



Review

Arsenic and antimony desorption in water treatment processes: Scaling up challenges with emerging adsorbents



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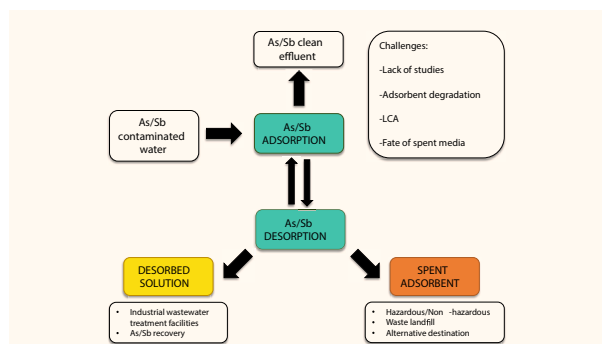
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HIGHLIGHTS

- The chemical desorption of As and Sb from spent adsorbents was reviewed.
- The most common eluents for As and Sb are NaOH and HCl, respectively.
- Desorption efficiencies of many types of adsorbents were summarized.
- Regeneration cycles in batch and continuous mode were discussed.
- Knowledge gaps, current challenges, and future research needs were identified.

GRAPHICAL ABSTRACT



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ABSTRACT

The metalloids arsenic (As) and antimony (Sb) belong to the pnictogen group of the periodic table; they share many characteristics, including their toxic and carcinogenic properties; and rank as high-priority pollutants in the United States and the European Union. Adsorption is one of the most effective techniques for removing both elements and desorption, for further reuse, is a part of the process to make adsorption more sustainable and feasible. This review presents the current state of knowledge on arsenic and antimony desorption from exhausted adsorbents previously used in water treatment, that has been reported in the literature. The application of different types of eluents to desorb As and Sb and their desorption performance are described. The regeneration of saturated adsorbents and adsorbate recovery techniques are outlined, including the fate of spent media and possible alternatives for waste disposal of exhausted materials. Future research directions are discussed, as well as current issues including the lack of environmental impact analysis of emerging adsorbents.

1. Introduction

Arsenic (As) and antimony (Sb) are both metalloids from the

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Abbreviations*List of acronyms*

| | |
|-------|--|
| DE | Desorption |
| EDTA | Ethylenediaminetetraacetic acid |
| HRT | Hydraulic Retention Time |
| LCA | Life Cycle Assessment |
| MOFs | Metal-Organic Frameworks |
| MTZ | Mass Transfer Zone |
| PET | Polyethylene Terephthalate |
| PFAS | Poly- and Perfluoroalkyl Substances |
| STLC | Soluble Threshold Limit Concentration |
| TCLP | Toxicity Characteristic Leaching Procedure |
| TTLP | Total Threshold Limit Concentration |
| USPHS | US Public Health Service |
| WHO | World Health Organization |
| WTRs | Water Treatment Residues |

List of symbols

| | |
|-------------------|--|
| a | initial rate of adsorption/desorption ($\text{mg g}^{-1} \text{h}^{-1}$) |
| b | coverage scale factor that corresponds to the reciprocal of the coverage at which the adsorption/desorption rate has fallen to $1/e$ of its initial value (g mg^{-1}) |
| C | concentration of adsorbate left in the solution (mg L^{-1}) |
| k_2 | pseudo-second-order kinetic constant ($\text{g mg}^{-1} \text{h}^{-1}$) |
| m | mass of adsorbent (g) |
| q_a | adsorption capacity (mg g^{-1}) |
| q_d | desorption capacity (mg g^{-1}) |
| d_e | desorption efficiency (%) |
| q_{loss} | reduction in the adsorption capacity (%) |
| q_o | initial adsorption capacity of the fresh adsorbent (mg g^{-1}) |
| q_r | adsorption capacity after regeneration (mg g^{-1}) |
| r^2 | coefficient of determination |
| V | solution volume (L) |

pnictogen group of the periodic table. They share a lot of characteristics including being very toxic for humans, carcinogenic and classified as high-priority pollutants by the European Union and the United States (Guo et al., 2014). They can exist naturally in the environment, and are often combined; nevertheless, anthropogenic activities are also responsible for their occurrence in waters at hazardous levels. The World Health Organization (WHO) recommends limit concentrations in drinking water as $10 \mu\text{g L}^{-1}$ and $20 \mu\text{g L}^{-1}$ for As and Sb, respectively (WHO, 2022). However, stricter regulations may be found in the United States, the European Union, and China ((MOH), M.o.H.o.t.P.s.R.o.C, 2006; EPA, 2002; European Union, C, 2020).

The most predominant forms of arsenic and antimony in the environment are the inorganic species (iAs, iSb) found in two main oxidation states: trivalent (As(III), Sb(III)) and pentavalent (As(V), Sb(V)), which are most commonly combined with sulfur, oxygen and/or iron (Pintor et al., 2018; Qi and Pichler, 2017). The more oxidized species are usually found under oxic conditions, just as the more reduced species are found under anoxic conditions (Müller et al., 2022; Smichowski et al., 1998; Gebel, 1997). The trivalent forms of both species are considered more toxic to humans (Pintor et al., 2020) and are usually harder to remove from water.

Since As and Sb are toxic, pose a threat to human health, and are subject to legal limits, the removal of As and Sb from water and wastewater is mandatory (Pintor et al., 2022). Coagulation/flocculation, ion exchange, membrane separation, chemical oxidation, electrochemical methods, phytoremediation, bioremediation, biofiltration, and adsorption are some of the technologies used to remove As and Sb from water (Ungureanu et al., 2015). Adsorption is considered one of the most attractive water treatment technologies due to its simple design requirements, high removal efficiency, low cost, and easy operation (Alka et al., 2021; Long et al., 2020a). Activated carbon, activated alumina, and ion exchange resins are the most common and commercially available adsorbents (Ungureanu et al., 2015). The use of non-conventional adsorbents, such as natural biomass-based materials and novel functional composites, can increase the cost-effectiveness and the environmental friendliness of the adsorption process.

Mathematical models based on the nature of adsorbate-adsorbent interactions and bed profiles have been developed to predict the operation of an adsorption system (Xu et al., 2013). After a certain operation time (which varies depending on the operational conditions, sorbent type, and effluent characteristics) the adsorbent becomes saturated and must be replaced or treated via a regeneration process before it can be reused (Alka et al., 2021). Many benefits are associated with the regeneration of saturated adsorbents, including economic savings and reduced environmental impact (Vakili et al., 2019). In terms of

environmental and economic feasibility, the adsorption process is dependent on the reuse of the exhausted adsorbent through regeneration and, in certain circumstances, the recovery of a valuable adsorbate, such as antimony, from the saturated bed. When the adsorbent or adsorbate is easily obtainable at low cost, desorption may not be economically viable; nevertheless, desorption can be a more ecologically friendly alternative.

Adsorbent regeneration may be achieved by thermal, chemical, biological, and ozonation processes. Chemical or solvent desorption (DE) is generally viewed as the most cost-effective method (Patel, 2021). Like adsorption, desorption can be conducted in batch or continuous (column) mode, and the solvent solution is also known as the eluent. Acids, bases, salts, and complexing agents are different categories of chemicals accessible for use as eluents. A successful desorption process is dependent on the appropriate selection of eluent type and concentration, which is primarily determined by the adsorbent material and the respective adsorption mechanism to the adsorbent (Lata et al., 2015).

Several review papers have explored the adsorption of arsenic by various types of adsorbents, including iron and aluminum-based adsorbents (Giles et al., 2011; Gallegos-Garcia et al., 2012), titanium dioxide (Yan et al., 2016; Guan et al., 2012), rare-earth-based materials (Yu et al., 2018), graphene-based materials (Yang et al., 2016), activated carbons (Meez et al., 2021; Deliyanni et al., 2015; Mondal and Garg, 2017), biochars (Srivastav et al., n.d.), modified natural materials (Asere et al., 2019; Yeo et al., 2021), nano adsorbents (Patel et al., 2019; Siddiqui et al., 2019; Habuda-Stanic and Nujic, 2015; Lata and Samadder, 2016), functional sorbents (Liu et al., 2020), lignocellulosic materials (Maia et al., 2021), chitosan-derivatives (Pontoni and Fabbriano, 2012), biopolymer-based hydrogels (Pathan and Bose, 2020), and hydrotalcite (Dias and Fontes, 2020). However, few reviews have explored the adsorption of antimony. Some researchers have focused on adsorbent categories such as iron-based adsorbents (Deng et al., 2017; Yang et al., 2017) and carbon-based nanomaterials (Hu et al., 2021); while others have generally studied various types of adsorbents (Ungureanu et al., 2015; Cheng et al., n.d.).

The desorption and recovery of heavy metals (Vakili et al., 2019; Lata et al., 2015), as well as the desorption of organic pollutants (Baskar et al., 2022), and more specifically poly- and perfluoroalkyl substances (PFAS) (Gagliano et al., 2020), have been covered in reviews. Although arsenic desorption has been briefly reported (Lata et al., 2015; Carneiro et al., 2022a), the status of pnictogen desorption and recovery, such as arsenic and antimony, has not yet been investigated.

