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FMUP FACULDADE DE MEDICINA
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Maria Inês Agonia Ferreira

Polimorfismos da IL-17, IL-21 e IL-22 na artrite reumatoide: uma revisão
sistemática e meta-análise/

IL-17, IL-21 and IL-22 polymorphisms in rheumatoid arthritis: A systematic
review and meta-analysis

Dezembro,
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Doutor Bernardo Sousa Pinto

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Eu, Maria Inês Agonia Ferreira, abaixo assinado, nº mecanográfico 201403735, estudante do 6º ano do Ciclo de Estudos Integrado em Medicina, na Faculdade de Medicina da Universidade do Porto, declaro ter atuado com absoluta integridade na elaboração deste projeto de opção.

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Faculdade de Medicina da Universidade do Porto, 29/12/2019

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DESIGNAÇÃO DA ÁREA DO PROJECTO

Imunologia

TÍTULO DISSERTAÇÃO

IL-17, IL-21 and IL-22 polymorphisms in rheumatoid arthritis: A systematic review and meta-analysis.

ORIENTADOR

Bernardo Sousa Pinto

COORIENTADOR (se aplicável)

ASSINALE APENAS UMA DAS OPÇÕES:

É AUTORIZADA A REPRODUÇÃO INTEGRAL DESTES TRABALHOS APENAS PARA EFEITOS DE INVESTIGAÇÃO, MEDIANTE DECLARAÇÃO ESCRITA DO INTERESSADO, QUE A TAL SE COMPROMETE.	<input checked="" type="checkbox"/>
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DE ACORDO COM A LEGISLAÇÃO EM VIGOR, (INDICAR, CASO TAL SEJA NECESSÁRIO, Nº MÁXIMO DE PÁGINAS, ILUSTRAÇÕES, GRÁFICOS, ETC.) NÃO É PERMITIDA A REPRODUÇÃO DE QUALQUER PARTE DESTES TRABALHOS.	<input type="checkbox"/>

Faculdade de Medicina da Universidade do Porto, 27/12/2019

Assinatura conforme cartão de identificação: Maria Inês Agonia Ferreira

Dedicatória

Agradeço ao meu orientador Doutor Bernardo Sousa Pinto, não só pelos conhecimentos transmitidos, mas principalmente pela disponibilidade e apoio dispensados para a concretização deste projeto.

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A todos os amigos, aos que a faculdade trouxe, e aos de sempre.

Um gigante obrigado.

25 **ABSTRACT**

26 **Background:** Rheumatoid Arthritis (RA) is an autoimmune systemic disease and in its
27 pathogenesis participate several proinflammatory cytokines, including those produced by
28 Th17 cells. We performed a systematic review aiming to assess the associations between
29 polymorphisms in Th17 cytokines, namely IL-17A, IL-17F, IL-21 and IL-22, and
30 susceptibility to RA.

31 **Methods:** We searched three electronic databases (MEDLINE, Scopus and Web of Science)
32 for observational studies assessing the association between susceptibility to RA (or its clinical
33 presentation) and polymorphisms of the cytokines IL-17A, IL-17F, IL-21 and IL-22. From the
34 selected studies, we extracted information on the studied polymorphisms, assessed outcomes,
35 and demographic characteristics of participants. We performed random effects meta-analyses
36 assessing the associations between susceptibility to RA and different genotypes of the IL-17A
37 rs2275913, IL-17F rs763780 and IL-17F rs2397084 polymorphisms. Primary studies' quality
38 was assessed using the Q-Genie tool.

39 **Results:** Fifteen studies were included in this systematic review. Five IL-17A polymorphisms
40 were reported to be associated with susceptibility to RA. For the IL-17A rs2275913
41 polymorphism, our meta-analysis showed the AA genotype to be significantly associated with
42 lower susceptibility to RA (OR=0.76; 95%CI=0.61-0.93; $p=0.01$), while the opposite was
43 observed for the GG genotype (OR=1.20; 95%CI=1.06-1.35; $p=0.01$). Concerning IL-
44 17F rs763780 polymorphism, the TT genotype of was found to be significantly less frequent
45 in RA patients (OR=0.49; 95%CI=0.31-0.77; $p=0.002$), while the opposite was observed for
46 the CT genotype (OR=2.00; 95%CI=1.03-3.87; $p=0.04$). No significant associations were
47 found regarding rs2397084 polymorphisms. For IL-21, rs6822844 and rs4505848 were

48 described to have significant associations with susceptibility to RA. No studies were found
49 assessing IL-22 polymorphisms in RA.

50 **Conclusions:** IL-17A rs2275913 and IL-17F rs763780 polymorphisms are significantly
51 associated with susceptibility to RA and with different clinical characteristics of this disease.

52

53

54 **HIGHLIGHTS:**

- 55 • The IL-17A rs2275913 AA genotype associates with less risk of rheumatoid arthritis.
- 56 • The IL-17A rs2275913 GG genotype associates with susceptibility to rheumatoid
57 arthritis.
- 58 • The 17F rs763780 TT genotype associates with less risk of rheumatoid arthritis.
- 59 • The 17F rs763780 CT genotype relates to more susceptibility to rheumatoid arthritis.
- 60 • The IL-17F rs2397084 polymorphism is not associated with the risk of the disease.

61

62

63 **KEYWORDS:** Interleukins; Interleukin-17; Interleukin-21; Th17 Cells; Polymorphism;
64 Rheumatoid Arthritis

65 **ABBREVIATIONS:**

- 66 • **Th17:** T helper 17
- 67 • **Treg:** Regulatory T cells
- 68 • **RA:** Rheumatoid arthritis
- 69 • **IL:** Interleukin

- 70 • **IFN- γ** : Interferon gamma
- 71 • **OR**: Odds ratio
- 72 • **CI**: Confidence interval
- 73 • **NFAT**: Nuclear factor of activated T-cells
- 74 • **TNF- α** : Tumor necrosis factor alpha

75 **1. INTRODUCTION**

76 Chronic inflammatory diseases are believed to be mediated by dysfunctional innate
77 and/or adaptive immune responses, involving the secretion of cytokines that damage tissues
78 and lead to further inflammation [1]. In fact, in homeostatic conditions, there is a balance
79 between CD4⁺ T-cells secreting inflammatory cytokines (including T helper 1 and T helper 17
80 cells) and FOXP3⁺ regulatory T-cells (Treg). On the other hand, in inflammatory autoimmune
81 diseases, there is a relative increase in the activity of autoreactive pro-inflammatory CD4⁺ T
82 cells and loss of Treg function [2]. These diseases include, among others, rheumatoid arthritis
83 (RA), an autoimmune systemic disease associated with destruction of affected joints [3],
84 whose prevalence is estimated to be about 0.6% in European countries, 1.3% in American
85 countries and 0.4% in the Western Pacific region [4].

86 Several cytokines play an important role in the pathogenesis of RA, initiating and
87 maintaining the inflammatory response in the joints [3,5]. By producing effector cytokines –
88 such as IL-17 and IL-22 –, T helper 17 (Th17) cells promote the development of autoimmune
89 responses [6]. For example, Th17.1 cells, a subset of IL-17/IFN- γ -producing Th17 cells, were
90 identified as pathogenic drivers in autoimmune conditions, including RA and multiple
91 sclerosis [7]. Hence, IL-17 has been the focus of many relevant discoveries regarding not only
92 RA, but also many other autoimmune diseases. In fact, IL-17A has been shown to promote
93 germinal centre formation in murine autoimmune disease models, and immunoglobulin class
94 switching in human B cells [8-9]. On the other hand, IL-21 is necessary for continuous IL-17
95 production [10-12] and regulates human Th17 cells in RA, enhancing their proliferation and
96 suppressing FOXP3 expression [13]. In addition to IL-17 and IL-21, IL-22 is also produced
97 by Th17 cells, regulating chronic inflammation, and stimulating synovial fibroblasts to induce
98 cell proliferation and the production of inflammatory chemokines [1].

99 Genetic variation in Th17 cytokines can influence their transcriptional regulation and,
100 therefore, promote disease susceptibility; for instance, polymorphisms in Th17 enhancers
101 have been associated with RA, as well as with Crohn's disease, multiple sclerosis and juvenile
102 idiopathic arthritis [6]. In the last decade, genome-wide association studies have identified
103 more than 100 risk-associated loci for RA [14-15], nearly 20 of them encoding proteins
104 directly involved in Th17 cell differentiation and function [16]. Other systematic reviews had
105 already addressed the possible associations between IL-17 polymorphisms and susceptibility
106 to RA [17-18]. However, they did not account for other cytokines produced by Th17 cells,
107 there have been relevant primary studies published afterwards and, one of these systematic
108 reviews mixed together studies assessing patients with RA and with other forms of arthritis
109 (such as giant cell arthritis). Therefore, in this study, we aimed to systematically review the
110 associations between IL-17, IL-21 and IL-22 polymorphisms and (i) susceptibility to RA, and
111 (ii) clinical and inflammatory features of this disease.

112 **2. MATERIAL AND METHODS**

113

114 **2.1. Selection criteria**

115 In this systematic review, we searched for observational cohort or case-control studies
116 performed in humans and which assessed the associations between IL-17A, IL-17F, IL-21 or
117 IL-22 polymorphisms, and (i) susceptibility to RA or (ii) clinical manifestations/laboratorial
118 presentations (e.g., altered levels of relevant biomarkers) within the context of RA. Studies
119 without a comparison or control group were excluded, as they do not allow the assessment of
120 the association between expression of polymorphisms and RA. We also excluded systematic
121 reviews and studies performed in animals.

122 **2.2. Search strategy**

123 We performed a comprehensive search in Web of Science, Scopus and MEDLINE
124 (using PubMed), using the following keywords and MeSH terms: rheumatoid arthritis, gene,
125 polymorphisms, interleukin-17, IL-17, interleukin-21, IL-21, interleukin-22, and IL-22. The
126 queries used are available in Table 1. The final search was performed in March 2019, and no
127 language or date restrictions were applied. In addition, we searched the references of included
128 studies and of relevant previously performed systematic reviews [17-18].

Databases	Queries
Web of Science	TS=((rheumatoid arthritis) AND (gene* OR polymorphi*) AND ((interleukin-17 OR IL-17) OR (interleukin-21 OR IL-21) OR (interleukin-22 OR IL-22)))
Scopus	(rheumatoid arthritis) AND (gene* OR polymorphi*) AND ((interleukin-17 OR IL-17) OR (interleukin-21 OR IL-21) OR (interleukin-22 OR IL-22))
MEDLINE (Pubmed)	("Arthritis, Rheumatoid" [Mesh] OR rheumatoid arthritis) AND ("Polymorphism, Genetic"[Mesh] OR gene* OR polymorphi*) AND (("Interleukin-17" [Mesh] OR IL-17 OR interleukin-17) OR ("Interleukin-21"[Mesh] OR IL-21 OR interleukin-21) OR ("Interleukin-22"[Mesh] OR IL-22 OR interleukin-22))

129 **Table 1.** List of queries used for searching online databases.

130

131 **2.3. Study selection, data extraction and quality assessment**

132 After eliminating duplicates, two authors independently participated in study selection.
133 Studies were firstly selected after reading their titles and abstracts. Articles were excluded if
134 they did not assess the association between IL-17, IL-21 and IL-22 and RA and if they did not
135 meet eligibility criteria (e.g., studies performed in animals). Subsequently, the full texts of
136 studies not excluded in the screening phase were independently read by at least two authors
137 who selected those that met the predefined inclusion and exclusion criteria. Disagreements in
138 the selection process were solved by consensus. We made efforts to contact researchers to
139 obtain publications not accessible by other means.

