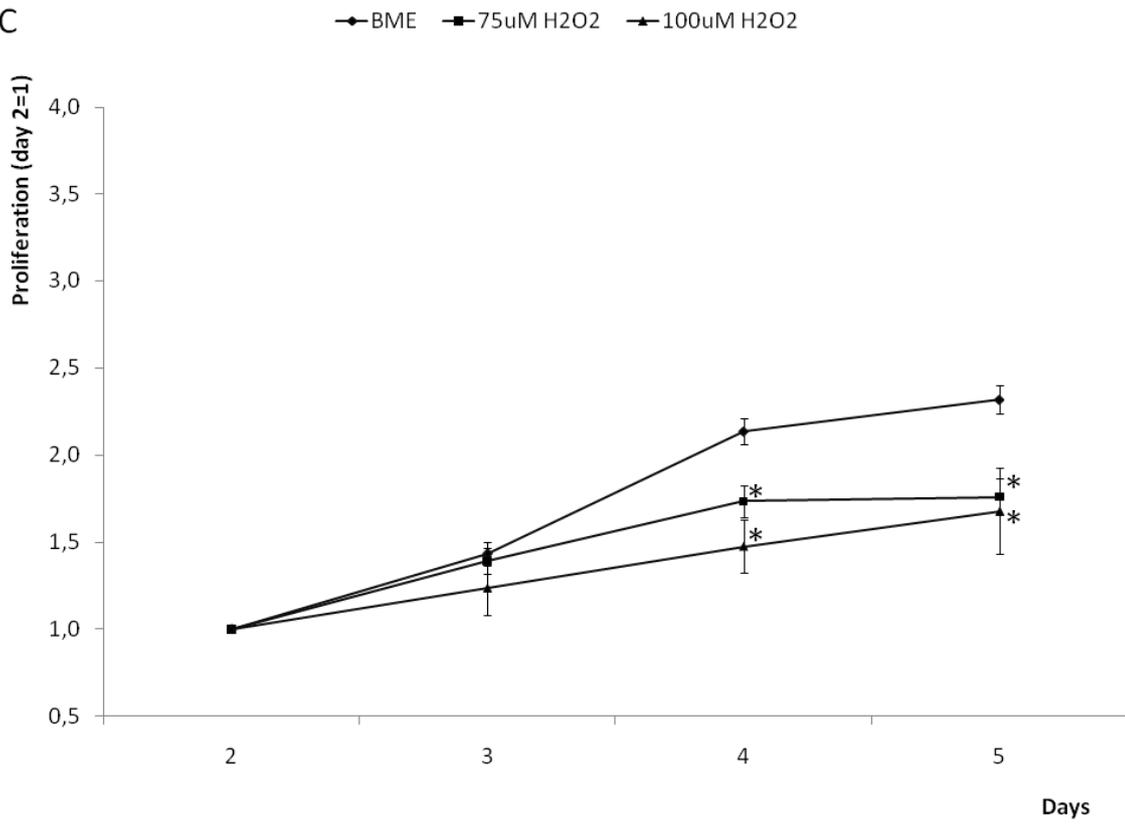


Figure 3

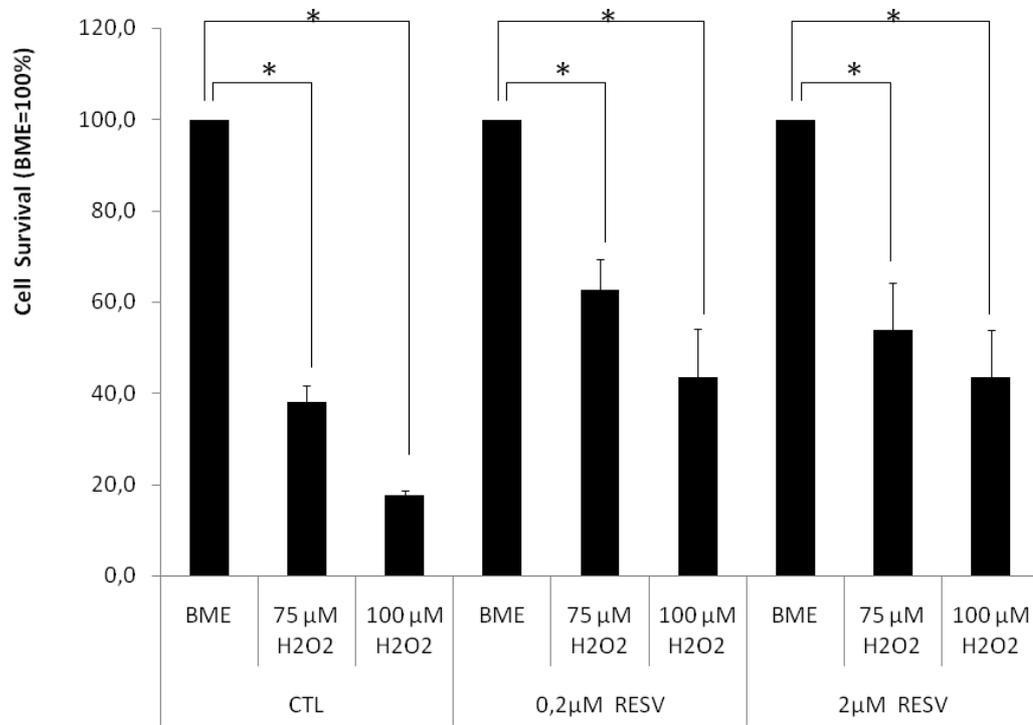