To fill this gap, this paper discusses the current state of the art of chemical desorption of arsenic and antimony oxyanions from exhausted media, including the eluent effect, regeneration and recovery,

challenges, and future perspectives. The paper is organized in sections presenting a short bibliometrics on the topic (Section 2), followed by a brief description of the adsorption of pnictogens (Section 3). The desorption parameters in batch and continuous mode are presented in Section 4, and the desorption mechanism is discussed in Section 5. Section 6 presents the last studies on arsenic desorption reported in the literature, followed by Section 7 which presents the same for antimony desorption. Batch vs continuous mode desorption is discussed in Section 8. Sections 9 and 10 discuss the regeneration and fate of spent adsorbent, as well as the recovery and fate of desorbed solution, respectively. Lastly, Section 11 outlines the current challenges on the topic and Section 12 draws conclusions according to the findings.

2. Short bibliometrics

A brief bibliometric study on As and Sb adsorption and desorption was carried out in the Web of Science and Scopus databases, in January 2024. The terms “arsenic AND adsorption AND water”, “arsenic AND desorption AND water”, “antimony AND adsorption AND water”, and “antimony AND desorption AND water” were selected. The findings are represented in Fig. 1.

The number of publications on “arsenic AND adsorption AND water” is almost ten times higher than that on “antimony AND adsorption AND water”. This might be supported by the fact that arsenic contamination in drinking water is a much older concern than antimony contamination. Arsenic’s first regulation in water was established by the U.S. Public Health Service (USPHS) in 1942, with a recommended value of $50 \mu\text{g L}^{-1}$ (Pontius, 1994; USPHS, 1943), which was later reduced to $10 \mu\text{g L}^{-1}$ in 1962 (Smith and Smith, 2004). Furthermore, it was included in the first international standard for drinking water, published by the World Health Organization in 1958 with a maximum allowable concentration of 0.2 mg L^{-1} (World Health, O, 1958). Antimony, on the other hand, received its first WHO recommendation over 50 years later, in 1993, of $5 \mu\text{L}^{-1}$ for drinking water (World Health, O, 1993), which was modified to $20 \mu\text{g L}^{-1}$ in the 2017 edition (WHO, 2017).

Another reason for the higher number of academic papers addressing arsenic adsorption, than those focusing on antimony adsorption, is the larger population impacted by arsenic pollution in drinking water. It is estimated that arsenic-contaminated waters affect >230 million people globally, with a substantial part of the population being from developing nations (Shaji et al., 2021). Adsorption as a technology for arsenic removal from water is attractive for these nations since it is considered both inexpensive and effective (Dudek and Kołodyńska, 2022; Patel, 2019).

Antimony pollution is also a worldwide issue, although the population exposed to antimony-contaminated water has not yet been

estimated. Contamination of water resources in the vicinity of shooting-range soils and mining sites with Sb is a problem in countries such as China, the U.S., and Spain, among other economic powers (Li et al., 2018; Bolan et al., 2022), which should be encouraged to develop and implement more robust and expensive water treatment solutions.

In Fig. 1, we can also observe the gap between the adsorption and desorption studies. The desorption of arsenic or antimony has been reported approximately 5–6 times less often in academic publications than adsorption, even though desorption is an essential step of the treatment process. Antimony desorption may be even more relevant because the element is widely applied in industry and its recovery may be important because it is identified as being at critical levels of availability in some regions, such as the European continent (Cole-Hamilton, 2020).

Fig. S.1 presents the global distribution of publications on the terms “antimony AND desorption AND water” and “arsenic AND desorption AND water”. China has the most publications in both terms, followed by the United States, which has a stronger presence in arsenic desorption. Among the top 20 countries ranking for publications on arsenic desorption we found the most affected countries by arsenic contamination in water: China, the U.S., India, Japan, Pakistan, Argentina, Brazil, Taiwan, Mexico, Vietnam, and Bangladesh.

China has been the largest antimony producer worldwide for 110 years, with >60 % of global production (in 2019), which is mainly associated with the major mined ore deposits located in the country (Herath et al., 2017; Nishad and Bhaskarapillai, 2021). Between 2006 and 2016, China released 1915.58 Gg of antimony into the biosphere, with a recycling rate of just 0.91 % in 2013 (Chu et al., 2019). This, together with the expanding scientific dominance of China, may help to explain the nation’s interest in and leadership in antimony desorption research.

For both arsenic and antimony, three journals published more papers: Journal of Hazardous Materials, Chemosphere, and Science of the Total Environment. In terms of keywords associated to documents found for each expression, it’s worth noting that “pH” was highly mentioned for both “desorption AND arsenic AND water” and “desorption AND antimony AND water”. “Groundwater” and “iron” were among the top ten keywords associated to the documents published about “arsenic AND desorption AND water”. This was expected, given iron’s significant propensity to bind with arsenic, resulting in the incorporation of this element as the most common alteration of biosorbents to increase arsenic removal rates (Carneiro et al., 2021).

The research methodology of this systematic review consisted of searching the terms “arsenic AND desorption AND water” in the Scopus and Web of Science databases. The criteria for the selected articles included the presence of desorption/regeneration assays and the description of quantitative parameters, as summarized in Fig. S.2.

3. Adsorption of pnictogens

Antimony and arsenic are toxic elements that can be removed from water by similar low-cost treatment processes due to their chemical similarities; for example, good removal results by adsorption have been demonstrated.

When designing an adsorption system, the adsorbent type is not the only relevant aspect to be considered. The adsorption process can be dependent on the following factors: pH, pH_{zpc} , adsorbent dosage, temperature, pressure, surface area of the adsorbent, and presence of co-existing ions (Zaimée et al., 2021). Moreover, adsorption in continuous mode might also be affected by other parameters, such as flow rate, hydraulic retention time (HRT), and adsorbate initial concentration (Carneiro et al., 2021). Both Sb and As removal strategies can include the oxidation of the trivalent species, which are harder to adsorb, to the pentavalent species, which has greater affinity for most adsorbents.

Much research has been conducted on arsenic and antimony adsorption by different materials and under various conditions. The most frequent treatment for increasing the arsenic adsorption capacity

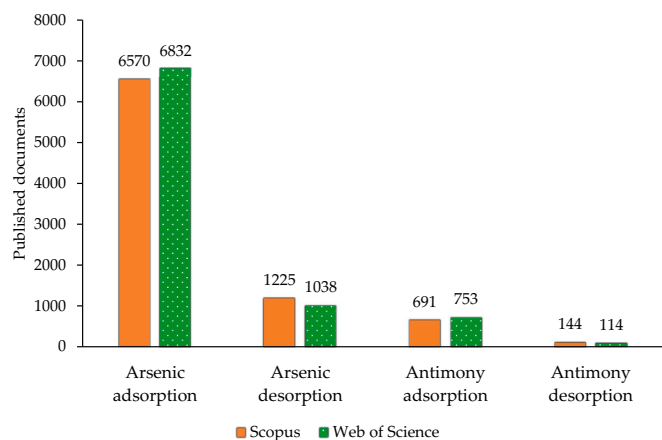


Fig. 1. Published documents for each term on arsenic and antimony adsorption and desorption from water.

of adsorbent materials is iron incorporation, followed by the addition of other metals, such as aluminum and zirconium (Carneiro et al., 2021). The materials developed to adsorb arsenic usually exhibit affinity for antimony removal (Pintor et al., 2018; Pintor et al., 2020; Carneiro et al., 2022a; Vieira et al., 2017; Kavacak and Dölgem, 2023; Bacelo et al., 2020; Bacelo et al., 2022) due to the chemical characteristics shared by the elements. Nano adsorbents, such as carbon nanofibers, carbon nanotubes, and metal-organic frameworks (MOFs), have great potential for removing metalloids from contaminated effluents, however, their small diameter limits their application on a large scale. To overcome this issue, a hybrid aerogel with MOFs embedded in a cellulose nanocrystal matrix has been developed with a diameter of 2 μm (Zhang et al., 2023a). This aerogel was capable of adsorbing high quantities of Sb(V).

Because the resultant composites might inherit the properties of the parent materials while also displaying synergistic effects, the creation of composite adsorbents integrating two or more metal oxides may enhance their adsorption capacities (Zhang et al., 2023b). Not only have binary metal oxides reached significant adsorption capabilities, but so has biosorption (Carneiro et al., 2021). Biosorption has several advantages, such as the use of cheap abundant biomaterials, relatively low operational cost (Senthil Kumar and Nguéagni, 2022), and potential lower carbon emissions.

Arsenic and antimony can coexist in contaminated drinking water resources (Gan et al., 2023). There have been investigations on the effect of coexisting pnictogens (Pintor et al., 2021; Qiu et al., 2019) and the possibility of simultaneous As–Sb removal has been demonstrated (Pintor et al., 2022; Belozerova et al., 2022; Xu et al., 2022; Long et al., 2022). Lately, studies have found removal capacities of adsorption systems operating in continuous mode in the range of 4 to 30 mg g^{-1} of arsenic (Carneiro et al., 2022a; Saldaña-Robles et al., 2018; Ociński and Mazur, 2020) and 6 to 31 mg g^{-1} (Bacelo et al., 2022; Dabbagh et al., 2019; Zhu et al., 2021; Iqbal et al., 2013) of antimony. Fixed-bed columns operating with both elements have removed As and Sb under World Health Organization drinking water guidelines of 10 $\mu\text{g L}^{-1}$ and 20 $\mu\text{g L}^{-1}$, respectively (Qiu et al., 2019; Lu et al., 2015).