140 Selected articles were analyzed and data was extracted by two independent researchers
141 in regards to the study design, number of and demographic characteristics (age, gender, and
142 nationality) of participants, number of participants with RA, adopted definition of RA,
143 assessed polymorphisms, number of participants with those polymorphisms (in particular, the
144 number of participants presenting with each genotype), other assessed clinical and laboratorial
145 outcomes (i.e., RA clinical manifestations, or altered levels of relevant biomarkers) and
146 number of participants with those outcomes. For primary studies published in languages other
147 than English, we contacted the authors asking for relevant information.

148 The Q-Genie tool [19] was used for assessing the quality of the included genetic
149 association primary studies. This tool was developed and subsequently validated to enable the
150 quality assessment of genetic primary studies for systematic reviewing purposes. It includes
151 11 items comprising an evaluation of the research question, sample size, statistical analyses
152 and methods, classification of the genetic variant and of the outcome, sources of bias, test of
153 assumptions in the genetic studies, comparison between groups and acceptable interpretation
154 of the results [19]. Quality assessment was performed by two independent researchers (any

155 disagreement was solved by consensus) and summarized in a risk-of-bias graph and in a
156 summary of bias graph.

157 **2.4. Quantitative synthesis**

158 For each study, associations between the assessed outcomes and the frequency of IL-
159 17, IL-21 or IL-22 polymorphisms were expressed using odds ratios (OR). Unadjusted OR
160 were directly obtained from studies or, when not provided, calculated by classical methods.

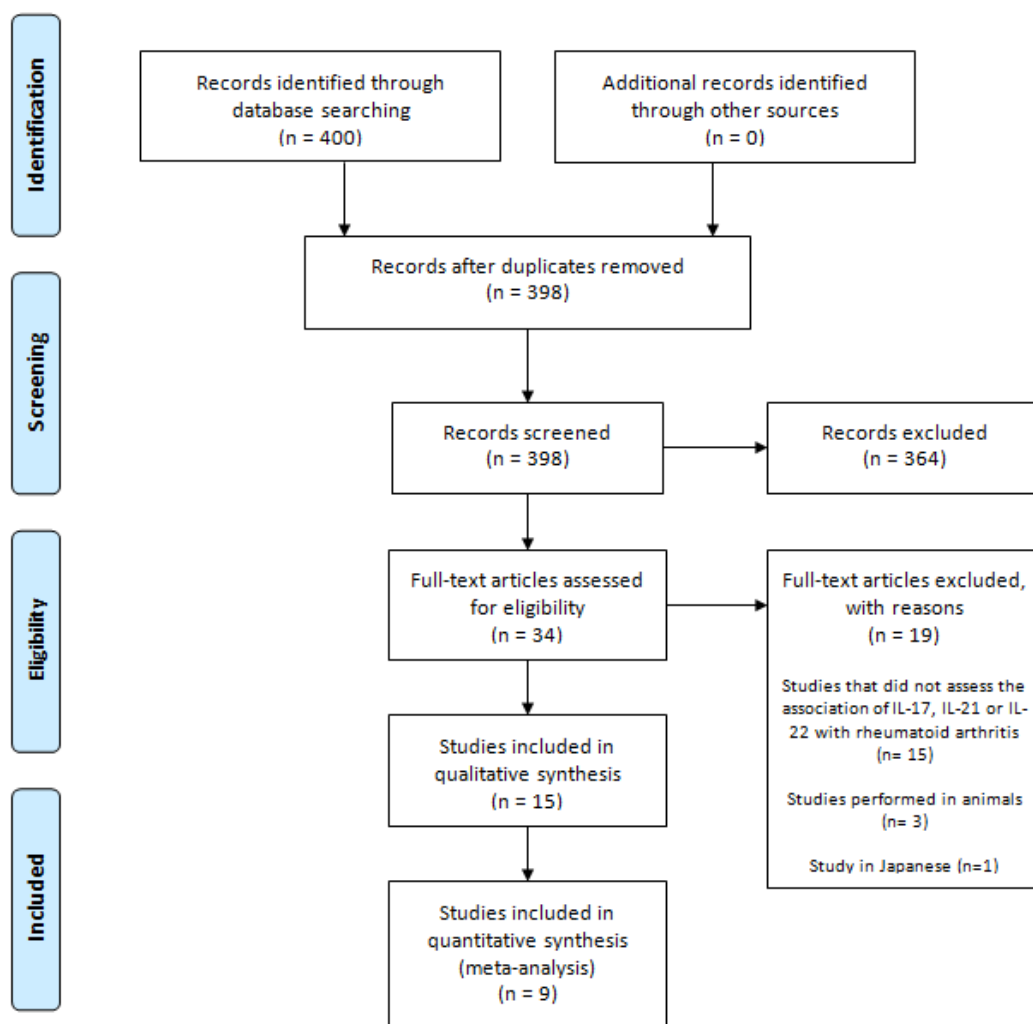
161 We performed random effects meta-analyses weighted by the inverse of variance
162 (using the method of DerSimonian and Laird [20]) to assess the associations between RA and
163 each of the different genotypes of the (i) IL-17A rs2275913 polymorphism (AA, GG and AG
164 genotypes), (ii) IL-17F rs763780 polymorphism (TT, CC and CT genotypes), and (iii) IL-17F
165 rs2397084 polymorphism (TT, CC and CT genotypes). Pooled OR were calculated with the
166 respective 95% confidence intervals (CI); whenever a cell had a zero count, a continuity
167 correction of 0.5 was added. Heterogeneity was evaluated using I^2 and Cochran Q statistics –
168 an $I^2 >40\%$ and a Cochran Q test p value <0.10 were considered to represent severe and
169 significant heterogeneity, respectively. In the presence of significant/severe heterogeneity,
170 leave-one-out sensitivity analyses (i.e., repeating the meta-analysis excluding each study at a
171 time) and subgroup analyses (i.e., separate analyses) based on the study region and RA
172 diagnostic criteria were performed. No other genetic variant was assessed by more than two
173 studies, and therefore we were not able to perform meta-analysis for polymorphisms other
174 than rs2275913, rs763780 and rs2397084. The possibility of publication bias was assessed
175 using funnel plots. All statistical analyses and funnel plots were performed using Review
176 Manager 5.3 software [21] (The Nordic Cochrane Centre, The Cochrane Collaboration,
177 Copenhagen, Denmark, 2014).

178 **3. RESULTS**

179

180 **3.1. Search results**

181 In our database search, we obtained 400 studies. After duplicate removal and selection
182 by title and abstract screening, we obtained 34 studies. Eighteen studies were excluded after
183 full text reading. One additional article was excluded, as it was written in Japanese [22] - in
184 spite of our attempt to contact the authors, no response was received. No relevant additional
185 studies were identified by analyzing the references of previous systematic reviews [17-18].
186 Thus, a total of 15 studies published between 2009 and 2018 were included in this systematic
187 review (Figure 1) [3,5,23-35].



188

189 **Figure 1.** Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow diagram
190 illustrating the studies' selection process.

191 **3.2. Description of studies**

192 The included publications assessed a total of 11,121 individuals (range of 206-2,967
193 participants *per study*), of whom 5,602 had been diagnosed with RA (50.4%; range across
194 studies: 42.3-67.5%) [3,5,23-35]. Rheumatoid arthritis was defined according to the 2010
195 American College of Rheumatology's criteria [36] in six of the included studies
196 [3,23,26,32,33,35] or the American Rheumatism Association 1987 revised criteria for the
197 classification of RA [37] in ten studies [5,24-25,27-31,33,34]. Therefore, in one study [33],
198 the authors used both criteria [34,35] even though they did not provide details regarding how
199 they applied them. The mean age of all assessed participants was 50.3 years old [3,5,23-35],
200 and 71.4 % of them were females. Concerning the 5,602 patients diagnosed with RA, their
201 mean age was 53.7 years old [3,5,23-35], and 79.0% of them were females. Included studies
202 were performed in 16 different countries: Nine countries in Europe [3,23,25,26,28,30,31],
203 three in Latin America [24,27,33,35], two in Africa [29,32,34], one in Asia [5] and one in
204 Oceania [28]. From the 15 articles reviewed, 14 evaluated the susceptibility to RA (Table 3)
205 [3,5,23-29,31-35], and 12 assessed other outcomes [3,23,25-30,32-35] (listed in Table 2).

206 The included publications assessed the frequency of polymorphisms in the genes
207 coding for IL-17A, IL-17F and IL-21 (regarding IL-22, no studies assessing the association
208 between its polymorphisms and RA were found). A total of 14 polymorphisms have been
209 assessed by the included studies; of those, four have been assessed in more than one study,
210 namely rs2275913 (11 studies) [3,5,23,26-29,32-35], rs763780 (8 studies) [3,23,25-27,29,33-
211 34], rs2397084 (5 studies) [3,23,25,29,34] and rs6822844 (3 studies) [24,30,31] (Table 3).
212 The remaining 10 polymorphisms were only assessed by one study each.

Outcome	IL	Polymorphism	Study	OR (95% CI)	p-value
Rheumatoid Factor	IL-17A	rs2275913 AG	Pawlik A et al. (2016)	NA	0.35
	IL-17A	rs2275913 AG	Silva I et al. (2017)	0.72 (0.34-1.49)	0.49
	IL-17A	rs2275913 GG	Nordang GB et al. (2009)	NA	NS
	IL-17A	rs2275913 GG	Dhaouadi T et al. (2018)	NA	0.84
	IL-17A	rs2275913	García de la Peña M et al. (2017)	NA	0.40
	IL-17F	rs763780 CT	Pawlik A et al. (2016)	NA	0.70
	IL-17F	rs763780 CT	Silva I et al. (2017)	0.46 (0.10-2.03)	0.50
	IL-17F	rs2397084 CT	Pawlik A et al. (2016)	NA	0.06
	IL-17F	rs11465553 CT	Pawlik A et al. (2016)	NA	1.00
	IL-21	rs6822844	Daha NA et al. (2009)	1.09 (0.80-1.48)	0.58
Anti-CCP	IL-17A	rs2275913 GG	Nordang GB et al. (2009)	NA	NS
	IL-17A	rs2275913 GG	Dhaouadi T et al. (2018)	NA	0.49
	IL-17A	rs2275913	García de la Peña M et al. (2017)	NA	0.70
CRP	IL-17A	rs2275913 AG	Silva I et al. (2017)	1.15 (0.49-2.65)	0.91
	IL-17F	rs763780 CT	Silva I et al. (2017)	2.35 (0.27-19.97)	0.70
	IL-17F	rs2397084 CT	Erkol Inal E et al. (2015)	NA	0.06
ESR	IL-17A	rs2275913 AG	Silva I et al. (2017)	1.22 (0.59-2.52)	0.72
	IL-17F	rs763780 TT	Louahchi S et al. (2016)	NA	0.02
	IL-17F	rs763780 CT	Silva I et al. (2017)	1.77 (0.41-7.60)	0.67
Creatinine	IL-17F	rs763780 CT	Paradowska-Gorycka A et al. (2010)	NA	0.02
Clinical Features ^a	IL-17A	rs2275913 AG	Carvalho CN et al. (2016)	NA	NA
Severity	IL-17A	rs2275913 AG	Carvalho CN et al. (2016)	NA	NA
	IL-17F	rs763780 CT	Marwa O et al. (2017)	2.83 (1.11-6.90)	0.02
	IL-17F	rs2397084 CT	Marwa O et al. (2017)	3.90 (1.84-8.20)	0.001
	IL-17A	rs2275913 AG	Silva I et al. (2017)	2.33 (0.86-6.28)	0.14
DAS-28-CRP	IL-17A	rs2275913	García de la Peña M et al. (2017)	NA	0.20
	IL-17F	rs763780 CT	Paradowska-Gorycka A et al. (2010)	NA	0.06
	IL-17F	rs763780 CT	Carvalho CN et al. (2016)	NA	NA
	IL-17F	rs763780 CT	Silva I et al. (2017)	0.511 (0.06-4.34)	0.86
	IL-17A	rs2275913	García de la Peña M et al. (2017)	NA	0.10
HAQ	IL-17F	rs763780 CT	Paradowska-Gorycka A et al. (2010)	NA	0.08
	IL-17A	rs2275913 AG	Carvalho CN et al. (2016)	NA	NA
Progression	IL-17A	rs2275913 AG	Bogunia-Kubit K et al. (2015)	NA	0.06
	IL-17A	rs2275913 GG	Nordang GB et al. (2009)	NA	NS