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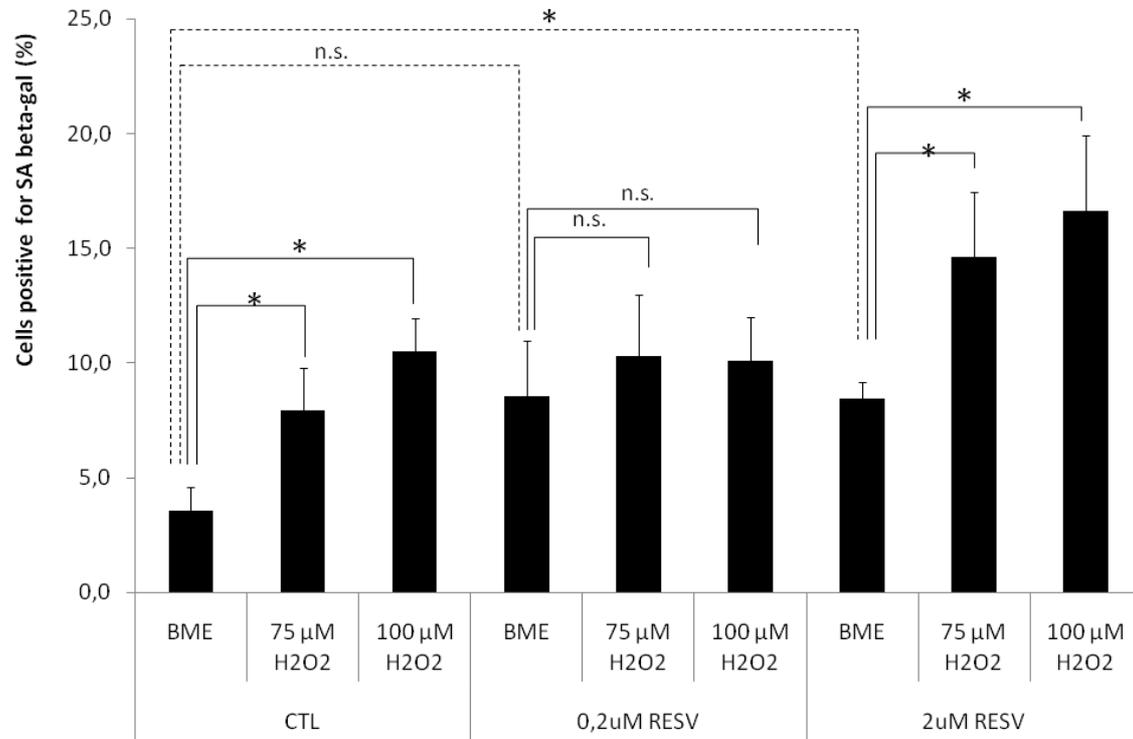