Adsorption mechanisms include surface precipitation, physical adsorption, ion exchange, electrostatic attraction, and functional group complexation (Masindi et al., 2022). The type of interaction between the adsorbate and adsorbent can vary with the type of adsorbent and the element species. The Langmuir and Freundlich equilibrium models, which describe monolayer adsorption onto a homogeneous surface and chemisorption on a heterogeneous surface, respectively, are the most often used models for characterizing As (Yeo et al., 2021) and Sb adsorption (Long et al., 2020a; Peng et al., 2023).

4. Desorption parameters

Desorption can be viewed as the opposite of the adsorption process, in which adsorbates are released from the adsorbent surface either by substitution for an ion with a strong affinity for the saturated adsorbent or through chemical interactions with the eluent (Michael et al., 2018). Fig. S.3 illustrates how the adsorption/desorption process of arsenic/antimony takes place.

Eluents for As or Sb are commonly of three types: bases, acids or complexing agents. The bases usually exchange the hydroxyl groups for the As and Sb in the oxyanions forms; the acids usually dissolve the chemical interaction with protonic sites in the adsorbent; and the complexing agents will remove the adsorbate from the adsorbent by complexation. The optimal eluent is chosen by balancing i) desorption efficiency, ii) regeneration capacity of the adsorbent under treatment, and iii) toxicity and disposal of the eluting solution. Stronger eluent concentrations are usually associated to a higher desorption efficiency, however with an increased risk of damaging the adsorbent. Complexing agents are usually associated with a lower desorption efficiency and higher cost.

The desorption performance may be assessed by quantifying the

desorption capacity, q_d (mg g^{-1}), and the desorption efficiency, d_e (%). The following equations can be used to calculate q_d and d_e .

In batch mode (Patel, 2021):

$$q_d = \frac{V \cdot C}{m}$$

where V is the solution volume (L), C is the concentration of adsorbate in the eluent after contacting the adsorbent (mg L^{-1}), and m is the mass of adsorbent (g).

In continuous mode:

$$q_d = \frac{\text{adsorbate mass}_{\text{out}}}{\text{adsorbent mass}}$$

where $\text{adsorbate mass}_{\text{out}}$ is the eluted mass of the adsorbate in the solution (mg), and adsorbent mass is the adsorbent mass in the bed (g).

The desorption efficiency can be defined for both modes as follows:

$$d_e = \frac{\text{adsorbate mass}_{\text{out}}}{\text{adsorbate mass}_{\text{in}}} \times 100$$

where $\text{adsorbate mass}_{\text{in}}$ is the mass of arsenic retained in the saturated adsorbent in the previous adsorption cycle.

The regeneration process can cause a decrease in the adsorption capacity of the adsorbent (q_{loss}), which can be calculated by the expression:

$$q_{\text{loss}}(\%) = \left(1 - \frac{q_r}{q_0}\right) \times 100$$

where q_r is the adsorption capacity after regeneration (mg g^{-1}) and q_0 is the initial adsorption capacity of the fresh adsorbent (mg g^{-1}).

The pH, time of contact or retention time, flow rate, eluent type, concentration of desorbing agent in solution, surface characteristics of the adsorbent, surface coverage, and coexisting ions all influence desorption efficiency, d_e (Carneiro et al., 2021; Tuutijärvi et al., 2012). Compared with fresh adsorbents, regenerated adsorbents commonly suffer a reduction in the adsorption parameters, such as adsorption capacity and breakthrough time, compared with the fresh adsorbent. This difference may be due to the degradation of the adsorbent or the presence of undesorbed arsenic/antimony. An increase in the mass transfer zone after adsorption-desorption cycles (Carneiro et al., 2022b) and an increase in arsenic adsorption capacity after 2 to 6 cycles were observed in the literature (Ociński and Mazur, 2020), which might be justified by the desorption of the remaining adsorbate from the previous cycles.

5. Desorption mechanism

Desorption equilibrium and kinetics can be represented by the same theoretical models of adsorption equilibrium (e.g. Langmuir (1918), Freundlich (1907)) and kinetics (e.g. pseudo-first-order, pseudo-second-order, Elovich and Larionov (1962)), yet this does not indicate that adsorption kinetics and mechanism are the same as for desorption (Ghosh et al., 2004). The adsorption and desorption curves are similar in batch mode; however, in continuous mode, the adsorption and desorption profiles are different, as shown in Fig. S.4. The graph from adsorption in continuous mode (Fig. S.4.c) was made using C/C_0 values, which is more usual, but using mg L^{-1} experimental values on y-axis will result in the same shape.

Adsorption curves in continuous mode, also known as breakthrough curves, are “s”-shaped, and a range of models can be fitted to the experimental data, such as the Yan model (Yan et al., 2001), the Thomas model (Thomas, 1944), and the Yoon-Nelson model (Yoon and Nelson, 1984). Desorption curves are shaped like a half-bell curve, and no theoretical models currently exist to be applied for describing them.

The study of desorption kinetics is important to predict the possible leaching of pollutants from the spent adsorbent media. Slow desorption

kinetics may prevent equilibria from occurring with short elution times (Ghosh et al., 2004), which could reduce desorption efficiency in column mode and, as a result, the adsorption capacity of the material in subsequent cycles, thereby affecting its potential for reuse.

Arsenic desorption from different adsorbents using 0.1 M NaOH showed similar kinetics, with a rapid phase lasting approximately 4 h, followed by a slower phase lasting 24 h before reaching equilibrium (Carneiro et al., 2022b; Wang et al., 2016; He et al., 2018). Antimony desorption from rapeseed straw biochar was time-dependent, and biochar that had been coated with Mn was more stable than that without this element (Jia et al., 2020). Table S.1 shows the As/Sb desorption kinetics parameters for different adsorbents.

6. Desorption of arsenic

The desorption of arsenic and the regeneration performance of different types of adsorbents reported in the literature are summarized in Table 1. The adsorbent types were categorized into four groups: biochar and (modified) biosorbents, nanomaterials, commercial adsorbents, and others.

The biochar and modified biosorbents could be regenerated to remove arsenic for many cycles. For some biosorbents, such as green algae, the arsenic removal efficiency stayed above 90 % after 10 cycles (Tuzen et al., 2009). Most of the bio-based materials could be reused for 3–5 cycles with an adsorption capacity loss of about 10–40 %. Nanomaterials were reused for around six adsorption-desorption cycles, during which the adsorption loss ranged from 5 to 86 %. Commercial adsorbents achieved the lowest average reduction in adsorption capacity of around 6 %. This could be due to previous optimization of the products before they were released into the market.

In desorption experiments, As(V) was studied twice as much as As(III). In terms of desorption efficiency, different outcomes were reported for the two species, depending on the type of adsorbent used; it is more common to suffer higher loss of As(V) than As(III) adsorption capacity. After five adsorption-desorption cycles, functionalized sugarcane bagasse showed a 14 % reduction in As(III) adsorption capacity, whereas the reduction in As(V) adsorption capacity was 22 % (Gupta et al., 2015). Similar findings were observed for Fe(III) - biomass of *Staphylococcus xylosus* (Aryal et al., 2010), although Ce–Ti hybrid oxide, after five adsorption-desorption cycles, had lower arsenite adsorption capacity than arsenate (Li et al., 2010).

6.1. Analysis of desorption efficiency by type of eluent

Fig. 2 shows an overview of the eluents applied for the arsenic desorption studies presented in Table 1. The most common types of chemical eluents used to regenerate adsorbents were bases and acids, more specifically NaOH and HCl, respectively. Nevertheless, many salts were tested for arsenic removal because they are less aggressive toward material structures. A mixture of chemicals is also common practice for metal desorption (Lee et al., 2017; Chaudhary and Farrell, 2015).

6.1.1. Bases

Sodium hydroxide was the most explored eluent in the regeneration of arsenic-loaded adsorbents. Fig. 3 shows the desorption efficiency of NaOH by the type of adsorbent. We can observe that 0.1 M was the most applied concentration (with a pH close to 13 (Carneiro et al., 2022b)), mainly on biochar and (modified) biosorbents, which can be more sensitive to high pH solutions. The efficiency of NaOH in removing As from these materials varied widely, but for nanomaterials and other adsorbents, the desorption efficiency of NaOH ranged between about 70 and 100 %.

The increase in NaOH concentration was not strictly related to the increase in desorption efficiency. Some studies with varying ranges of NaOH concentrations found an optimal concentration of 0.1 M to achieve the highest arsenic desorption (Carneiro et al., 2022b; Asadi Haris

et al., 2023). An optimal concentration of 2 %, between 1 % and 6 %, has also been reported (Chen et al., 2015). The higher performance of NaOH may be related to the repulsion of the adsorbent surface and the more negatively charged arsenate form AsO_4^{3-} at pH values above 11.5 (Ungureanu et al., 2015). For iron-based adsorbents, NaOH can be even more efficient due to the higher affinity of OH^- to form a bond with Fe^{3+} compared to AsO_4^{3-} (Tuutijärvi et al., 2012).

6.1.2. Acids

The most common acid eluent applied for arsenic desorption is HCl. The application of 0.09 M HCl to desorb both inorganic arsenic species from the Fe(III) - biomass of *Staphylococcus xylosus* was highly efficient in terms of the desorption rate (Aryal et al., 2010). After consecutive adsorption-desorption cycles, the adsorbent exhibited a decrease in adsorption capacity for both arsenate and arsenite, but the reduction in As(V) capacity was greater. A weaker acid solution of HCl 0.01 M was applied to regenerate orange peel biosorbents for three cycles (Abid et al., 2016). A greater reduction in the adsorption capacity of arsenate was observed for natural orange peel (NOP) than for charred orange peel (COP). A more successful acid desorption process was reported for Zinc-impregnated biochar (Z-LBC) using 2.5 % HCl, in which the adsorbent could pass through four regeneration cycles with only a slight loss in As(V) removal capacity (Park et al., 2021).