2-year Radiographic Progression	IL-17A	rs2275913 GG	Nordang GB et al. (2009)	NA	0.44
No responsiveness to anti-TNF therapy	IL-17A	rs2275913 AG	Bogunia-Kubit K et al. (2015)	NA	0.04
Age at diagnosis	IL-17A	rs2275913 AG	Erkol Inal E et al. (2015)	NA	NS
	IL-17A	rs2275913 AG	Pawlik A et al. (2016)	NA	0.56
	IL-17F	rs763780 CT	Pawlik A et al. (2016)	NA	0.69
	IL-17F	rs2397084 CT	Pawlik A et al. (2016)	NA	0.69
	IL-17F	rs11465553 CT	Pawlik A et al. (2016)	NA	0.63
Disease duration in people with RA	IL-17A	rs2275913	García de la Peña M et al. (2017)	NA	0.30
	IL-17F	rs2397084 TT	Louahchi S et al. (2016)	NA	0.003
	IL-17F	rs2397084 CT	Paradowska-Gorycka A et al. (2010) ^b	NA	0.07
	IL-17F	rs2397084 CT	Marwa O et al. (2017) ^c	19.4 (2.19-522)	NA
Erosive disease	IL-17A	rs2275913 AG	Pawlik A et al. (2016)	NA	0.64
	IL-17A	rs2275913 AG	Silva I et al. (2017)	1.72 (0.64-4.62)	0.40
	IL-17A	rs2275913 GG	Dhaouadi T et al. (2018)	NA	0.13
	IL-17F	rs763780 CT	Pawlik A et al. (2016)	NA	0.52
	IL-17F	rs763780 CT	Silva I et al. (2017)	NS	NS
	IL-17F	rs2397084 CT	Pawlik A et al. (2016)	NA	0.78
	IL-17F	rs11465553 CT	Pawlik A et al. (2016)	NA	0.69
Tender Joints	IL-17F	rs763780 CT	Paradowska-Gorycka A et al. (2010)	NA	0.03
Extra-articular manifestations	IL-17A	rs2275913 AG	Pawlik A et al. (2016)	NA	0.25
	IL-17F	rs763780 CT	Pawlik A et al. (2016)	NA	0.14
	IL-17F	rs2397084 CT	Pawlik A et al. (2016)	NA	0.69
	IL-17F	rs11465553 CT	Pawlik A et al. (2016)	NA	0.08

Anti-CCP: cyclic citrullinated peptide antibodies; CRP: C-Reactive Protein; DAS28-CRP: Disease Activity Score 28-C-Reactive Protein; ESR: Erythrocyte Sedimentation Rate; HAQ: Health Assessment Questionnaire; IL: Interleukin; NA: Not available; NS: No information other than non significant association (>0.05).

^a RSFR – Resting Saliva Flow Rate; Schirmer test; Xerostomia; Xerophthalmia; Biopsy. ^b<1 year vs >1 year; ^c ≤2 years vs 3-5 years.

214 **Table 2.** Assessed associations between RA clinical and laboratorial characteristics and IL-17A, IL-17F and IL-
215 21 polymorphisms.

Interleukin	Polymorphism (Location)	Study	Study Design	Geographic Area	Genotype	p value	OR (95% CI)	Population					
								RA cases		Controls		Total	
								Total	With polymorphism - n (%)	Total	With polymorphism - n (%)		
IL-17A	rs2275913 (Position 52186235 in Chr 6)	Pawlik A et al. (2016)	CC	Poland	AA	0.33	0.80 (0.53-1.22)	422 ^a	51 (12.2)	337	50 (14.84)	759	
					AG	NA	0.83 (0.62-1.11)		193 (46.3)		169 (50.2)		
					GG	0.17	1.28 (0.95-1.72)		173 (41.5)		118 (35.0)		
		Shen L et al. (2015)	CC	China	AA	0.04	0.77 (0.59-0.99)	615 ^b	114 (18.9)	839	194 (23.3)	1454	
					AG	NA	1.08 (0.87-1.33)		292 (48.3)		383 (46.0)		
					GG	NA	1.09 (0.87-1.36)		198 (32.8)		255 (30.7)		
		Erkol Inal E et al. (2015)	CC	Turkey	AA	NS	NA	161 ^a	32 (19.9)	88	NA	249	
					AG	NS	NA		61 (37.89)		NA		
					GG	NS	NA		68 (42.2)		NA		
		Bogunia-Kubit K et al. (2015)	CH	Poland	AA	NA	0.82 (0.38-1.77)	89 ^a	12 (13.6)	125	20 (16.0)	214	
					AG	NA	0.85 (0.49-1.46)		44 (50.0)		67 (53.6)		
					GG	NA	1.29 (0.72-2.29)		32 (36.4)		38 (30.4)		
		Carvalho CN et al. (2016)	CC	Brazil	AA	0.53	0.47 (0.16-1.36)	131 ^b	7 (5.3)	75	8 (6.0)	206	
					AG	0.53	1.68 (0.91-3.16)		50 (38.2)		20 (26.7)		
					GG	0.53	0.69 (0.38-1.24)		74 (56.5)		49 (65.3)		
Nordang GB et al. (2009) ^c	CC	Norway; Zealand	GG	0.02	1.19 (1.02-1.37)	950; 580 ^b	396 (42.2); NA	933; 504	335 (36.4); NA	1883; 1084			
Louahchi S et al. (2016)	CC	Algeria	NA	NS	NA	343 ^b	NA	323	NA	666			
Silva I et al. (2017)	CC	Brazil	GG	0.03	3.18 (1.13-9.95)	127 ^{a,b}	81 (63.8)	134	75 (56.0)	261			
Marwa O et al. (2017)	CC	Tunisia	AG	0.66	0.87 (0.51-1.47)	108 ^b	34 (31.5)	202	70 (64.8)	310			
Dhaouadi T et al. (2018)	CC	Tunisia	AG	0.92	1.12 (0.60-2.10)	115 ^a	86 (74.8)	91	66 (72.5)	206			
García de la Peña M et al. (2017)	CC	Mexico	NA	<0.01	5.6 (1.5-20.9)	76 ^a	12 (15)	94	3 (3)	170			
IL-17A	rs3819024 (Position 52185988 in Chr 6)				AA	NA	1.08 (0.86-1.36)		176 (29.3)		227 (27.3)		
					AG	NA	1.08 (0.88-1.33)		304 (50.6)		399 (48.1)		
					GG	0.05	0.77 (0.60-1.00)		121 (20.1)		204 (24.6)		
	rs3819025 (Position 52186476 in Chr 6)					AA	0.58	1.19 (0.64-2.23)		19 (3.1)		22 (2.7)	
						AG	0.03	1.29 (1.02-1.63)		181 (29.4)		209 (25.2)	
						GG	NA	0.76 (0.61-0.95)		404 (66.9)		600 (72.3)	
	rs4711998 (Position 52185555 in Chr 6)	Shen L et al. (2015)	CC	China	AA	NA	0.98 (0.79-1.21)	615 ^{b,d}	328 (51.7)	839 ^d	452 (53.2)	1454	
					AG	NA	0.97 (0.78-1.20)		243 (40.9)		338 (40.9)		
					GG	0.27	1.27 (0.83-1.94)		44 (7.4)		49 (5.9)		
	rs8193036 (Position 52185695 in Chr 6)					AA	NA	1.13 (0.78-1.64)		55 (9.6)		67 (8.3)	
						AG	0.01	1.36 (1.10-1.68)		234 (40.8)		281 (34.6)	
						GG	NA	0.69 (0.56-0.85)		284 (49.6)		464 (57.1)	
	rs8193037 (Position 52186311 in Chr 6)					AA	0.67	1.19 (0.55-2.58)		12 (2.0)		14 (1.7)	
						AG	NA	0.88 (0.67-1.14)		116 (19.2)		176 (21.2)	
						GG	NA	1.04 (0.81-1.33)		475 (78.8)		642 (77.2)	
IL-17F	rs763780 (Position 52236941 in Chr 6)	Bogunia-Kubit K et al. (2015)	CH	Poland	TT	NA	0.25 (0.11-0.53)	89 ^a	64 (71.9)	125	114 (91.2)	214	
					CT	NA	2.27 (1.00-5.17)		16 (18.0)		11 (8.8)		
					CC	NA	-		9 (10.1)		0		
		Paradowska-Gorycka A et al. (2010)	CC	Poland	TT	0.87	0.64 (0.27-1.46)	220 ^b	195 (88.6)	106	98 (92.5)	326	
					CT	0.50	1.50 (0.65-3.46)		24 (10.9)		8 (7.5)		
					CC	0.71	-		1 (0.5)		0		
		Carvalho CN et al. (2016)	CC	Brazil	TT	0.24	0.58 (0.21-1.61)	131 ^b	87 (87.0)	75	69 (92.0)	206	
					CT	0.24	2.67 (0.71-10.05)		10 (10.0)		3 (4.0)		
					CC	0.24	0.74 (0.15-3.79)		3 (3.0)		3 (4.0)		