Figure 5

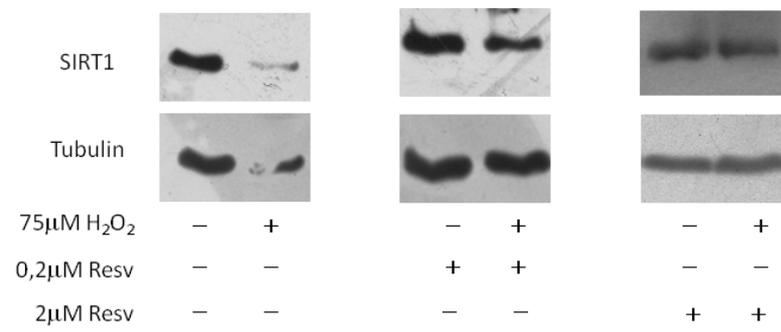


Figure 6

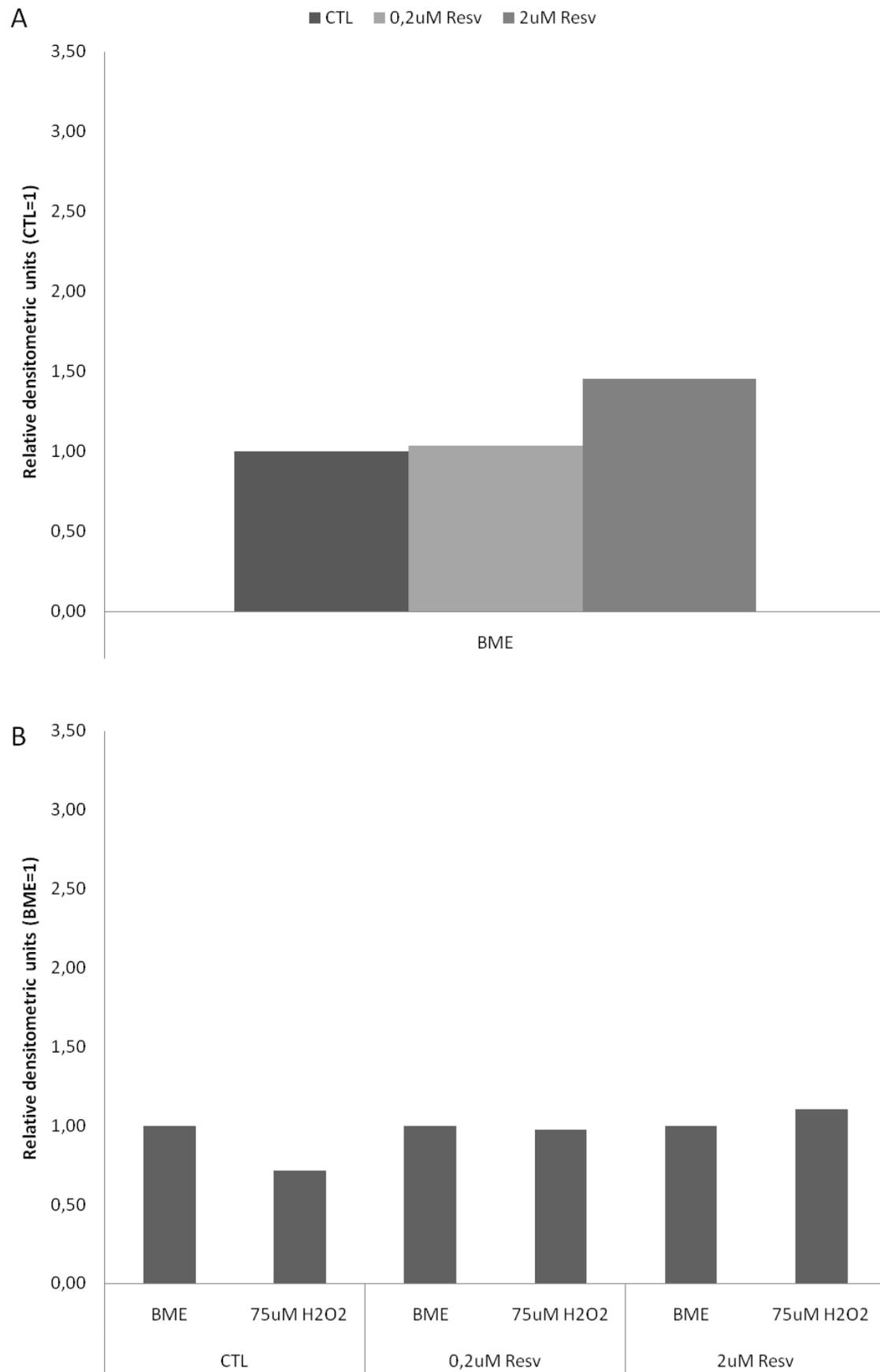


