

Anexos

Anexo 1

Ana Luísa Amaral

Educação Literária | Gramática

Prepara a leitura – “Visitações, ou poema que se diz manso”
O sujeito poético descreve um momento em que estava a escrever um poema e a sua filha interrompeu-o.

Visitações, ou poema que se diz manso

De mansinho ela entrou, a minha filha.

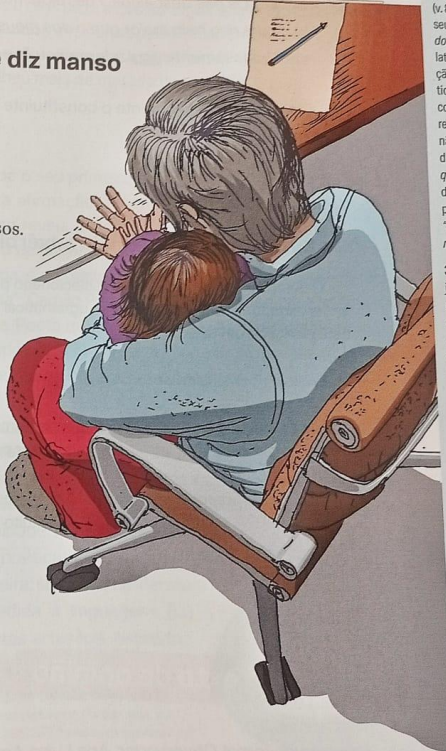
A madrugada entrava como ela, mas não
tão de mansinho. Os pés descalços,
de ruído menor que o do meu lápis
5 e um riso bem maior que o dos meus versos.

Sentou-se no meu colo, de mansinho.

O poema invadia como ela, mas não
tão mansamente, não com esta exigência
tão mansinha. Como um ladrão furtivo,
10 a minha filha roubou-me inspiração,
versos quase chegados, quase meus.

E mansamente aqui adormeceu,
feliz pelo seu crime.

Ana Luísa Amaral, *Inversos. Poesia 1990-2010*,
Lisboa, D. Quixote, 2010, p. 280



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Fonte: Cruz, Sousa, Tavares e Pinheiro, 2024

1. Discuss in class.

- What is it like being a teenager nowadays?
- Do you think it is easier or more difficult than before? Why?

TOP TIP

The word 'teenager' appeared in America in the mid-20th century.

2. Read/Listen to the following text.

Teenagers explained

Parents of teenagers will know that there is no greater mystery than what is going on in their children's minds. But now help could be at hand, with the new guide on how to raise teenagers – written by two 17-year-olds, Megan Lovegrove and Louise Bedwell, schoolgirls from London.

Reporter: How did you come up with the idea of writing a guide for teenagers' parents?

Megan: As a matter of fact, we were selected in a creative writing contest by a publisher.

Reporter: What's the name of the book and what advice does it provide for parents?

Louise: It is entitled *Teenagers Explained: a manual for parents by teenagers* and contains more than 200 pages of advice for parents on topics from sex and drugs to tidying up their bedroom.

Reporter: Really?! What can you tell us about such a contentious issue?

Louise: Well, the guide suggests giving children three hours to clean their room and not to check until the time is up. We think this way teenagers feel they are being trusted.

Reporter: I'm curious, what about teenagers who are reluctant to come out of their room?

Megan: In that case the book recommends simple bribery.

Reporter: Are there any other tips you would like to share with us?

Megan: Other tips for parents include: do not fuss too much over their own appearance as this can rub off on your teenager and make them sensitive about their looks; use 'scare tactics' to keep your child off drugs: saying how they can ruin their hair and skin would discourage many girls; do not ban your teenager from social networking sites – they will sign up anyway. It is better to make sure they are aware of safety measures.

Reporter: How did you come to those conclusions?

Louise: We wanted it to be a real manual from the teenagers' perspective, so we wrote it based on our own experiences and interviews with 100 of our peers.

Reporter: How did the experience work out for you two?

Megan: The six months we spent writing the book increased empathy with our parents.

Reporter: Did your parents read the book? What was their opinion?

Megan: My mother read it and thought it was very interesting. She recommends the book to all parents of children approaching their teens. But she also hopes that her daughter isn't up to some of these things covered in the book...

Based on <https://www.telegraph.co.uk/news/newstoppers/howaboutthat/9192071/>

VOCABULARY HELP

raise (l. 2) – take care of children while they are growing up
rub off (l. 17) – be transferred to • aware (l. 20) – conscious • up to (l. 32) – doing