	Pawlik A et al. (2016)	CC	Poland	TT	0.33	0.62 (0.35-1.10)	422 ^a	385 (91.2)		318 (94.4)	
				CT	NA	1.60 (0.89-2.88)		35 (8.3)	337	18 (5.3)	759
				CC	1.00	1.60 (0.14-17.77)		2 (0.5)		1 (0.3)	
	Erkol Inal E et al. (2015)	CC	Turkey	TT	NS	NA	161 ^a	132 (82.0)		NA	249
				CT	NS	NA		6 (3.7)	88	NA	
				CC	NS	NA		23 (14.3)		NA	
	Louahchi S et al. (2016)	CC	Algeria	NA	NS	NA	343 ^b	NA	323	NA	666
	Marwa O et al. (2017)	CC	Tunisia	CT	<0.01	6.40 (3.26-12.67)	108 ^b	40 (37.0)	202	17 (8.4)	310
	Silva I et al. (2017)	CC	Brazil	CT	0.40	0.66 (0.24-1.71)	127 ^{ab}	8 (6.3)	134	13 (9.7)	261
				CC	0.99	-		0		1 (0.8)	
	Paradowska-Gorycka A et al. (2010)	CC	Poland	TT	0.95	1.14 (0.64-2.04)	220 ^b	179 (81.4)		84 (79.2)	326
				CT	0.63	0.80 (0.44-1.43)		38 (17.3)	106	22 (20.8)	
				CC	0.56	-		3 (1.4)		0	
	Pawlik A et al. (2016)	CC	Poland	TT	0.13	1.02 (0.72-1.46)	422 ^a	337 (79.9)		268 (79.3)	759
				CT	NA	1.09 (0.75-1.57)		83 (20.7)	337	62 (18.4)	
				CC	0.09	0.23 (0.05-1.09)		2 (0.5)		7 (2.1)	
	Erkol Inal E et al. (2015)	CC	Turkey	CT	NS	NA	161 ^a	NA	88	NA	249
	Louahchi S et al. (2016)	CC	Algeria	NA	NS	NA	343 ^b	NA	323	NA	666
	Marwa O et al. (2017)	CC	Tunisia	CT	<0.01	5.80 (3.32-10.50)	108 ^b	51 (47.2)	202	27 (13.4)	310
	Pawlik A et al. (2016)	CC	Poland	TT	NA	NA	422 ^a	0		0	759
				CT	NA	1.01 (0.63-1.63)		43 (10.2)	337	34 (10.4)	
				CC	0.96	0.99 (0.62-1.59)		379 (89.8)		303 (89.6)	
	Maiti AK et al. (2010)	CC; MA	Colombia	NA	0.02	0.61 (0.40-0.92)	354 ^b	NA	368	NA	722
	Daha N et al. (2009)	CC; MA	Netherlands	NA	0.05	0.84 (0.70-1.00)	877 ^b	NA	866	NA	1743
				TT	0.64	0.72 (0.61-0.86)		8 (1.8)		11 (2.5)	
				GG	0.32	1.18 (0.87-1.60)	434 ^b	327 (75.3)	434	313 (72.1)	868
				TG	0.43	0.87 (0.64-1.19)		99 (22.8)		110 (25.4)	
				AA	0.28	0.85 (0.65-1.11)		182 (42.0)		199 (46.0)	
				AG	0.04	1.32 (1.01-1.72)	433 ^b	213 (49.2)	433	183 (42.3)	866
				GG	0.18	0.72 (0.46-1.12)		38 (8.8)		51 (11.8)	
				AA	0.23	1.23 (0.9-1.68)		340 (78.3)		324 (74.7)	
				AG	0.28	0.83 (0.6-1.15)	434 ^b	87 (20.0)	434	101 (23.3)	868
				GG	0.80	0.77 (0.28-2.09)		7 (1.6)		9 (2.1)	
				AA	0.49	0.79 (0.46-1.36)		25 (5.8)		31 (7.1)	
				AG	0.89	1.03 (0.78-1.35)	434 ^b	174 (40.1)	434	171 (39.4)	868
				GG	0.89	1.03 (0.79-1.35)		235 (54.2)		232 (53.5)	
				AA	0.30	0.77 (0.49-1.21)		35 (8.1)		45 (10.4)	
				AG	0.20	1.20 (0.92-1.57)	434 ^b	195 (44.9)	434	175 (40.3)	868
				GG	0.54	0.91 (0.7-1.19)		204 (47.0)		214 (49.3)	

Abbreviations: CC - case control study; CH - cohort study; Chr - chromosome; IL - interleukin; MA - meta-analysis study; NA - Not available; NS - No information other than non significant association (>0.05); RA - rheumatoid arthritis. ^aDiagnosis of RA according to the 2010 American College of Rheumatology's criteria [36]; ^bDiagnosis of RA according to the 1987 American Rheumatism Association revised criteria [37]. ^cNo significant heterogeneity was observed between the Norwegian and New Zealand cohorts (Breslow-Day test, p: 0.20). ^dThe genotyping was successful in: 604 cases and 832 controls for rs2275913 GA; 601 cases and 830 controls for rs3819024 AG; 604 cases and 831 controls for rs3819025 GA; 594 cases and 827 controls for rs4711998 AG; 573 cases and 812 controls for rs8193036 CT; and 603 cases and 832 controls for rs8193037 GA.

Table 3. Characteristics of included studies and associations between IL-17A, IL-17F and IL-21 polymorphisms and susceptibility to rheumatoid arthritis (RA).

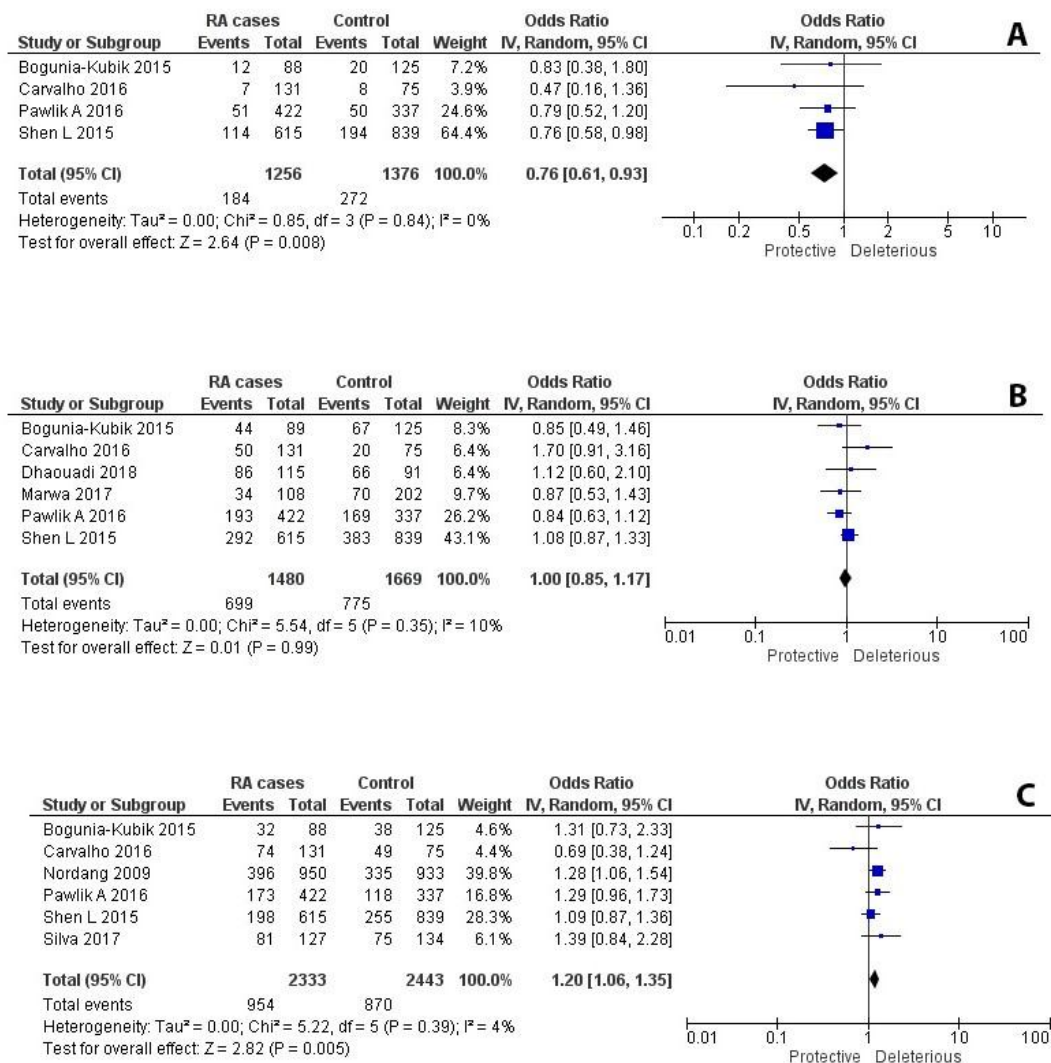
3.3. Association between IL-17A polymorphisms and RA susceptibility

Eleven studies evaluated IL-17A polymorphisms, namely rs2275913, rs3819024, rs3819025, rs4711998, rs8193036 and rs8193037 [3,5,23,26-29,32-35]. These were mainly case-control studies, except for the study performed by Bogunia-Kubik, which consisted of a cohort study [26]. These studies assessed patients from 10 different countries; 72.2% of participants were female, and mean patients' age was 50.3 years (Table 3).

All these publications assessed the association between rs2275913 polymorphisms and susceptibility to RA [3,5,23,26-29,32-35]. Five studies did not find a significant association between the rs2275913 AA genotype and susceptibility to RA [3,23,27-29], while one study found that genotype to be significantly associated with lower risk of RA [5]. Our meta-analysis showed the AA genotype to be significantly associated with lower susceptibility to RA (OR=0.76; 95%CI=0.61-0.93; $p=0.01$) with no significant heterogeneity detected (Q Cochran p value=0.84; $I^2=0\%$) (Figure 2A). Regarding the rs2275913 AG genotype, no study found significant associations between its expression and susceptibility to RA. Accordingly, our meta-analysis showed that the AG genotype was not significantly associated with susceptibility to RA (OR=1.00; 95%CI=0.85-1.17; $p=0.99$; Q Cochran p value=0.35; $I^2=10\%$) (Figure 2B). On the other hand, rs2275913 GG genotype was found to have a significant association with increased susceptibility to RA according to two studies [28,33]. Our meta-analysis also showed the GG genotype to be significantly associated with susceptibility to RA (OR=1.20; 95%CI=1.06-1.35; $p=0.01$) with no substantial heterogeneity detected (Q Cochran p value=0.39; $I^2=4\%$) (figure 2C). Of note, one study found rs2275913 AG polymorphism to be significantly associated with no responsiveness to anti-TNF therapy [26].

The remaining IL-17A polymorphisms (rs3819024, rs3819025, rs4711998, rs8193036 and rs8193037) were only assessed in one study [5], which found that the susceptibility to RA was significantly decreased in individuals with the GG genotype of rs3819024. That study

241 also reported an increased risk of RA in patients with the AG genotype or with the A allele of
 242 the rs3819025 polymorphism, as well as with the AG genotype or A allele of the rs8193036
 243 polymorphism. However, the G and A alleles did not reach the level of statistical significance
 244 in three other studies [32-34]. Moreover, Shen [5] found a decreased risk of RA in patients
 245 with the GG genotype of rs3819025 polymorphism and with the GG genotype of the
 246 rs8193036 polymorphism (Table 3).



247 **Figure 2:** Forest plots assessing the association between the AA genotype (A), the AG genotype (B) and the GG
 248 genotype (C) of the IL-17A rs2275913 polymorphism with susceptibility to rheumatoid arthritis (RA). Forest
 249 plots were obtained by means of random-effects meta-analyses weighted by the inverse of variance. For each
 250 forest plot, the meta-analytical pooled odds ratio (OR) and the respective confidence interval is represented by a
 251 diamond, indicating whether the corresponding genotype is more common among patients without RA

252 (“protective”) or with RA (“deleterious”). Statistically significant associations occur when diamonds do not
253 cross the OR=1 vertical line.