Figure 7

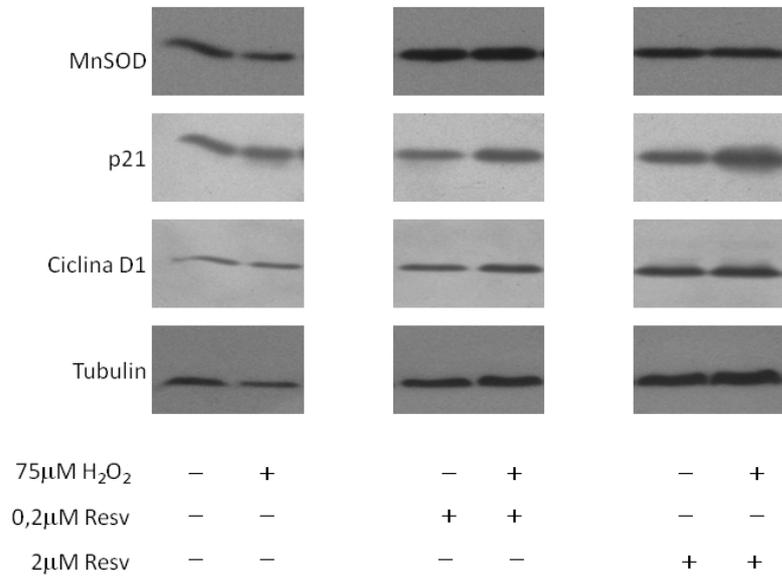


Figure 8