HNO_3 0.1 M was tested for arsenic elution from iron-coated cork granulates (ICG), but the desorption efficiency was found to be only 34 % (Carneiro et al., 2022b). Moreover, the desorbing agent caused high leaching of the iron present in the adsorbent. Many other adsorbents have been reported to suffer the same effect after desorption in acidic solutions (Yeo et al., 2022b; Ghimire et al., 2002). The hindrance in the application of acid eluents is sometimes the degradation of the adsorbent; thus, weaker acids, such as organic acids (Zhang et al., 2021), can be less aggressive, although with lower desorption rates. The iron-based adsorbents may need to reload the iron coating after desorption and before the next adsorption cycle (Yeo et al., 2022b). Performing a reloading may result in a reduction in the adsorbents's removal capacity, making it more advantageous to simply use a fresh adsorbent.

6.1.3. Salts and others

The desorption of arsenic was also reported in the literature using salts such as NaCl, Na_2CO_3 , NaNO_3 , Na_2SO_4 , Na_2HPO_4 and CaCl_2 . Arsenic desorption efficiencies of 100 % from PEI-coated bacterial biosorbent were achieved using 0.01 M Na_2SO_4 (Kim et al., 2019), and from activated carbons using 0.5 M NaNO_3 and 0.5 M NaCl (Di Natale et al., 2013). In comparison with other chemicals, NaCl has a lower acquisition cost, which makes it a very attractive choice (Di Natale et al., 2013).

In addition to bases, acids and salts, the complexing agent EDTA was considered for arsenic removal. However, EDTA had one of the lowest desorption efficiencies in a study using arsenic-loaded iron-coated cork granulates (Carneiro et al., 2022b). On the other hand, sodium acetate successfully removed arsenate from Zn-HypoGel sorbent, and the resin was regenerated for five adsorption-desorption cycles (Moffat et al., 2014).

7. Desorption of antimony

The effect of different chemical eluents on the performance of antimony desorption has also been explored in the literature. Table 2 summarizes the data reported in the literature for Sb(V) and Sb(III) desorption efficiencies as well as regeneration performance in batch mode for different types of adsorbents: biochar and (modified) biosorbents, nanomaterials, and others.

Most of the materials used in antimony adsorption-desorption cycles were nanomaterials. They often have greater adsorption capacities, which is advantageous for potential Sb recovery. On average, the antimony desorption efficiency reported in these studies was lower than that reported for arsenic.

Table 1
Desorption of arsenic and regeneration performance of adsorbents in batch mode.

| Adsorbent | Species | Time (h) | Eluents | Desorption efficiency (%) | Cycles | Adsorp. capacity reduction | Ref. |
|--|-----------------|----------|--|---------------------------|--------|----------------------------|------------------------------------|
| Biochar and (modified) biosorbents | | | | | | | |
| Al(III) Kapok fibers | As(V) | 1 | 0.01 M HCl | – | 5 | ~33 % | (Yeo et al., 2022a) |
| Fe(III) modified Kapok fiber | As(V) | – | 0.1 M HCl | – | 4 | ~38 % | (Yeo et al., 2022b) |
| Charred orange peel (COP) | As(V) | 1.5 | 0.01 M HCl | – | 3 | 10 % | (Abid et al., 2016) |
| Natural orange peel (NOP) | | | | | | 26 % | |
| Fe(III) - biomass of <i>Staphylococcus xylosum</i> | As(III) | 0.5 | 0.09 M HCl | 100 | 5 | ~20 % | (Aryal et al., 2010) |
| | As(V) | 2 | | | | ~40 % | |
| <i>Garcinia cambogia</i> plant | As(III) | 0.5 | 0.05 M NaOH 0.1 M Na ₂ CO ₃ 0.2 M NaCl | ~99 | 1 | – | (Kamala et al., 2005) |
| Green alga (<i>U. cylindricum</i>) | As(III) | 1 | 1 M HCl | 95 | 10 | ~2 % | (Tuzen et al., 2009) |
| | | | 1 M HNO ₃ | 85 | | | |
| HFO-treated sugarcane bagasse | As(V) | – | 30 % HCl | 17 | 1 | – | (Pehlivan et al., 2013) |
| | | | 1 M NaOH | 54–85 | | | |
| Thiol-functionalized sugarcane bagasse | As(III) | 1 | 0.01 M HCl | – | 5 | 14 % | (Gupta et al., 2015) |
| | As(V) | | | | | 22 % | |
| Iron-coated cork granulates (ICG) | As(V) | 24 | 0.01 M NaOH | 69 | 4 | 82 % | (Carneiro et al., 2022b) |
| | | | 0.1 M NaOH | 92 | 2 | 88 % | |
| | | | 0.1 M KOH | 83 | 1 | – | |
| | | | 0.1 M Na ₂ CO ₃ | 56 | 1 | – | |
| | | | 0.1 M HNO ₃ | 34 | 1 | – | |
| | | | 0.5 M Na ₂ HPO ₄ | 22 | 1 | – | |
| | | | 0.5 M EDTA | 13 | 1 | – | |
| | | | 0.5 M KNO ₃ | 1.8 | 1 | – | |
| Iron-impregnated biochar | As(V) | 48 | 0.1 M NaOH | 72–60 | 3 | 26–37 % | (He et al., 2018) |
| Polyethylenimine-coated bacterial biosorbent | As(V) | 1 | 0.01 M NaCl | ~85–55 | 3 | – | (Kim et al., 2019) |
| | | | 0.01 M Na ₂ SO ₄ | ~100–95 | 3 | – | |
| | | | 0.01 M NaOH | 100 | 3 | 15 % | |
| Water melon rind (WMR) | As(III)/As(V) | 0.67 | 0.1 M NaOH | 97–20 / 98–50 | 4 | – | (Shakoor et al., 2018) |
| Citric acid WMR | | | | 94–11 / 93–15 | | | |
| Xanthated WMR | | | | 98–32 / 96–47 | | | |
| Zinc-impregnated lignin biochar (Z-LBC) | As(V) | – | 2.5 % HCl | – | 4 | 9 % | (Park et al., 2021) |
| Magnetic biochar from Kans grass | As(III) | 14 | 0.5 M NaOH | 68 | 1 | – | (Baig et al., 2014) |
| | As(V) | | | 89 | | | |
| Magnetic wheat straw | As(V) | 3 | 0.1 M NaOH | – | 10 | >80 % | (Tian et al., 2011) |
| Hydrated ferric oxide biochar nanohybrids | As(III) | 3 × 2 | 0.5 M NaOH | – | 6 | ~10 % | (Zhu et al., 2022) |
| Magnetite-modified water hyacinth biochar | As(V) | 12 | 0.1 M HCl | ~80 | 4 | 49.2 % | (Zhang et al., 2016) |
| Ni/Mn-LDHs on pristine biochars (NMMB) | As(V) | 48 | 0.1 M NaOH | 81.7 | 3 | 2 % | (Wang et al., 2016) |
| Cross-linked alginate beads (CABs) | As(V) | – | 0.3 M NaOH | ~85 | 5 | 35 % | (Raval and Kumar, 2022) |
| Biochar (BC)/nZVZn | As(III) | 0.67 | 0.2 M NaOH | 77–31 | 3 | – | (Masood ul Hasan et al., 2023) |
| | As(V) | | | 78–43 | | | |
| Biochar/ Hydroxyapatite (BC/HA-alginate) | As(III) | 0.67 | 0.2 M NaOH | 88–30 | 3 | – | (Masood ul Hasan et al., 2023) |
| | As(V) | | | 64–25 | | | |
| Nanomaterials | | | | | | | |
| Chitosan graphene oxide-gadolinium oxide nanorods | As(V) | 1 | 0.1 M NaOH | 98–75 | 6 | 22 % | (Choi et al., 2020) |
| Cross-linked alginate beads impregnated with bilayer-oleic coated magnetite (CAB@BOFe) | As(V) | – | 0.3 M NaOH | ~11 | 5 | 8 % | (Raval and Kumar, 2022) |
| δ-MnO ₂ @Fe/Co-MOF-74 nanocomposite | As(III) | 6 | 0.1 M NaOH | – | 4 | 21.1 % | (Yang et al., 2021a) |
| Graphene nanoplatelets | As(III) | 3 | 2.0 M NaOH | 68.35 | 1 | – | (Nandi et al., 2021) |
| | | | 2.0 M KOH | 81.07 | | | |
| Magnetic γ-Fe ₂ O ₃ nanoparticles | As(III) | 3 | 1 M NaOH | – | 6 | 61 % | (Lin et al., 2012) |
| | As(V) | | | | | 40 % | |
| Sol-gel maghemite nanoparticles | As(V) | 48 | 1 M NaOH | >95 | 6 | 5–10 % | (Tuutijärvi et al., 2012) |
| Superparamagnetic iron oxide nanoparticles (SPIONs) | As(III) | – | 0.1 M NaOH | 82 | 8 | 86 % | (Asadi Haris et al., 2023) |
| | | | 0.1 M HCl | 43 | – | | |
| Electrospun polyethylenimine/polyvinyl chloride nanofiber sheets | As(V) | 2 | 0.02 M NaOH | 95 | 5 | 9 % | (Wang et al., 2023a) |
| Fe ₃ O ₄ @surfactants nanoparticles | As(V) | 0.5 | 1 M NaOH | – | 5 | 15 % | (Zhao et al., 2023) |
| Fe ₃ O ₄ - polyurethane (PU) foam nanocomposite | As(V) + As(III) | – | 0.1 M HCl + 0.1 M NaOH | 90–70 | 5 | 28 % | (Tamaddoni Moghaddam et al., 2023) |
| La ₂ O ₃ -sawdust | As(III) | 24 | 1 M HNO ₃ | 100 | 1 | 0 % | (Setyono and Valiyaveetil, 2014) |
| | As(V) | | | 93 | | | |
| ZrO ₂ -sawdust | As(III) | 24 | 1 M NaOH | 30 | 1 | ~50 % | (Setyono and Valiyaveetil, 2014) |
| | As(V) | | | 30 | | | |
| Commercial adsorbents | | | | | | | |