254

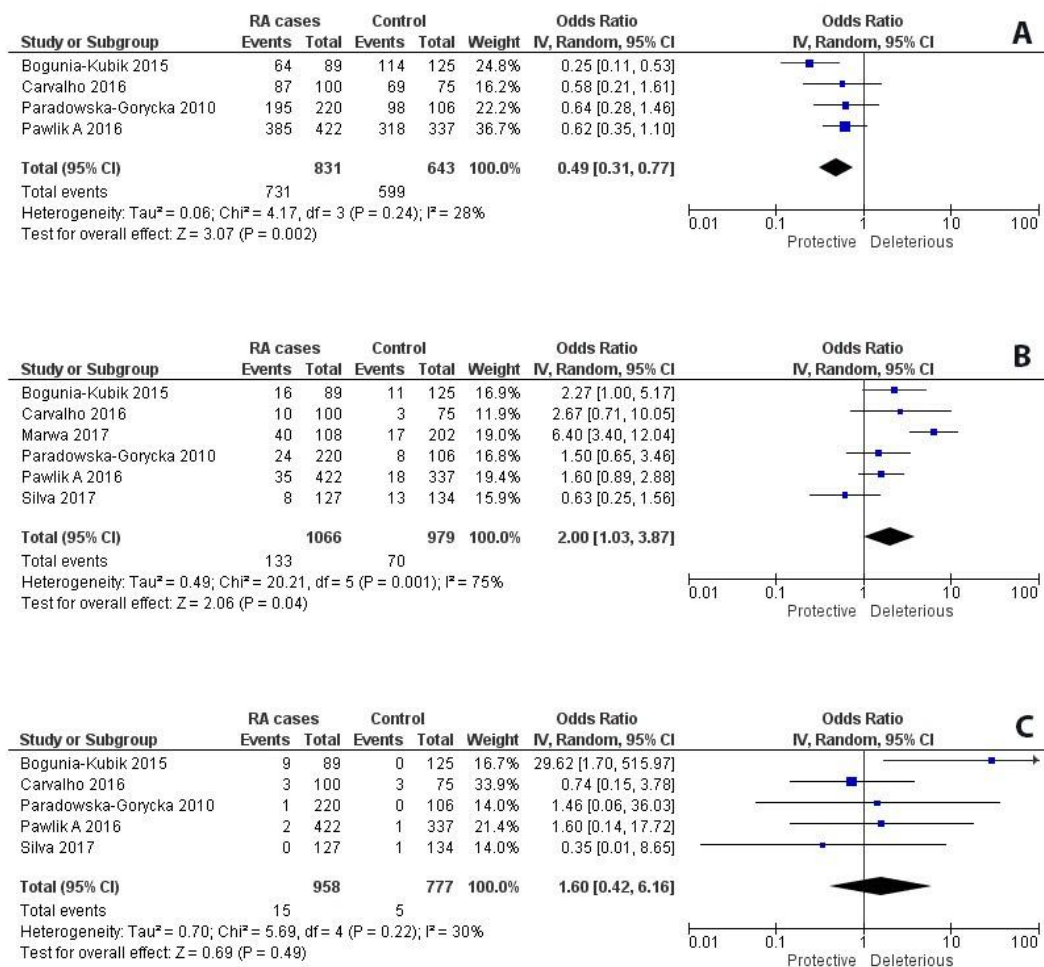
255 **3.4. Association between IL-17F polymorphisms and RA susceptibility**

256 Eight studies evaluated IL-17F polymorphisms, namely rs763780, rs2397084, and
257 rs11465553 [3,23,25-27,29,33-34]. These were mainly case-control studies, except for
258 Bogunia-Kubik cohort study [26]; 74.3% of patients were female, and mean patients’ age was
259 51.7 years (Table 3).

260 All 8 publications assessed the association between susceptibility to RA and rs763780
261 polymorphisms – Bogunia-Kubik [26] reported a decreased risk of RA in patients with the TT
262 genotype, and an overall protective effect associated with the T allele. On the other hand,
263 Marwa [34] found that patients carrying at least one copy of the C allele were 6.4 times more
264 susceptible to develop RA. The remaining studies found no significant associations between
265 rs763780 polymorphisms and RA susceptibility [3,23,25,27,29], although there were reports
266 on those polymorphisms being significantly associated with tender joints, disease duration
267 and higher creatinine levels and lower sedimentation rate [25,29,34] (Table 2).

268 Our meta-analysis showed that the TT genotype was significantly less common in
269 patients with RA (OR=0.49; 95%CI=0.31-0.77; $p=0.002$), with no severe heterogeneity
270 detected (Q Cochran p value=0.24; $I^2=28\%$) (Figure 3A). On the other hand, the CT genotype
271 was found to be significantly associated with susceptibility to RA (OR=2.00; 95%CI=1.03-
272 3.87; $p=0.04$), but with substantial heterogeneity detected (Q Cochran p value=0.001;
273 $I^2=75\%$) (figure 3B). In the context of a leave-one-out sensitivity analysis, we observed that
274 heterogeneity became non-severe (Q Cochran p value=0.26; $I^2=24\%$) and that the association
275 became non-significant (OR=1.51; 95%CI=0.98-2.32; $p=0.06$) after removing the Marwa

276 study [34]. On the other hand, all subgroup analyses yielded severe heterogeneity, except
 277 when only European studies were assessed (OR=1.57; 95%CI=0.97-2.54; $p=0.07$; Q Cochran
 278 p value=0.90; $I^2=0\%$). Finally, the CC genotype was not significantly associated with
 279 susceptibility to RA (OR=1.60; 95%CI=0.42-6.16; $p=0.49$; Q Cochran p value=0.22; $I^2=30\%$)
 280 (Figure 3C).



281 **Figure 3:** Forest plots assessing the association between the TT genotype (A), the CT genotype (B) and the CC
 282 genotype (C) of the IL-17F rs763780 polymorphism with susceptibility to rheumatoid arthritis (RA). Forest plots
 283 were obtained by means of random-effects meta-analyses weighted by the inverse of variance. For each forest
 284 plot, the meta-analytical pooled odds ratio (OR) and the respective confidence interval is represented by a
 285 diamond, indicating whether the corresponding genotype is more common among patients without RA
 286 (“protective”) or with RA (“deleterious”). Statistically significant associations occur when diamonds do not
 287 cross the OR=1 vertical line.

288 Five publications [3,23,25,29,34] assessed the rs2397084 polymorphism and only one
289 study [34] found significant associations between expression of this polymorphism and
290 increased susceptibility to RA or disease severity. Accordingly, our meta-analyses found no
291 significant association between RA and expression of the TT genotype (OR=1.05;
292 95%CI=0.78-1.43; $p=0.74$; Q Cochran p value=0.74; $I^2=0\%$), the CC genotype (OR=0.65;
293 95%CI=0.05-8.76; $p=0.33$; Q Cochran p value=0.11; $I^2=60\%$) or the CT genotype (OR=1.70;
294 95%CI=0.56-5.20; $p=0.35$; Q Cochran p value<0.01; $I^2=93\%$). Regarding the latter analysis,
295 no severe heterogeneity was found after removing the Marwa study (leaving only the two
296 Polish studies) – OR=1.00; 95%CI=0.73-1.36; $p=0.98$; Q Cochran p value=0.38; $I^2=0\%$.
297 Finally, rs11465553 polymorphisms were only assessed in one study [3], which found no
298 association between CC and TT genotypes, or T allele and susceptibility to RA.

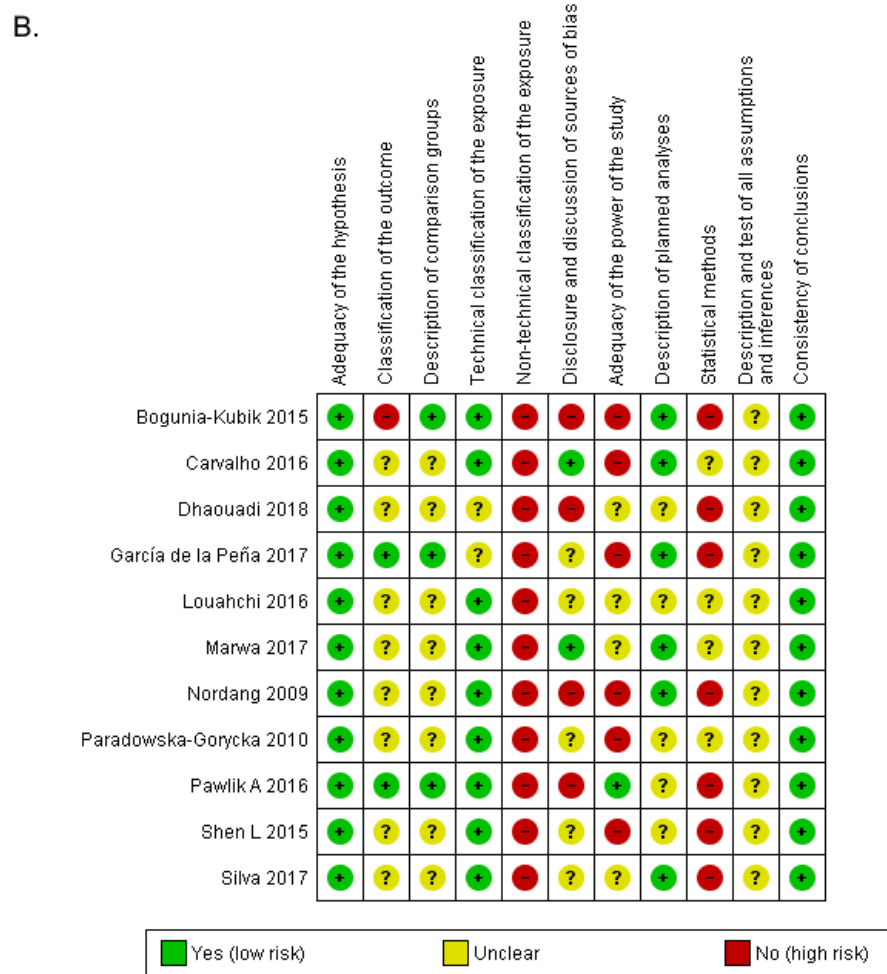
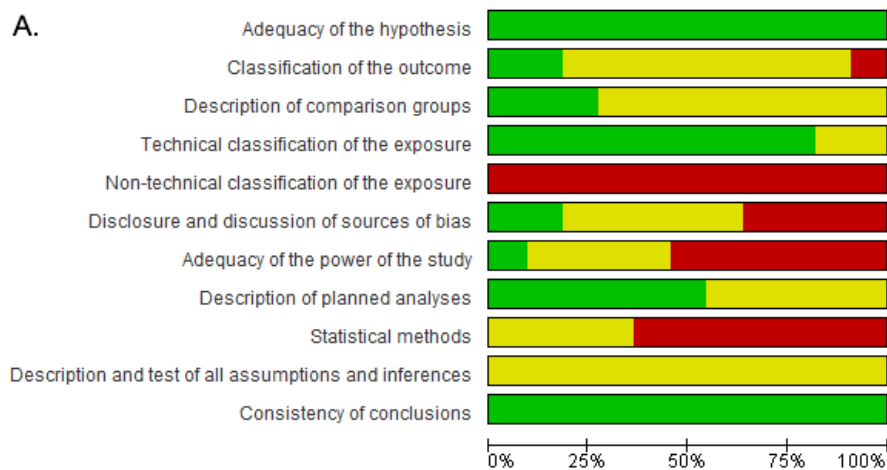
299 **3.5. Association between the IL-21 polymorphisms and RA susceptibility**

300 Three studies evaluated IL-21 polymorphisms [24,30-31], namely rs6822844,
301 rs4505848, rs11732095, rs4492018 and rs1398553. These were all case-control studies,
302 evaluating patients from Colombia and European countries (Table 1). No information was
303 provided concerning patients' age or gender distribution.

304 The rs6822844 polymorphism was assessed by those three studies - one [24] reported
305 a strong association with RA and another one [30] reported no association (however, none of
306 these studies specified the tested genotype). The third study [31] demonstrated that the TT
307 genotype of this polymorphism associated with decreased susceptibility to RA. Finally,
308 concerning rs6822844 T and G alleles, one study [30] found them to be associated with
309 increased susceptibility to RA in Dutch patients. The remaining IL-21 polymorphisms
310 (rs4505848, rs11732095, rs4492018 and rs1398553) were only assessed by one study [31].

311 **3.6. Studies Quality Assessment**

312 The Q-Genie tool generates a quality score for each study with corresponding ratings
313 of ‘low’, ‘moderate’, or ‘high’ quality [19]. Applying these criteria to the 15 studies, we
314 found that four of them were of high quality [3,27,31,34], while the other 11 were of
315 moderate quality [5,23-26,28-30,32,33,35]. Of the moderate quality publications [5,23-26,28-
316 30,32,33,35], the majority had a biased non-technical classification of the genetic variant,
317 poor statistical methods and inadequate disclosure of potential sources of bias. Regarding
318 high-quality studies [3,27,31,34], they were mostly adequately powered, had a very good
319 technical classification of the genetic variant, and the analysis plan was appropriate and
320 sufficiently described for all assumptions and inferences. All studies had an adequate
321 hypothesis and rationale and the conclusions drawn by the authors were supported by the
322 results and by appropriate methods (Supplementary Figure 1).