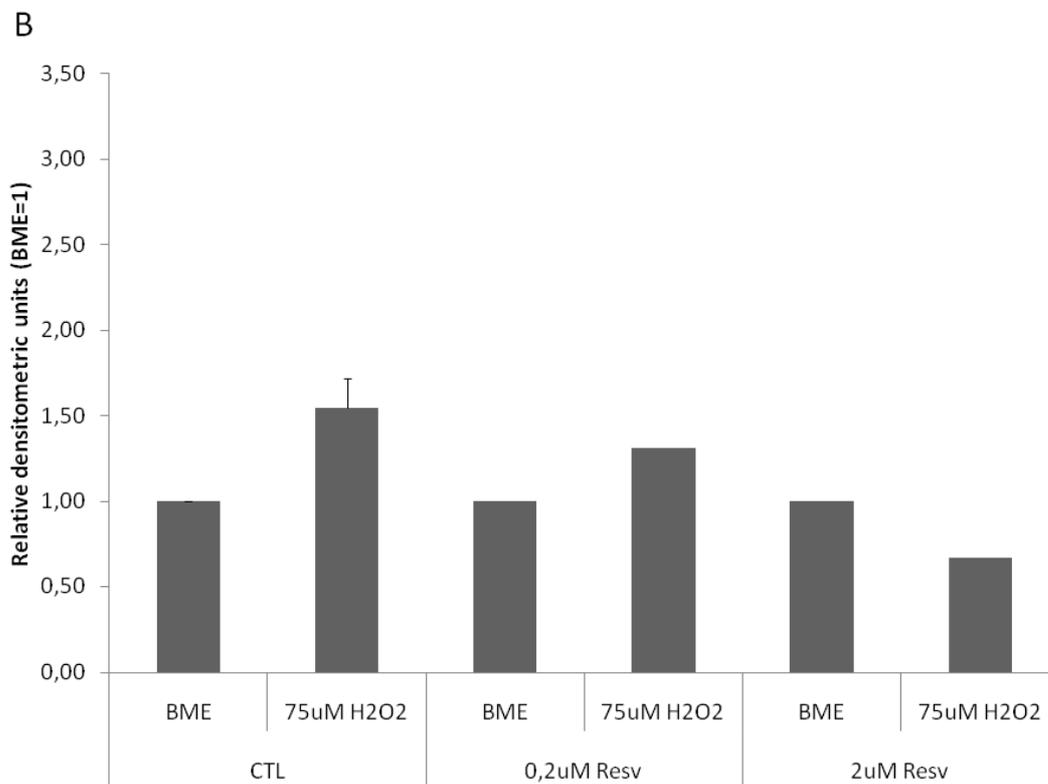
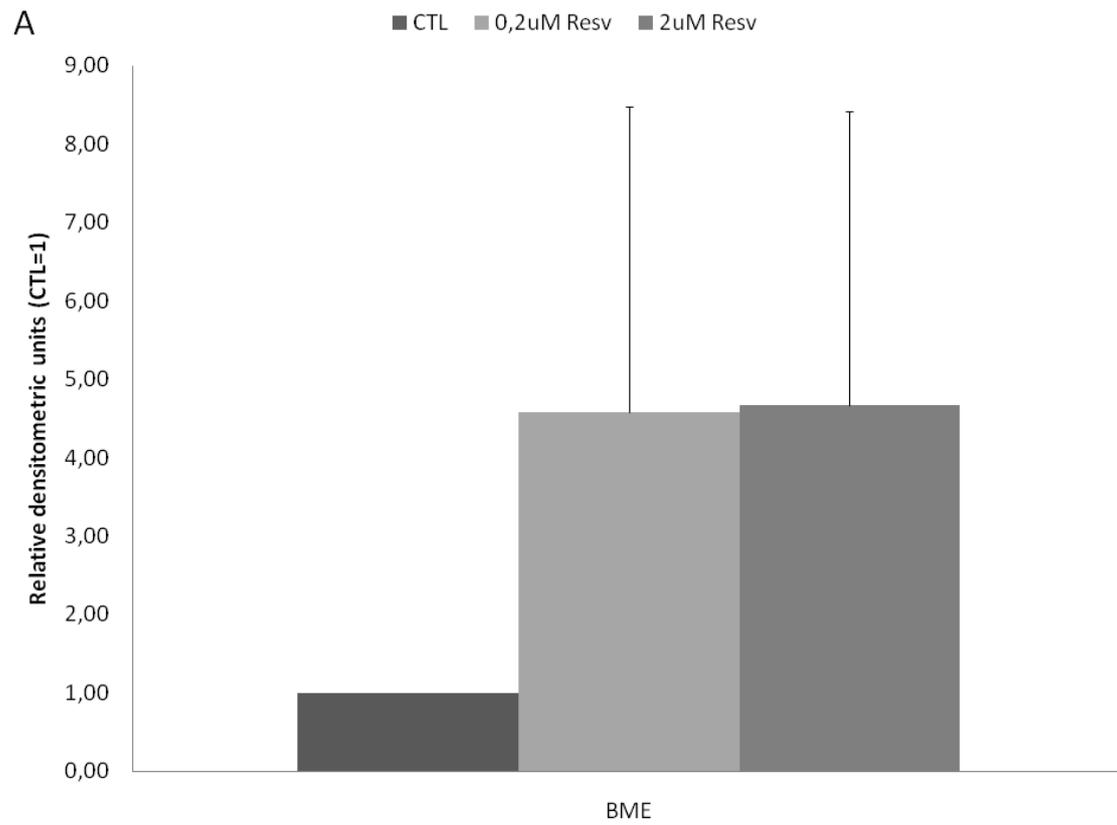