(continued on next page)

Table 1 (continued)

| Adsorbent | Species | Time (h) | Eluents | Desorption efficiency (%) | Cycles | Adsorp. capacity reduction | Ref. |
|---|---------|----------|-------------------------|---------------------------|--------|----------------------------|--------------------------------|
| Activated carbon – Aquacarb 207 EA | As(V) | 72 | 0.05–1 M NaCl | 100 | 1 | <7 % | (Di Natale et al., 2013) |
| | | | 0.5 M CaCl ₂ | 84 | | | |
| | | | 0.5 M NaNO ₃ | 100 | | | |
| | | | 0.5 M NaOH | 100 | | | |
| ARM200 (VV) | As | 24 | 6 % NaOH | 87.2 | 1 | – | (Chen et al., 2015) |
| Commercial maghemite | As(V) | 48 | 1 M NaOH | >95 | 6 | 5 % | (Tuutijärvi et al., 2012) |
| E33-G | As | 24 | 6 % NaOH | 88.1 | 1 | – | (Chen et al., 2015) |
| GFH | As | 24 | 6 % NaOH | 51.6 | 1 | – | (Chen et al., 2015) |
| Lanthanum-modified iron oxide | As(V) | 6 | 0.05 M NaOH | 40.95 | 1 | – | (Dudek and Kołodzyńska, 2022) |
| | | | 0.2 M NaOH | 83.03 | 1 | – | |
| | | | 1 M NaOH | 98.78–94.54 | 1–3 | 6 % | |
| Nano-zero valent zinc (nZn) | As(III) | 0.67 | 0.2 M NaOH | 81–45 | 3 | – | (Masood ul Hasan et al., 2023) |
| | As(V) | | | 84–41 | | | |
| Others | | | | | | | |
| Amine-doped acrylic ion exchange fiber | As(V) | 2 | 0.1 N HCl + 0.1 N NaOH | – | 9 | ~17 % | (Lee et al., 2017) |
| Iron oxide coated geopolymer microspheres | As(III) | 1 | 1 M NaOH | 72 | 1 | – | (Thakur and Armstrong, 2021) |
| | As(V) | | | 99 | | | |
| Iron-oxide-coated natural rock (IOCNR) | As | 6 | 1 M NaOH | 95 | 1 | ~49 % | (Maji et al., 2011) |
| Hausmannite | As(V) | 2 | Citric acid pH 4 | ~40 | 1 | – | (Barreto et al., 2020) |
| | | | Citric acid pH 5 | ~60 | | | |
| | | | Citric acid pH 6 | ~67 | | | |
| | | | Citric acid pH 6 | ~71 | | | |
| Hematite | As(V) | 2 | Citric acid pH 4 | ~17 | 1 | – | (Barreto et al., 2020) |
| | | | Citric acid pH 5 | ~46 | | | |
| | | | Citric acid pH 6 | ~67 | | | |
| | | | Citric acid pH 6 | ~71 | | | |
| Ce-Ti hybrid oxide | As(III) | 12 | 0.5 M NaOH | – | 5 | 28 % | (Li et al., 2010) |
| | As(V) | | | 19 % | | | |
| Alginate beads-encapsulated SPIONs (SPIONs-Alg) | As(V) | – | 0.1 M NaOH | 91 | 8 | 76 % | (Asadi Haris et al., 2023) |
| | As(III) | | 0.1 M HCl | 71 | | | |
| Magnetic iron oxide (MIO) | As(V) | – | 1 M NaOH | ~80 % | 5 | ~2 % | (Zeng et al., 2024) |

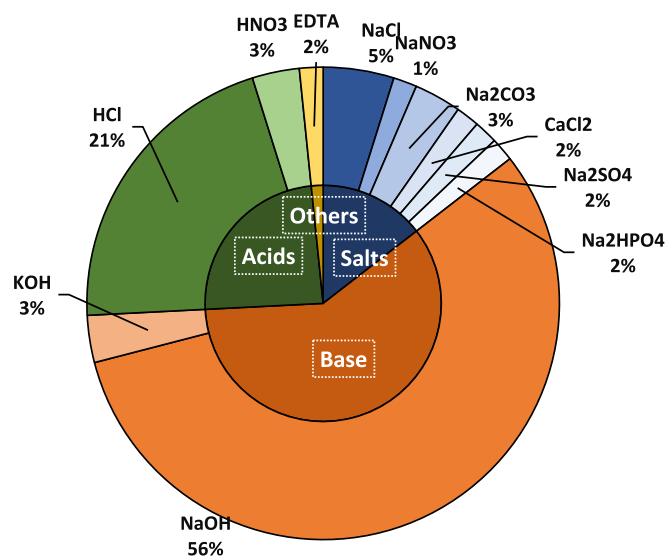


Fig. 2. Percentage of eluents used for arsenic desorption studies presented in Table 1.

Sb(V) desorption from MOF-Y and NH₂-MOF-Y was carried out with different eluents, and the best desorption efficiency was found in the following order: HCl > NaOH > Na₂CO₃ > NaCl > Na₂SO₄ > NaNO₃. However, strongly acidic conditions of HCl or strongly alkaline conditions of NaOH and Na₂CO₃ could damage the crystal structure of Y-based MOFs (Li et al., 2022), and the authors decided to explore adsorption/desorption cycles with the less aggressive eluent NaCl. After five consecutive adsorption-desorption cycles using NaCl, the remaining adsorption capacity was about 68 % of the initial one.

Antimonite desorption has been researched almost twice as much as antimonate's, and some studies have reported different desorption

behavior for each species. For example, Sb(III)-loaded lanthanum-manganese binary oxide (L₁M₂BO) could be regenerated more effectively than the same adsorbent loaded with Sb(V) (Zhang et al., 2023b), but Sb(V) recovery rates from pine bark tannin resin were higher than that of Sb(III) (Bacelo et al., 2022).

All categories of adsorbent could be regenerated at high desorption rates and for many adsorption-desorption cycles. Treatment of adsorbents to improve their adsorption capacity might also improve their regenerability. Iron-biochar composites that went through a higher pyrolysis temperature demonstrated a higher Sb removal performance, even after five adsorption-desorption cycles (Zhang et al., 2022).

7.1. Analysis of desorption efficiency by type of eluent

A summary of the eluents reported in the literature for Sb desorption is shown in Fig. 4. The most common eluents applied were HCl, NaOH, NaCl and EDTA. The best desorption efficiencies were achieved by acid solutions.

7.1.1. Bases

Approximately one third of the studies reported desorption of Sb using alkaline eluent, with NaOH being the only base used. The concentration of the alkaline solution varied from 0.1 to 1 M, with 0.5 M being the most common concentration. The regeneration of Zn-Fe-LDH loaded with As(V) and Sb(V) using 0.5 M NaOH released zinc in the solution (Lu et al., 2015). For metal-based adsorbents, elution can be associated with the leaching of the coating and compromise the performance of the adsorbent during future adsorption cycles. Overall, the desorption efficiency of NaOH was not high. However, NaOH has achieved good desorption efficiencies of 92.4 % and >80 % for some materials, such as carbon fibers decorated with ferric hydroxide (CF-Fe) (Simsek et al., 2018) and Fe–Mn binary oxides (FMBO₃) (Yang et al., 2018), respectively.

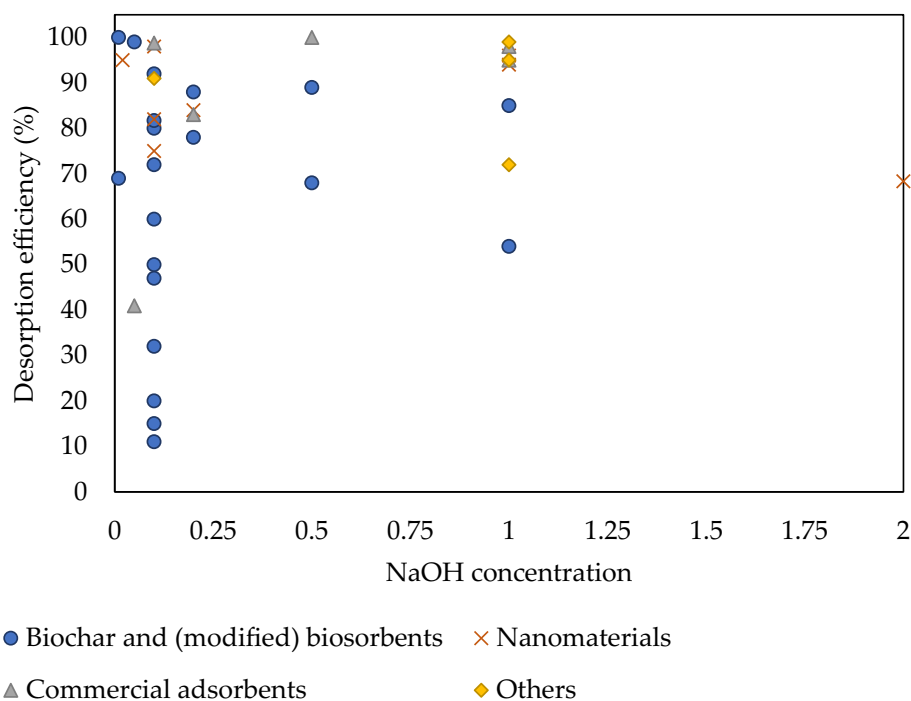


Fig. 3. Desorption efficiencies of arsenic-loaded adsorbents by NaOH at different concentrations reported in the literature.