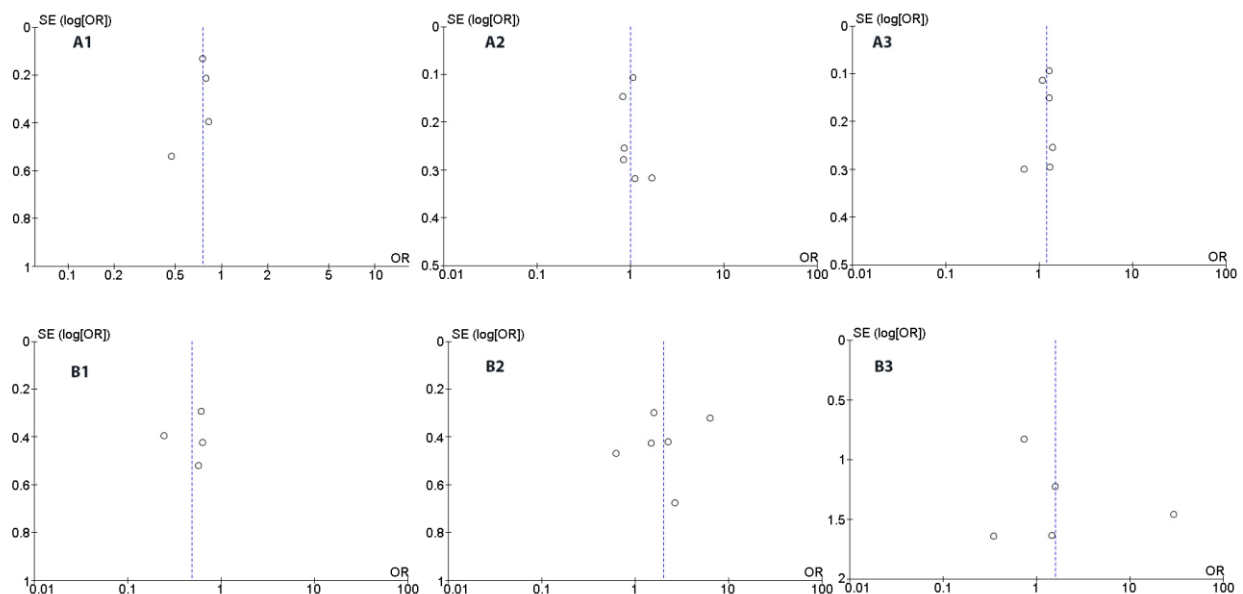


324 **Supplementary figure 1: A** - Risk of bias graph for the studies included in the meta-analyses: review authors'
 325 judgements about each risk of bias item presented as percentages across all included studies; **B:** Risk of bias
 326 summary for the studies included in the meta-analyses - review authors' judgements about each risk of bias item
 327 for each included study.

329
330

3.7. Publication bias

331 The funnel plots for the studies included in the meta-analyses are presented in
332 Supplementary figure 2. The funnel plots do not show asymmetries suggestive of publication
333 bias but the number of included studies is insufficient to allow for a clear interpretation of
334 these plots.



335 **Supplementary figure 2:** Funnel plots for primary studies (circles) included in the meta-analyses assessing the
336 associations between variants of the IL-17A rs2275913 and IL-17F rs763780 polymorphisms and susceptibility
337 to rheumatoid arthritis. Presented plots concern assessments of the AA genotype (A1), the AG genotype (A2)
338 and the GG genotype (A3) of the IL-17A rs2275913 polymorphism, and of the TT genotype (B1), the CT
339 genotype (B2) and the CC genotype (B3) of the IL-17F rs763780 polymorphism; meta-analytical results are
340 represented by dashed lines. For each funnel plot, a symmetrical triangular disposition of circles indicates
341 absence of publication bias, while an asymmetrical disposition suggests the possibility of publication bias.

342 4. DISCUSSION

343 Recently, many interleukins have been described to participate in the pathogenesis of
344 RA. Although it was originally thought that IL-17 was only produced by Th17 cells, it is now
345 known that IL-17 is also produced by several other cell types [38]. Conversely, Th17 cells
346 also produce the pro-inflammatory cytokines IL-21 and IL-22, resulting in a complex network
347 of inflammatory agents involved in the pathogenesis of RA.

348 We found the rs2275913 IL-17A polymorphism to be associated with the frequency
349 of RA. This polymorphism is located at position 197 and promotes an increased production of
350 IL-17 [38]. Espinoza et al [40] showed that the IL17A rs2275913 A allele correlates to more
351 efficient IL-17 production and higher affinity for the nuclear factor of activated T cells
352 (NFAT) – this polymorphism is positioned close to two binding motifs for NFAT, which is a
353 vital controller of the IL-17 promoter. Therefore, it is plausible that rs2275913 variations
354 affect the transcriptional regulation of IL-17A, with the A allele promoting an increased
355 production of IL-17 [17]. Our meta-analysis, however, showed that the AA genotype was
356 significantly less frequent in RA patients (i.e., had a possibly protective effect), while the
357 opposite was observed for the GG genotype. While this is surprising on account of the
358 putative transcriptional role of rs2275913 A allele, the evidence from previous clinical studies
359 is less clear – a recent meta-analysis [17] suggested that individuals carrying the rs2275913 A
360 allele or GA genotype have an increased risk of inflammatory diseases, although this
361 polymorphism was not observed to be associated with the risk of each disease individually.
362 On the other hand, Zhang et al [41] concluded that, in ulcerative colitis, patients with the
363 IL17A rs2275913 A allele tended to suffer milder lesions. All this considered, it is important
364 to note that IL-17A production may also be affected by post-translational
365 mechanisms/negative feedback loops and that, within the pathogenesis of RA, IL-17A acts as
366 a component of a more complex cytokine network involving other proinflammatory cytokines

367 (including TNF- α and IL-6) and chemokines [42]. Therefore, further research is required to
368 understand the pathophysiological role of IL-17A and its clinical association with the
369 described findings.

370 Concerning IL-17F, this cytokine contributes to neutrophil recruitment and activation
371 through stimulation of cytokine and chemokine production. Several studies evaluated the
372 effect of rs763780 on RA susceptibility, which has also been shown to be associated with
373 other inflammatory diseases [43-45]. The mutated variant of this polymorphism is
374 responsible for a His-to-Arg substitution at amino acid 161, which can change the
375 conformation or molecular expression of IL-17F [46]. In fact, *in vitro* experiments
376 demonstrated that, unlike wild-type IL-17F (TT genotype), this mutated variant lacked the
377 ability to activate the mitogen-activated protein kinase pathway, with the CC genotype
378 associating with lower cytokine production and chemokine production in bronchial epithelial
379 cells. Our meta-analysis showed that the TT genotype was significantly more frequent in
380 healthy individuals than in RA patients, while the opposite was observed for the CT genotype.
381 Previous meta-analyses also found [17] that carriers of the rs763780 C allele, CT or CC
382 genotypes had higher risks of developing RA than subjects with the T allele or TT genotype.
383 Accordingly, Zhang et al [41] found the IL17F rs763780 CT variant to be associated with an
384 increased risk for development of Crohn disease, as well as with clinical features of ulcerative
385 colitis and Crohn disease. It is worth mentioning that, in our meta-analysis, we found
386 substantial heterogeneity for the association between the CT genotype and RA susceptibility -
387 heterogeneity was possibly related with the population characteristics of the Marwa study [34]
388 (as it ceased to be significant following a sensitivity analysis removing this study), whose
389 percentage of males in the control group was almost the double of the one found in the RA
390 patients group. Population characteristics might also explain other inconsistencies – while our
391 meta-analysis included primary studies performed in Europe, Northern Africa and Latin

392 America, the study of Kawaguchi et al [46] - which showed that patients carrying the CC
393 genotype have decreased IL-17F expression in the bronchial cells - was performed in
394 Japanese subjects, in whom there is a low frequency of the C variant in the general
395 population.

396 Still concerning IL-17F polymorphisms, no association was found between any of the
397 rs2397084 variants and RA susceptibility. Of note, a previous study [47] also found no
398 significant differences between frequency of paediatric-onset systemic lupus erythematosus
399 and expression of rs2397084, except when IL-17F rs2397084TT associated with IL-17A
400 rs2275913GG and IL-17F rs763780CT. This is interesting because the TT genotype gains
401 significance when associated with the same genotypes that we found significantly associated
402 with the risk of RA.

403 Interleukin-21 is another cytokine involved in the Th17 cascade, and the rs6822844
404 polymorphism has been associated with several inflammatory diseases. We found
405 contradictory results regarding the association between rs6822844 expression and increased
406 susceptibility to RA – significant associations were observed for two studies, but not for a
407 third one. However, this latter study [31] was performed in a small number of individuals, and
408 used a family based-approach which can complicate the replication of the putative effect of
409 the 4q27 locus in RA. Of note, the rs6822844 polymorphism is located within a noncoding
410 region upstream of IL-21 and downstream of IL-22, which seems to encode a micro-RNA
411 precursor. The substitution of the G allele by the T allele abolishes that micro-RNA producing
412 ability, possibly affecting its function. While it is difficult to interpret polymorphisms in
413 noncoding regions [2], more studies are required to characterize the relevant molecular
414 pathways and phenotypic consequences of this IL-21 polymorphism [24].

415 This study has several limitations. In fact, some of the included studies assessed a
416 small sample size [26-27,32,35], while the possibility of substantial population stratification
417 may explain the lack of association observed in some studies [24]. In addition, our search
418 mainly comprised international online databases, while many studies with negative results
419 might end up being published in non-indexed journals. In order to try to circumvent this issue,
420 we searched more than one electronic bibliographic database and did not apply exclusion
421 criteria based on the publication language. Besides, the included studies did not all adopt the
422 same RA definition, and assessed different populations. Despite this, some strengths can be
423 pointed out, as most articles included in this systematic review shared a similar methodology;
424 in fact, our meta-analyses found no significant or substantial heterogeneity for most
425 outcomes. Additionally, most assessed primary studies had a moderate quality according to
426 the Q-genie tool.

427 In conclusion, several studies have been pursued in order to assess putative
428 associations between predisposition and/or clinical/inflammatory features of RA and IL-17A,
429 IL-17F or IL-21 polymorphisms, although often with contradictory results. Our meta-analyses
430 revealed that the rs2275913 IL-17A polymorphism was associated with susceptibility to RA,
431 with the AA genotype exerting an apparent protective effect, while the GG genotype had the
432 opposite effect. Regarding the rs763780 IL-17F polymorphism, the TT genotype was found to
433 be significantly more frequent in healthy individuals than in RA patients, while the opposite
434 was observed for the CT genotype. This polymorphism was also associated with some clinical
435 characteristics of the disease. Concerning the IL-17F rs2397084 polymorphism, no significant
436 associations were found. Finally, regarding IL-21 polymorphisms, only rs6822844 was found
437 to be significantly associated with a higher susceptibility to RA. Knowledge on these
438 polymorphisms may provide new insights on the pathogenesis of RA, particularly concerning
439 the role of cytokines of the Th17 axis. The latter might even be thought as a possible future

440 therapeutic target of RA. Nevertheless, further studies on some polymorphisms are required in
441 order to more accurately assess their associations with the development and outcomes of this
442 systemic autoimmune disease.