Figure 9

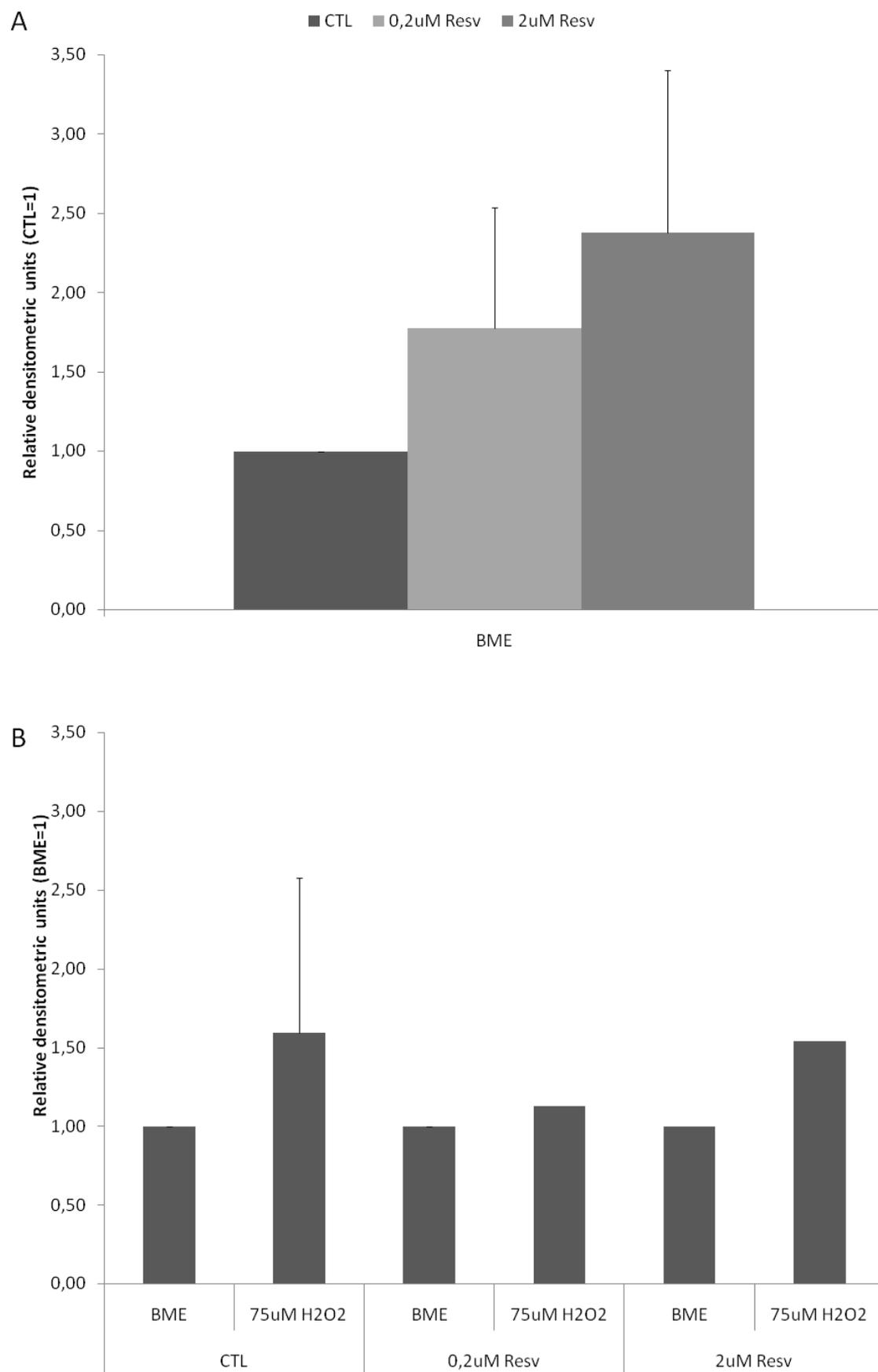


Figure 10