7.1.2. Acids

Both inorganic and organic acids achieved high Sb desorption rates. However, HCl was the most frequently used eluent and had the highest desorption rates. These high desorption rates may be attributed to the formation of chloro-complexes (Runnti et al., 2023; Schweitzer and Pesterfield, 2010).

For arsenic desorption, NaOH solution was the most frequently used. As opposed to the behavior of Sb, which was best desorbed by acids, alkaline solutions were most effective on As. The differences between the As and Sb desorption mechanisms can be related to their molecular structure. Sb(V) is coordinated with oxygen in an octahedral geometry with a larger ionic radius (Pauling, 1933), while As(V) forms a lower spatial structure in a tetrahedral geometry (Simeonidis et al., 2017), leading to different adsorption (Pintor et al., 2020) and, consequently, desorption mechanisms.

Antimonite recovery from iron-modified chitosan was studied in batch mode using two types of eluent: HCl pH 3.5, and EDTA 0.01 M (Lapo et al., 2019). Three sorption-desorption cycles were conducted, and HCl was able to maintain a good recovery efficiency of 78–76 %, but EDTA desorbed less Sb(III), with a noticeable decay occurring between cycles, from 68 to 38 %.

The acid eluent was also applied for the desorption of Sb(III) from green bean husk (GBH) (Iqbal et al., 2013). The recovery efficiency achieved by HCl 0.1 M was very high and stable during seven adsorption-desorption cycles (98.8–90 %).

The plot of HCl desorption rates versus different concentrations (Fig. 5) showed that desorption is overall stable with increasing of acid concentration. Although HCl has shown good results for extracting Sb from saturated media, strong acid solutions can degrade adsorbents. The iron incorporated in adsorbents to increase adsorption capacity is likely to be eluted by acid solutions as reported in some studies (Carneiro et al., 2024; Zhang et al., 2022; Mei et al., 2021). Considering that the iron layer is the active binding site for Sb, the adsorbent loses its potential for use in subsequent adsorption-desorption cycles. Low HCl concentrations may be more suited to avoid adsorbent degradation if the HCl concentration has a minimal or no impact on Sb desorption efficiency.

7.1.3. Salts and complexing agents

Salts and complexing agents have been more often explored for Sb desorption than for As desorption. Even though EDTA was used as a desorbing agent in 9 % of the studies, very few of them reported desorption efficiency values. Graphene and graphene oxides could be regenerated with 0.1 M EDTA for seven or four cycles, respectively, with a small loss in adsorption capacity (Leng et al., 2012; Yang et al., 2015a). NaCl solution was also tested as an eluent in 9 % of the studies, and it was sometimes associated with other eluents. Desorption efficiency ranged from 15 to 87 %. Metal-Organic Frameworks (MOF) adsorbents could be regenerated with NaCl for five adsorption-desorption cycles with a loss of one-third of the Sb(V) removal efficiency (Li et al., 2022).

8. Batch vs continuous mode desorption

Although numerous investigations on As and Sb desorption have been performed (Sections 6 and 7), most of them were carried out in batch mode. Table 3 summarizes the performance of adsorbents regenerated in continuous mode reported in the literature. NaOH solutions of 0.005 M to 1 M were predominantly applied as eluents. Desorption tests using different eluents were carried out on ferric hydroxide-based adsorbents (Chaudhary and Farrell, 2015). The regeneration of media could be enhanced by adding NaCl to NaOH regenerating solutions. Arsenic desorption in continuous mode was more reported than that of antimony, with As(V) being the most studied species. Desorption efficiencies were high, perhaps as a result of previous batch mode operation that optimized the applied eluents and their corresponding concentrations. As expected, a decrease in the adsorption capacity of regenerated adsorbents was reported. Thus, investigating methods to minimize the loss of adsorption capacity is important for increasing the viability of desorption for practical usage.

The bed volumes needed for As desorption ranged from 100 to 178. For Sb, the values ranged from 10 to 4000; however, the highest value was obtained from an assay carried out with a very weak solution of 0.005 M NaOH.

Table 2
Desorption of antimony and regeneration performance of adsorbents in batch operation mode.

| Adsorbent | Sb species | Time (h) | Eluents | Desorption efficiency (%) | Desorp. cycles | Adsorption capacity reduction | Ref. |
|--|------------------|----------|---|---|------------------|-------------------------------|--|
| Biochar and (modified) biosorbents | | | | | | | |
| Cyanobacteria <i>Microcystis</i> | Sb(V) | 24 | 1 M EDTA 1 M HCl 1 M Citric acid 1 M NaOH | 45.94 68.46 51.45 30.55 | 1 | – | (Sun et al., 2014) |
| Green bean husk (GBH) | Sb(III) | 1 | 0.1 M HCl | ~98.8–90 | 7 | ~10 % | (Iqbal et al., 2013) |
| Iron-coated cork granulates (ICG) | Sb(V) | 24 | 1 M HCl 0.1 M Ascorbic acid 0.5 M Tartaric acid 0.5 M NaOH | 81 ± 9 66 ± 8 29 ± 5 22 ± 4 | 1 | – | (Carneiro et al., 2024) |
| Iron-modified chitosan [Chifer(III)] | Sb(III) | 24 | HCl pH 3.5 0.01 M EDTA | 78–76 68–38 | 3 | 11.4 % | (Lapo et al., 2019) |
| Marine algae <i>T. conoides</i> | Sb(III) | 1 | 0.1 M HCl | >99 | 3 | 5 % | (Vijayaraghavan and Balasubramanian, 2011) |
| Marine algae <i>C. sericea</i> | Sb(III) | 4 | 0.1 M NaOH 0.1 M HCl 0.5 M Na ₂ HPO ₄ 0.5 M NaCl | 12 17 23 15–45 | 1 1 1 3 | – – – 52 % | (Ungureanu et al., 2016) |
| MnFe ₂ O ₄ -MCM-41-SH | Sb(III) | 4 | 0.1 M Citric acid | – | 5 | 10.9 % | (Li and Fu, 2020) |
| Pine bark tannin resin | Sb(III) | 48 | 0.1 M NaOH | 27 | 1 | – | (Bacelo et al., 2022) |
| Tannins from <i>P. pinaster</i> bark | Sb(V) | 12 | 0.5 M NaOH | 69–28 | 2 | – | (Bacelo et al., 2018) |
| Iron-biochar composites (FBC) | Sb(V) | – | 0.1 M HCl | – | 5 | ~50 % | (Zhang et al., 2022) |
| Amino-functionalized hydrothermal biochar (NMSH) | Sb(V) | – | 0.5 M NaOH | – | 4 | 9 % | (Deng et al., 2020) |
| Chitosan-loaded biochar | Sb(III) | – | 0.5 M NaOH | – | 3 | 19 % | (Chen et al., 2022) |
| Pristine biochar | Sb(III) | – | 0.5 M NaOH | – | 3 | 30 % | (Chen et al., 2022) |
| Lichen (<i>Physcia tribacia</i>) biomass | Sb(III) | 0.5 | 0.5 M HCl 0.5 M HNO ₃ | 95 78 | 10 1 | 20 % – | (Uluozlu et al., 2010) |
| La-doped magnetic biochars | Sb(V) | 12 | 0.5 M NaOH +5 M NaCl | – | 6 | 30–44 % | (Wang et al., 2018) |
| Nanomaterials | | | | | | | |
| Carbon fibers decorated with ferric hydroxide (CF-Fe) | Sb(V) | – | 3.0 M NaOH | 96.6–76.5 | 7 | 4 % | (Simsek et al., 2018) |
| Ce-doped Fe ₃ O ₄ | Sb(III) | 12 | 0.5 M NaOH | ~100 % | 3 | ~0–10 % | (Qi et al., 2017) |
| Chitosan-modified pumice (CTS-mPMC) | Sb(III) | 0.5 | 0.5 M HCl | 95–70 | 10 | 10 % | (Sari et al., 2017) |
| Graphene | Sb(III) | 4 | 0.1 M EDTA | – | 5 | <20 % | (Leng et al., 2012) |
| Graphene oxide (GO) | Sb(III) | 2 | 0.1 M EDTA | – | 4 | 14.5 % | (Yang et al., 2015a) |
| Mercapto-functionalized hybrid sorbent | Sb(III) | 4 | 3 M HCl | 96.7 at 90 °C 81.7 at 60 °C 56.4 at 25 °C | 1 1 1 | – | (Fan et al., 2016) |
| NH ₂ -Fe ₃ O ₄ -NTA core-shell magnetic nanoparticle sorbents | Sb(III) | 10 | 0.1 M EDTA | – | 5 | <20 % | (Hao et al., 2019) |
| Nano-Fe ₃ O ₄ modified red mud | Sb(III) | 4 | 0.5 M HCl 0.5 M NaOH | – | 5 | ~90 % <40 % | (Peng et al., 2021) |
| Polyamide-graphene (PAG) composite | Sb(III) | – | 0.5 M HCl | 95–80 | 6 | – | (Saleh et al., 2017) |
| Si-doped Fe oxide composites (SFOC ₁₀) | Sb(V) | 8 | 0.5 M NaCl +0.5 M NaOH | ~85–90 | 5 | <15 % | (Yang et al., 2021b) |
| Y-tape molecular sieve adsorbent (NaY@Ce) | Sb(III) | 12 | 1 M NaOH | – | 4 | 35 % | (Yan et al., 2020) |
| Zirconium porphyrin-based MOF (PCN-222) | Sb(III) | 5 | 0.5 M HCl | – | 5 | ~20 % | (Guo et al., 2021) |
| MOF-Y | Sb(V) | 24 | NaCl | ~85 | 5 | 32 % | (Li et al., 2022) |
| NH ₂ -MOF-Y | Sb(V) | 24 | NaCl | ~87 | 5 | 32 % | (Li et al., 2022) |
| ZVI decorated carbon nanotubes (CNT – Fe(0)) | Sb(III) Sb(V) | 4 | 0.05 M HCl | 75–65 | 5 | 7–19 % | (Mishra et al., 2016) |
| Superparamagnetic nanoparticles Fe@Mg-Al LDH | Sb(III) | – | Acetone Ethanol Methanol HCl Acetone + HCl Ethanol + HCl Methanol + HCl | ~60 ~66 ~57 ~68 ~70 63 ~73 | 1 | – | (Motallebi et al., 2022) |
| Others | | | | | | | |
| Brucite | Sb(III) | 2 | 1 M NaOH 1 M HCl | 28.2 % 98.6 % | 1 | – | (Runtti et al., 2023) |
| Low-cost natural diatomite | Sb(III) | – | 0.5 M HCl | – | 10 | 3 % | (Sari et al., 2010) |
| Hydromagnesite | Sb(III) | 2 | 1 M NaOH 1 M HCl | 39.5 % 98.7 % | 1 | – | (Runtti et al., 2023) |