443

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448

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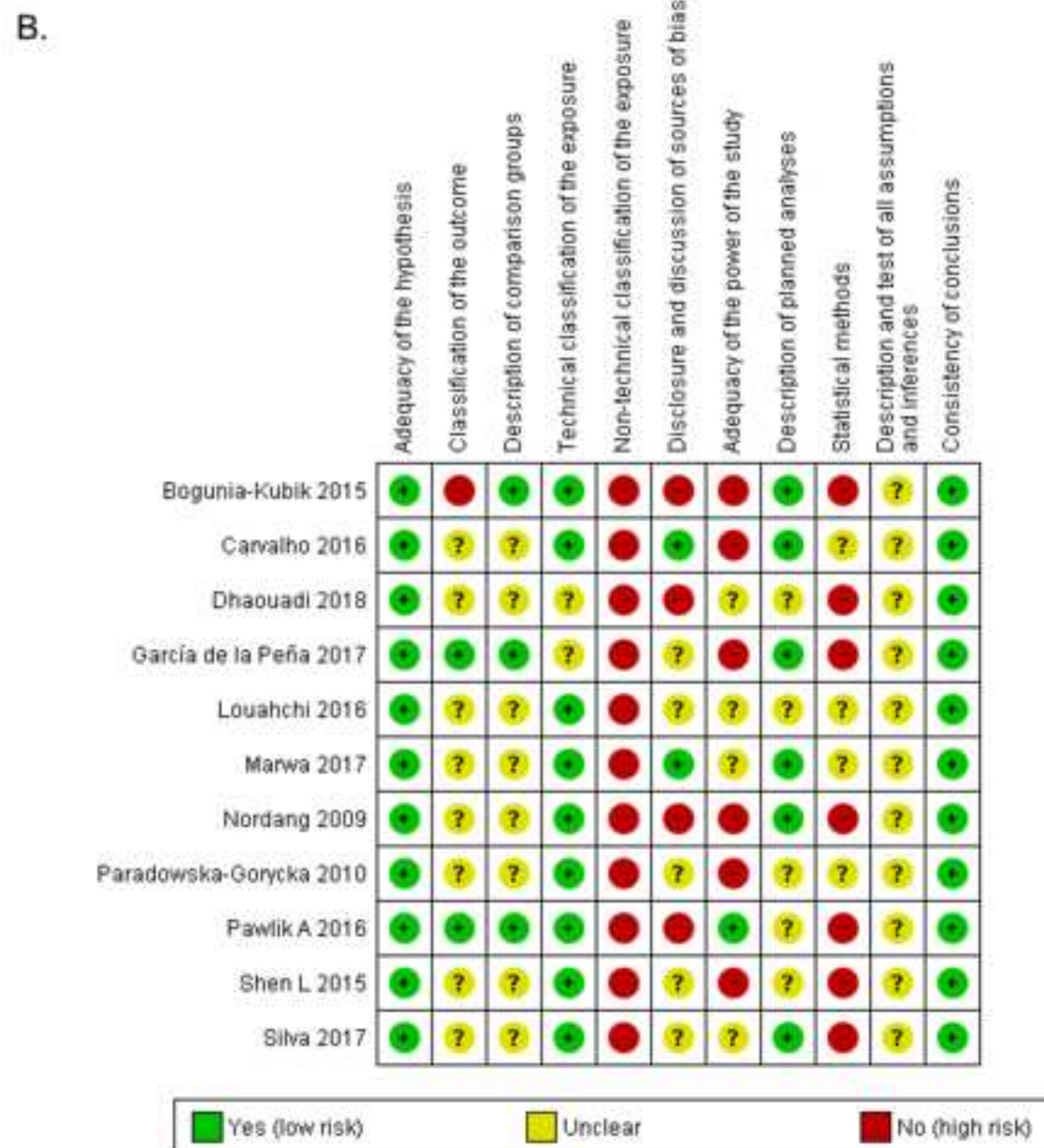
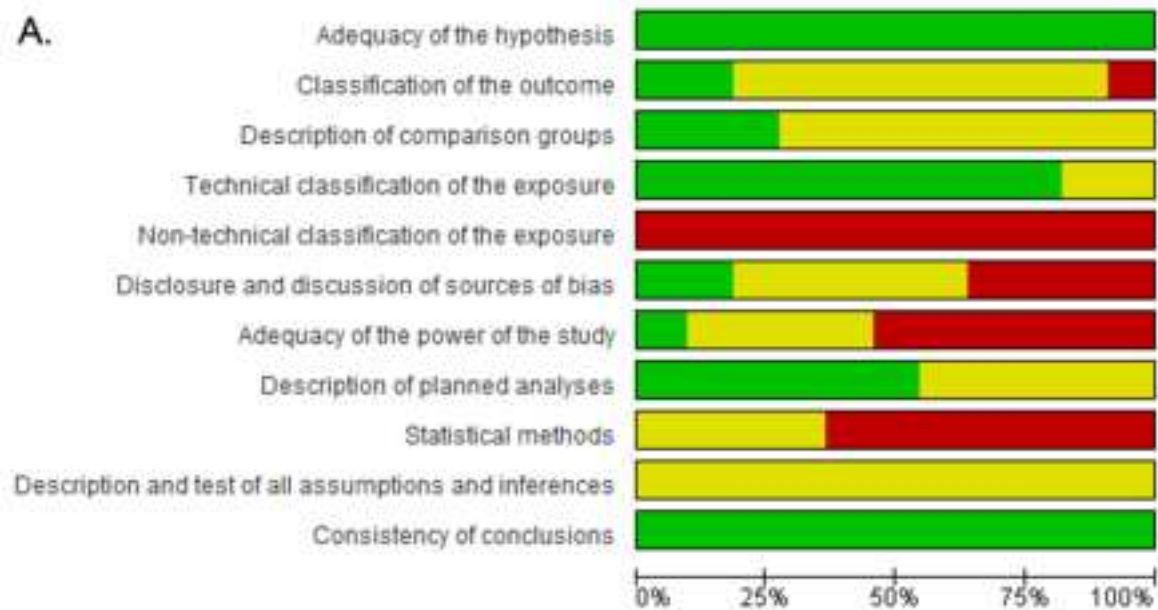


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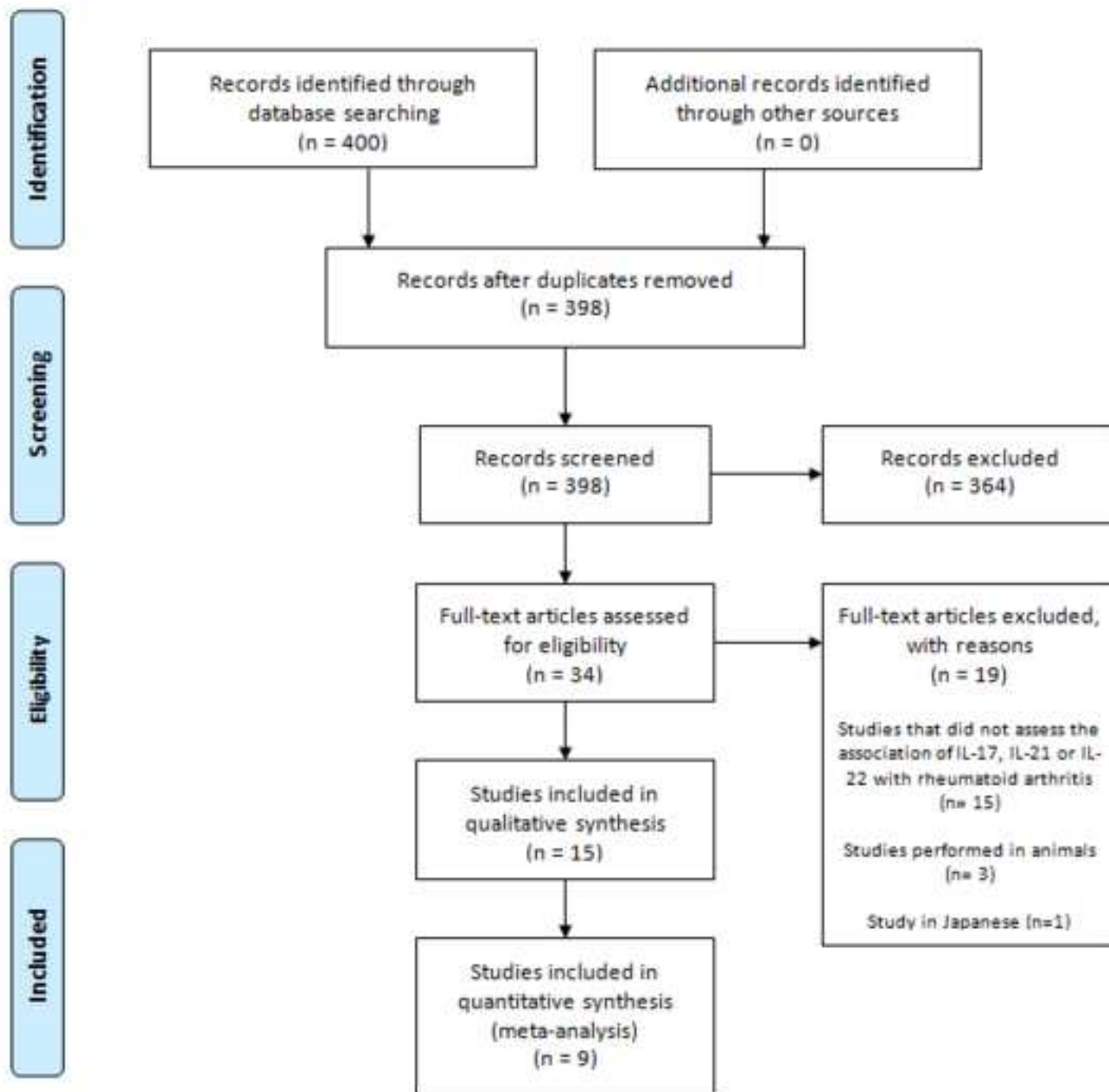