(continued on next page)

Table 2 (continued)

| Adsorbent | Sb species | Time (h) | Eluents | Desorption efficiency (%) | Desorp. cycles | Adsorption capacity reduction | Ref. |
|--|------------|----------|----------------------------------|---------------------------|----------------|-------------------------------|-----------------------|
| Commercial Mg-rich mineral | Sb(III) | 2 | 1 M NaOH | 12.9 % | 1 | – | (Runtti et al., 2023) |
| | | | 1 M HCl | 88.7 % | | | |
| MIL-100(Fe)-NH ₂ | Sb(V) | 12 | 0.1 M NaOH | – | 3 | ~1 % | (Cheng et al., 2023) |
| Lanthanum-manganese binary oxide | Sb(III) | 4 | NaOH 2 % + NaCl 4 % + 20 % NaClO | – | 5 | 20 % | (Zhang et al., 2023b) |
| | | | | 28 % | | | |
| Kaolinite | Sb(V) | 12 | 0.1 M MgSO ₄ | 80 | 1 | – | (Xi et al., 2010) |
| Fe-Mn binary oxides (FMBO ₃) | Sb(V) | 8 | 1 M NaOH | >80 | 5 | 18 % | (Yang et al., 2018) |

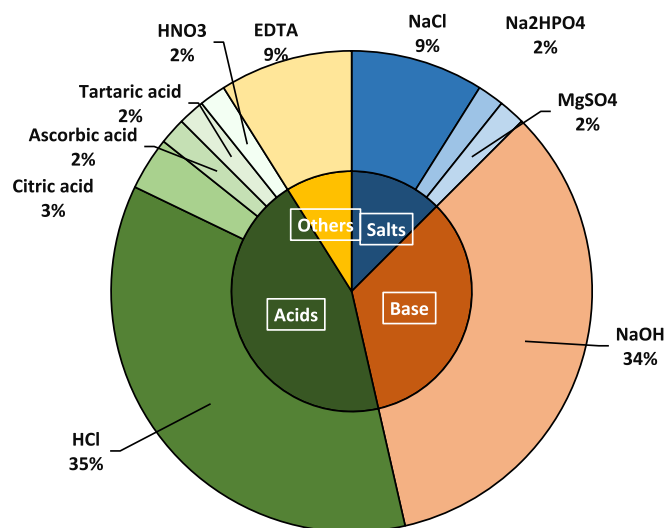


Fig. 4. Percentage of eluents used for antimony desorption studies presented in Table 2.

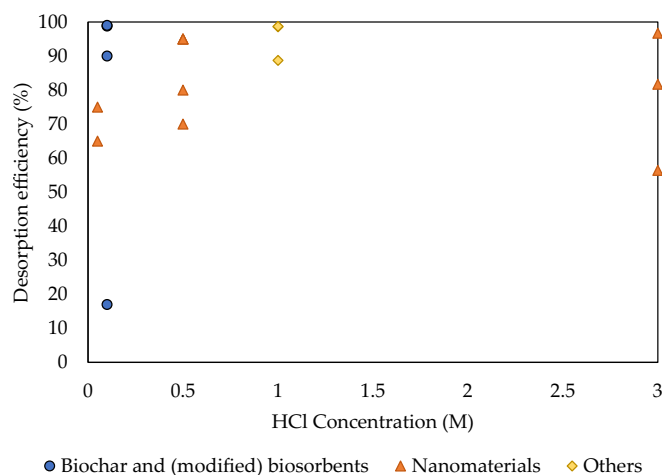


Fig. 5. Desorption efficiency of antimony-loaded adsorbents by HCl at different concentrations reported in the literature.

9. Regeneration and fate of spent adsorbent

One of the main concerns with employing adsorption for water treatment is what happens to the used adsorbent. Waste disposal is a serious issue in the majority of developing nations, and in many cases, the ecotoxic effects of its direct disposal impose a significant barrier to this procedure (Yadav et al., 2022).

It is common to incorporate metals to increase the material's adsorption capacity. However, to ensure regenerability and prevent metals from leaching into water, methods for making the coating

durable and persistent are important (Thakur and Armstrong, 2021). When the coating is removed during desorption, recovering (or recycling) the adsorbent by treating it once again with the metal may be an interesting solution. Recycled Al(III)- and Fe(III)-modified kapok fiber (Yeo et al., 2022a; Yeo et al., 2022b) and iron-coated cork granulates (Carneiro et al., 2024) have improved adsorption capacities for arsenic and antimony, respectively.

The adsorbent, however, loses all of its adsorptive ability after a specific number of regeneration and reuse cycles and should finally be safely sent to a safe destination (Yadav et al., 2022). Some of these destinations can be immobilization, stabilization, and disposal. In developed countries, common disposal methods include landfilling and incineration; however, nations in economic development still lack the infrastructure to ensure that toxic waste is correctly disposed of, and much fewer safe procedures, such as dumping in backyards, ditches, and lowland areas, are carried out (Yadav et al., 2022). The European Union countries must account for the Directive (EU) 2018/850 of the European Parliament and of the Council of 30 May 2018 amending Directive 1999/31/EC on the landfill of waste. Even safer measures in developed countries can cause environmental problems, such as air pollution in the case of incineration (Yan et al., 2008). The mixing of biomass-derived spent adsorbents with coal was suggested as a viable option for energy generation in thermal plants, with possible metal recovery from incineration bottom ashes (Mondal and Garg, 2017). A life cycle assessment (LCA) compared the four most common strategies for As-rich Fe oxide water treatment residuals (WTRs) and revealed that landfilling had lower toxicity impacts compared to brick stabilization, mixture with organic waste, and open disposal (van Genuchten et al., 2022). It was concluded, however, that landfilling simply converts direct As emissions into an impending As toxicity issue for future generations.

The Toxicity Characteristic Leaching Procedure (TCLP) (SW, 1992) is a test that determines whether a waste material such as a spent adsorbent is hazardous or non-hazardous and, consequently, if it may be disposed of in hazardous waste landfills or municipal solid waste landfills. As disposal in a hazardous waste landfill may be 5 to 10 times more expensive than disposal in a municipal solid waste landfill, this categorization is crucial to the final cost of a given media-based treatment system (Impellitteri and Scheckel, 2006). The maximum level of arsenic in non-hazardous waste by TCLP is 5 mg L⁻¹. TCLP does not regulate antimony-loaded waste; however, other alternative toxicity tests, such as Soluble Threshold Limit Concentration (STLC) and Total Threshold Limit Concentration (TTLC), set thresholds of 15 mg L⁻¹ and 500 mg kg⁻¹ for antimony and 5 mg L⁻¹ and 500 mg kg⁻¹ for arsenic (DTSC, 2024).

10. Recovery and fate of desorbed solution

To recover an element from an exhausted bed, a large quantity of chemicals is consumed and a secondary effluent is generated (Hu et al., 2021). It was estimated that for arsenic removal from treatment systems, desorbed solution disposal might account for 95 % of the overall regeneration expenditures if there is not an onsite option for disposing of the regenerant wastewater at the water treatment plant (Sorg et al., 2017). The use of slow flow rates and high eluent concentrations has been suggested to reduce the amount of wastewater generated during

Table 3
Desorption of As and Sb and regeneration performance of adsorbents in continuous mode.

| Adsorbent | Specie | Flow rate (mL/min) | Eluents | Desorption efficiency (%) | Desorp. cycles | Adsorp. capacity reduction | Bed volumes (BV) | Ref. |
|--|------------------|--------------------|---------------------|---------------------------|----------------|----------------------------|------------------|-------------------------------|
| Polyethylenimine coated bacterial biosorbent | As(V) | 16.7 | 0.1 M NaOH | 99.6–99.8 | 5 | – | – | (Kim et al., 2020) |
| Bark-based magnetic iron oxide particle (BMIOP) | As(III) | 5 | 1 M NaOH | – | 1 | 29.71 % | – | (Dhoble et al., 2022) |
| Fiban As5 | As(V) | 1.38 | 0.1 M NaOH | 85 | 1 | – | 125 | (Chaudhary and Farrell, 2015) |
| PAN-Fe | As(V) | 1.38 | 0.1 M NaOH | 78 | 1 | – | 125 | (Chaudhary and Farrell, 2015) |
| FeOOH | As(V) | 9.67 | 0.05 M NaOH | ~90 | 1 | ~23 % | – | (Tresintsi et al., 2014) |
| Iron-coated cork granulates (ICG) | As(V) | 5 | 0.01 M NaOH | 74–100 | 5 | 53 % | 112–178 | (Carneiro et al., 2022b) |
| Iron oxide coated sponge (IOCSp) | As(III) As(V) | 0.15 m/h | 0.3 M NaOH | – | 1 | 9 % 10 % | 100 118 | (Nguyen et al., 2010) |
| Iron (oxyhydr)oxide /CNT filters | Sb(III) | 1.5 | 0.005 M NaOH | – | 4 | 27.5 % | – | (Liu et al., 2019) |
| Quartz sand coated with Fe ₃ O ₄ and graphene oxide (QFGO) | Sb(III) | 10 | 0.1 M EDTA | – | 2 | – | ~10 | (Yang et al., 2015b) |
| Iron-coated cork granulates | Sb(V) | 5 | 0.1 M ascorbic acid | 88 | 1 | 82.5 % | ~35 | (Carneiro et al., 2024) |

the regeneration process (Chaudhary and Farrell, 2015).

Very few studies have provided deep investigation on a feasible alternative destination for the metal-loaded solutions. Precipitation of Sb from the solution has been explored, through the addition of Na₂S to an antimony-high-concentrated effluent from desorption (Biswas et al., 2009). More than 98 % of the Sb(III) was precipitated and segregated from the solution, which also contained the iron leached from the adsorbent.

More recently, a study explored the secondary use of an antimony desorbing solution by applying it in the production of polyethylene terephthalate (PET) (Liang et al., 2022). KOH glycol solution was used as a desorbing agent for the Sb(III) saturated adsorbent, and the eluent solution was added to terephthalic acid to produce PET. In addition to the use of Sb-loaded eluent, the study investigated a final application to the saturated adsorbent by converting it into a catalyst for the reduction of nitroarenes.

Antimony recovery is a relevant field of research due to its strong role in industry and limited availability in the future. However, few antimony recovery experiments from adsorption/desorption processes have been reported, and the antimony recovery rates are still lower than those of arsenic.

A UV/sulfite advanced reduction method was proposed to remove arsenic oxyanions from water in the form of elemental arsenic (Wang et al., 2022). The suggested method might prevent the production of hazardous waste loaded with arsenic in addition to recovering arsenic.

The recovery of arsenic and alkali products from antimony smelting residues was carried out using a novel approach (Long et al., 2020b). The process, composed of eight steps, was based on the application of CO₂ and H₂SO₄, achieving an overall 80.6 % arsenic recovery efficiency. New methods are urgently needed to recover As from WTRs, convert it into valuable compounds, and reduce stored As toxicity and As emissions (van Genuchten et al., 2022). Arsenic recovery on a large scale is not yet recommended since this process is still not economically feasible and has limited applications (Mondal and Garg, 2017). Nevertheless, arsenic recovery might be feasible in the future because it is at risk of supply, according to the European Commission's list of Critical Raw Materials (European et al., 2023; Wang et al., 2023b).

Table 4 summarizes the possible fates of spent adsorbent and desorbed solution as discussed in Sections 9 and 10, respectively.

Table 4
Fate of wastes from As and Sb desorption process.

| Fate of spent adsorbent | Fate of desorbed solution |
|---|--|
| <ul style="list-style-type: none"> Regeneration of the adsorbent by recoating, reactivation or reloading. Incorporation into composites used for construction, such as ceramic materials (Verbinnen et al., 2015; Rathore and Mondal, 2017) and cement (Tresintsi et al., 2014; Sarmah et al., 2019). Mixing of biomass-derived spent adsorbents with coal for energy generation in thermal plants (Mondal and Garg, 2017). Non-hazardous waste management for TCLP results below 5 mg L⁻¹, e.g., non-hazardous landfill. Hazardous waste management for TCLP results above 5 mg L⁻¹, e.g., hazardous landfill and incineration. | <ul style="list-style-type: none"> Precipitation of As/Sb from the solution (Biswas et al., 2009; Yang et al., 2024). Sb desorbing solution reuse by applying it in the production of polyethylene terephthalate (PET) (Liang et al., 2022). UV/sulfite advanced reduction method to remove arsenic oxyanions from water in the form of elemental arsenic (Wang et al., 2022). Application of CO₂ and H₂SO₄ for arsenic recovery from antimony smelting residues (Long et al., 2020b). Metal recovery from incineration bottom ashes (Mondal and Garg, 2017). Hazardous waste management, e.g., hazardous landfill or incineration. |

11. Challenges

- Data on arsenic research are more available than Sb ones because of previous research efforts to understand and manage large-scale and long-term As environmental pollution concerns (Wilson et al., 2010). This reflects the higher number of publications on arsenic desorption than on Sb desorption. Nevertheless, there is a high demand for research on antimony desorption and recovery due to its limited availability in the future (Cole-Hamilton, 2020) and relevance in a variety of industrial applications.
- Most adsorption-desorption experiments reported in the literature were carried out in batch mode, even though real-scale operations in industry usually apply continuous flow mode. Pilot tests are the most costly but crucial for scaling novel adsorbents.
- Metal incorporation into adsorbents is important for increasing the adsorption capacity; however, desorption of metalloids can elute the metal coating and compromise the regeneration of the adsorbent for use in further adsorption cycles.

- iv) More environmentally friendly materials are being produced for arsenic adsorption than for antimony adsorption. Because of the increased industrial value of antimony, more complex materials are being developed targeting Sb. The commercial applicability of an adsorbent should be determined not only by successful pilot-scale studies and adsorption/desorption feasibility but also by life cycle assessments to analyze the environmental impacts of these materials and whether the gains in adsorption capacity compensate for the environmental impact of production, operation, and disposal.
- v) The proper disposal of spent media is a critical environmental concern in the water treatment sector. Finding the end destination for these materials, with a focus on overall environmental benefits, requires careful consideration of numerous factors. Therefore, further research in this field is needed. Meanwhile, a well-maintained landfill remains the most attractive option for the disposal of spent adsorbents after stabilization (Yadav et al., 2022).
- vi) TCLP is the standard test for assessing a material's leachability and toxicity. On the other hand, it has been claimed to have many flaws and to underestimate leachability and, as a result, toxicity (Ghosh et al., 2004). Therefore, leachability studies of saturated adsorbents should be performed under a variety of experimental conditions to evaluate the stability of new adsorbents (Bai et al., 2022).

12. Final remarks

The desorption of arsenic and antimony is an important step in their cost-effective removal from water. The literature data show that the desorption of arsenic has been investigated more than antimony desorption. This difference might be related to the more well-known effect of arsenic on human health. A combination of factors, such as a decrease in Sb availability in the future and its higher economic value, might encourage Sb desorption/recovery studies. Therefore, antimony adsorption/desorption in aqueous solution might be an emerging field of study.

NaOH and HCl are the most often employed desorbing agents for the release of arsenic and antimony, respectively, from saturated adsorbents. Overall, lower desorption efficiencies were achieved for antimony than for arsenic. This approach might be a sensitive topic when it comes to recovering Sb from desorbing solutions and disposing of toxic media. Understanding the mechanisms and factors affecting arsenic and antimony desorption can help in the development of more effective adsorbents.

Moreover, further studies should be conducted to optimize the separation/recovery process of arsenic and antimony from the desorbed solution. Artificial intelligence is being used to create more reliable models for operational parameter prediction and process optimization, which might increase the viability of desorption.

Finally, finding an economic and environmental balance in the development of new adsorbents and alternative destinations for spent adsorbents at the end-of-life is among the most important tasks in the field for the following years.

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CRedit authorship contribution statement

Mariko A. Carneiro: Conceptualization, Methodology, Formal analysis, Investigation, Data curation, Writing - Original Draft, Visualization. **Ariana M.A. Pintor:** Writing – review & editing, Validation, Supervision, Project administration, Investigation, Conceptualization. **Rui A.R. Boaventura:** Writing – review & editing, Resources, Funding acquisition. **Cidália M.S. Botelho:** Writing – review & editing, Supervision, Resources, Funding acquisition.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

Data will be made available on request.

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Some figures in this manuscript were created with BioRender.com.

Appendix A. Supplementary data

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