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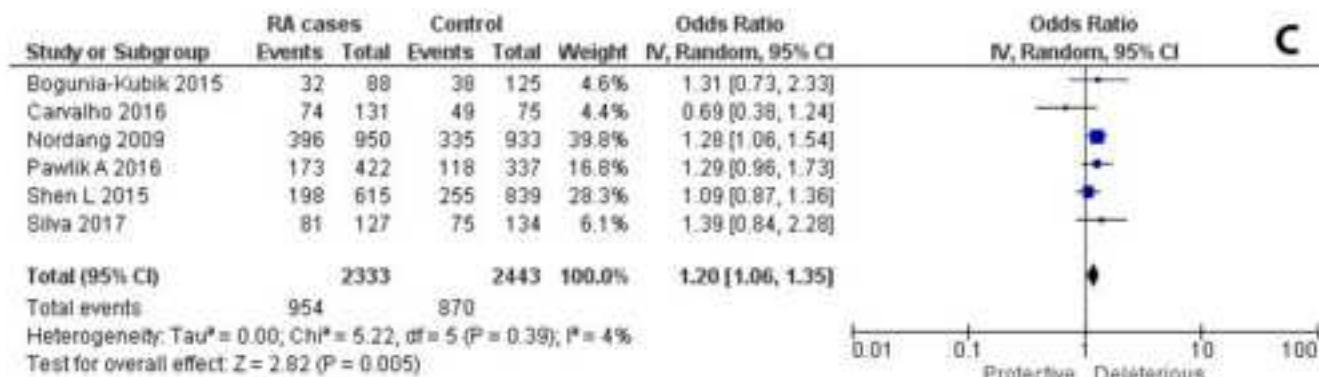
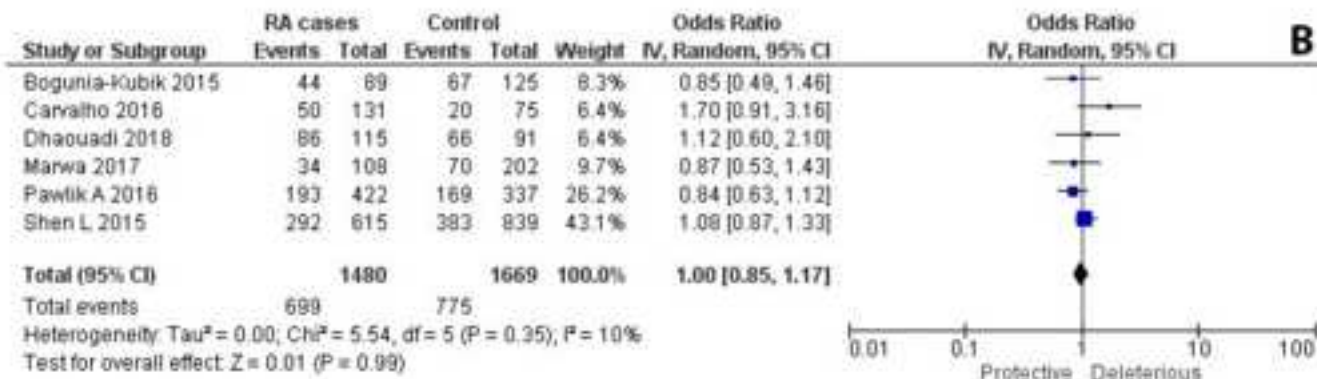
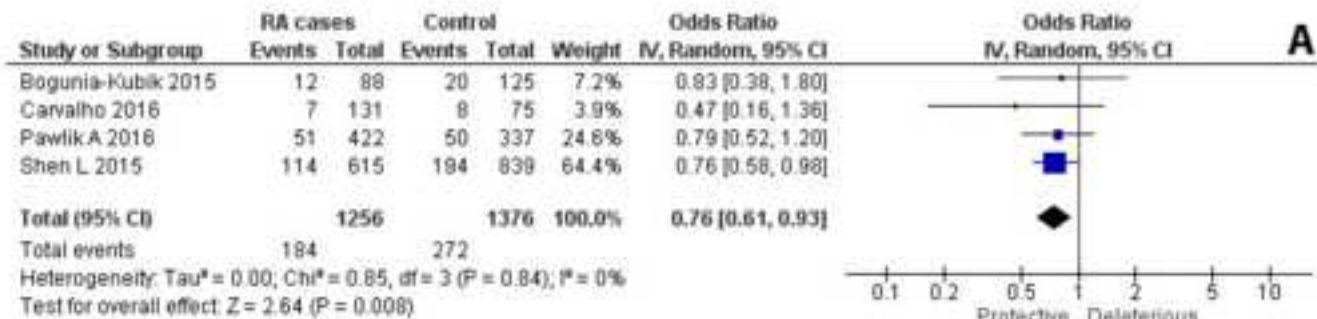
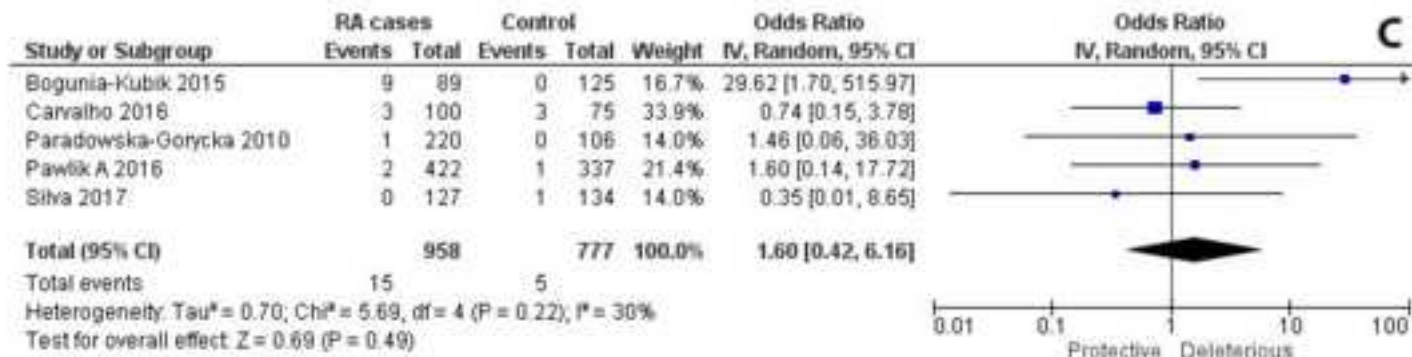
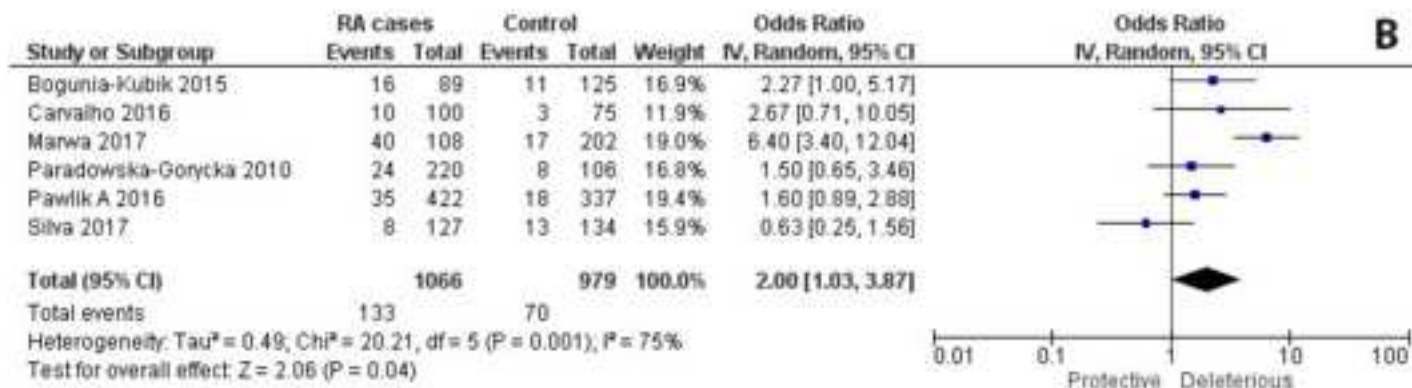
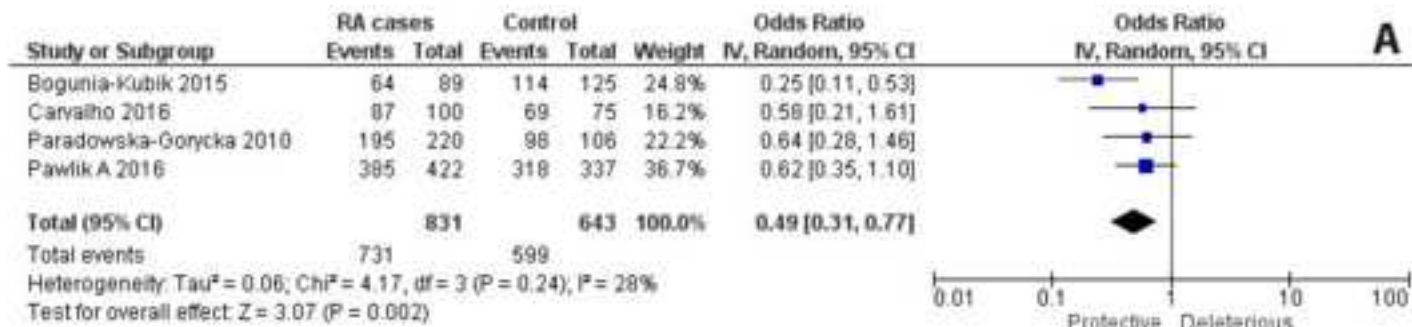
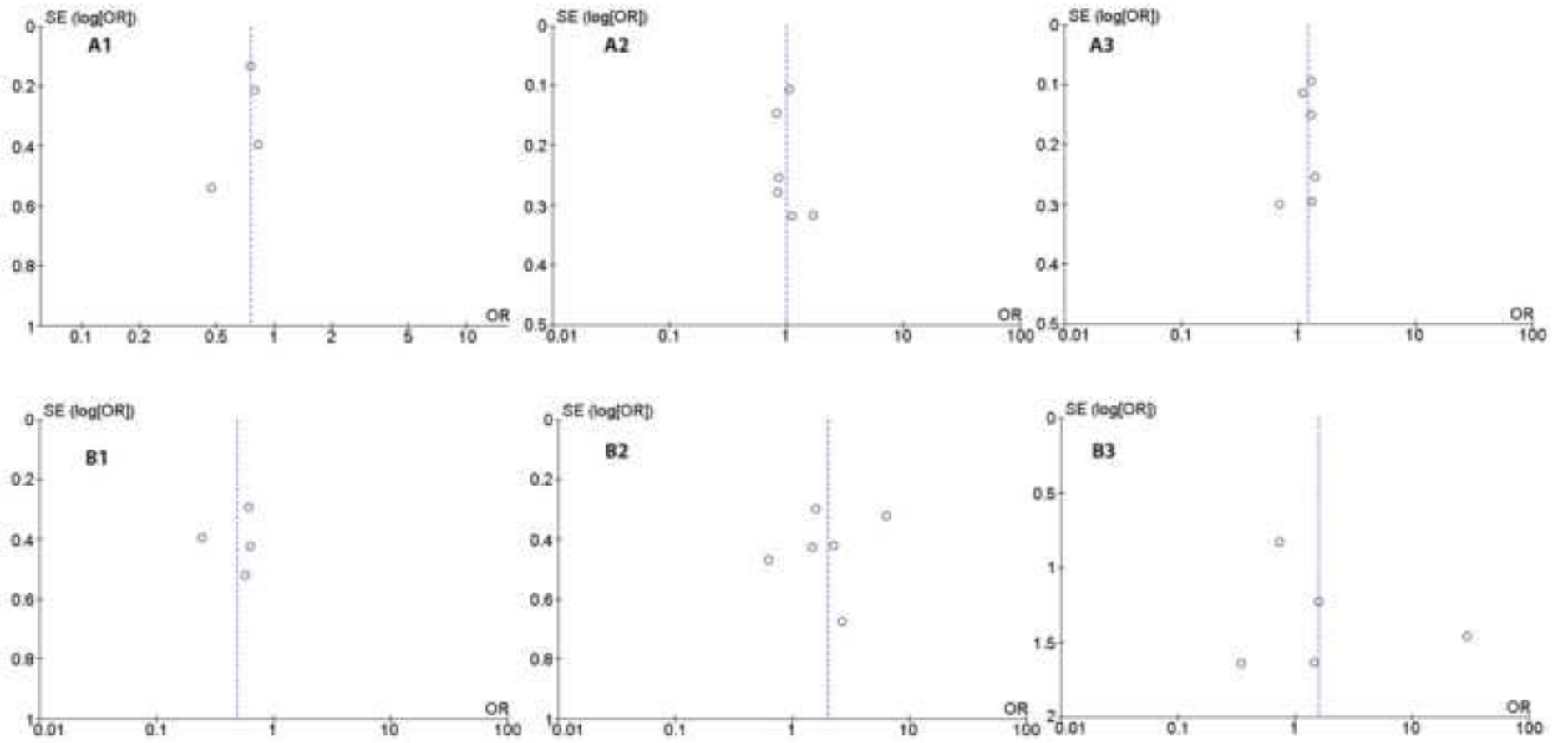


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